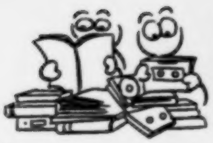

ALBERTA AUTHORIZED RESOURCE LIST

HEALTH AND LIFE SKILLS

Kindergarten to Grade 9

Part I: Resource List by Grade (K to Grade 9)

Part II: Annotated Bibliography (alphabetical listing)

January 2003

Alberta
LEARNING
Learning and Teaching Resources Branch

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Questions or concerns regarding this guide can be addressed to the Director, Learning and Teaching Resources Branch, Alberta Learning. Telephone: 780–427–2984, Fax: 780–422–0576. To be connected toll free inside Alberta, dial 310–0000.

The primary intended audience for this document is:

Administrators	
Counsellors	
General Audience	
Parent School Councils	
Parents	
Students	
Teachers	✓

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Part II: Annotated Bibliography (alphabetical listing)

Alphabetical Student and Teaching Resource Annotations 1

Vendors/Distributors 119

Note: As additional new resources authorized for Kindergarten to Grade 9 Health and Life Skills, their titles/grades and annotations will be included in the next edition of this document.

AUTHORIZED RESOURCES

Alberta Learning selects and authorizes the best possible instructional materials to support implementation of approved programs of study. The criteria for acceptability includes congruency with the program of studies, alignment with the general outcomes and their related curriculum organizers, and other general considerations that are seen as necessary for meeting the learning needs of students; e.g.:

- developmentally appropriate and user-friendly
- Canadian content
- recognizing diversity and promoting respect.

The resource authorization categories for health and life skills are **student basic**, **student support** or **authorized teaching**.

Student Basic resources are those student learning resources authorized by Alberta Learning as the most appropriate for addressing the majority of outcomes of the course(s) or substantial components of the course(s); or the most appropriate for meeting general outcomes across two or more grade levels.

Student Support resources are those student learning resources authorized by Alberta Learning to assist in addressing some of the outcomes of the course(s) or components of the course(s), or to assist in meeting the outcomes across two or more grade levels.

Authorized Teaching resources are those teaching resources identified as the best available resources to support the implementation of programs of study and courses; they may be teacher guides to accompany student resources or teacher professional resources.

Alberta Learning strongly recommends that teachers read all selections in the student resources and all activities in the teacher guides prior to using them with students. Careful consideration should be given to the sensitivities of both the student audience and the community.

Availability

Most of the new Kindergarten to Grade 9 Health and Life Skills resources are available for purchase from:

Learning Resources Centre
12360 – 142 Street, Edmonton, AB T5L 4X9
Phone: (780) 427–5775
Fax: (780) 422–9750
Internet: http://www.lrc.learning.gov.ab.ca

LRC order numbers and prices (as of the printing of this list) are included for each resource. The cost of resources is subject to change without notice. Those resources available for purchase directly from the vendors/distributors are so noted; a list of vendors is located at the end of this document.

"Old" Authorized Health and Life Skills Resources

For a **complete** list of Health and Life Skills resources, consult the Learning Resources Centre *Buyers Guide*. Some of the older resources no longer have a strong curriculum fit with the new program and/or are dated, and will be withdrawn from authorized status in the year(s) ahead.

ORGANIZATION OF THIS DOCUMENT

Part I: Resource List by Grade (K–9)

Part I of the list of these resources is ***organized by grade***, Kindergarten to Grade 9. The resources in each grade are identified by each of the general outcomes:

General Outcome 1—Wellness Choices		
Personal Health	Human Sexuality	Safety and Responsibility
✓		

General Outcome 2—Relationship Choices		
Understanding and Expressing Feelings	Interactions	Group Roles and Processes
	✓	

General Outcome 3—Life Learning Choices		
Learning Strategies	Life Roles and Career Development	Volunteerism
✓		

Part II: Annotated Bibliography (alphabetical listing)

Part II of this annotated resource list provides annotations of authorized Alberta learning and teaching resources to support the 2002 Kindergarten to Grade 9 Health and Life Skills program.

The document contains an ***alphabetical listing*** of the titles of Alberta authorized resources and includes the grade appropriate general outcomes and curriculum organizers for each resource, annotations and purchasing information.

Note: The Alberta Learning Web site http://www.learning.gov.ab.ca/k_12/curriculum/bysubject/healthpls/ includes a listing of resources authorized by grade.

KINDERGARTEN TO GRADE 9
HEALTH AND LIFE SKILLS OUTCOMES

The Health and Life Skills Program of Studies, Kindergarten to Grade 9 was approved for provincial implementation in September 2002. The program of studies is available on the Alberta Learning Web site at http://www.learning.gov.ab.ca/k_12/curriculum/bySubject/healthpls/default.asp. The Kindergarten to Grade 9 Guide to Implementation is also available on the Alberta Learning Web site and available for purchase from the Learning Resources Centre.

The aim of the Kindergarten to Grade 9 Health and Life Skills program is to enable students to make well-informed, healthy choices and to develop behaviours that contribute to the well-being of self and others. To achieve this aim, students require an understanding of self as the basis for healthy interactions with others and for career development and lifelong learning. Students also require a safe and caring school and community environment in which to explore ideas and issues surrounding personal choice, to seek accurate information and to practise healthy behaviours.

WELLNESS CHOICES—General Outcome 1

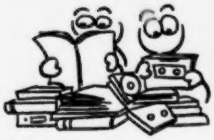
Students will make responsible and informed choices to maintain health and to promote safety for self and others.

RELATIONSHIP CHOICES—General Outcome 2

Students will develop effective interpersonal skills that demonstrate responsibility, respect and caring in order to establish and maintain healthy interactions.

LIFE LEARNING CHOICES—General Outcome 3

Students will use resources effectively to manage and explore life roles and career opportunities and challenges.



ALBERTA AUTHORIZED RESOURCE LIST

Part I: Resource List by Grade (K to Grade 9)

HEALTH AND LIFE SKILLS

Kindergarten to Grade 9

January 2003

Part I: Resource List by Grade (K to Grade 9)

KINDERGARTEN

Please Note:
This list is current as of January 2003. Additional resources are under review.

Alberta Learning strongly recommends that teachers read all selections in the student materials and all activities in the teacher materials prior to using them with students. Careful consideration should be given to the sensitivities of the student audience, the parent audience, and the community.

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Afraid *Thoughts and Feelings*	2000	Knowbuddy Resources	Support K, 1 ○ GO1 ● GO2 ● GO3	LRC 438970 $27.75
Are You My Neighbour? *Veggie Tales*	1998	Omega Films Limited	Support K, 1 ○ GO1 ● GO2 ● GO3	Vendor Direct
Be Safe Around Food	2000	Marlin Motion Pictures Ltd.	Support K, 1 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Brushing Well *Dental Health*	1999	Knowbuddy Resources	Support K, 1 ● GO1 ○ GO2 ○ GO3	LRC 440058 $14.45
NEW The C.A.R.E. Kit (Challenge Abuse through Respect Education): A Personal Safety Program for Children Aged 5-9	2002	Canadian Red Cross Society, Contact Centre, Western Canada	Authorized Teaching K, 1 ● GO1 ○ GO2 ○ GO3	LRC / Publisher / Distributor
Caring & Capable Kids: An Activity Guide for Teaching Kindness, Tolerance, Self-Control and Responsibility	1996	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 ○ GO1 ● GO2 ● GO3	LRC 438764 $44.15
Character Builders: Reponsibility & Trustworthiness: A K-6 Character Education Program	2000	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 ○ GO1 ● GO2 ● GO3	LRC 438772 $35.75
Clean Kids	1998	KineticVideoCom / MarshMedia / Omega Films Limited	Support K, 1 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Courtesy Counts a Lot	1998	Omega Films Limited	Support K ○ GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Creating Healthy School Communities through Comprehensive School Health: An Implementation Guide for Education/Health Systems and School Communities	2000	Alberta Heart Health Project	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 472572 $41.70

KINDERGARTEN (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Feelings and Faces	1999	Omega Films Limited	Support K, 1 ○ GO1 ● GO2 ○ GO3	Vendor Direct
Flibber-O-Loo *Veggie Tales*	1998	Omega Films Limited	Support K, 1, 2 ○ GO1 ● GO2 ● GO3	Vendor Direct
Food for Healthy Teeth *Dental Health*	1999	Knowbuddy Resources	Support K, 1 ● GO1 ○ GO2 ○ GO3	LRC 440032 $14.45
Frustrated *Thoughts and Feelings*	2000	Knowbuddy Resources	Support K, 1 ○ GO1 ● GO2 ● GO3	LRC 438996 $27.75
Getting to School Safely is Your Job	1998	Marlin Motion Pictures Ltd.	Support K, 1, 2 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Glad *Thoughts and Feelings*	2000	Knowbuddy Resources	Support K, 1 ○ GO1 ● GO2 ● GO3	LRC 439027 $27.75
Going to the Dentist *Dental Health*	1999	Knowbuddy Resources	Support K, 1 ● GO1 ○ GO2 ○ GO3	LRC 440024 $14.45
Grapes of Wrath *Veggie Tales*	1998	Omega Films Limited	Support K, 1, 2 ○ GO1 ● GO2 ● GO3	Vendor Direct
NEW Health: Exercise, Nutrition, and Sleep (3rd Ed.)	1996	Canadian Learning Company Inc.	Authorized Teaching K, 1, 2, 3, 4, 5, 6 ○ GO1 ○ GO2 ○ GO3	LRC 398645 $54.60
Help *Thoughts and Feelings*	2000	Knowbuddy Resources	Support K, 1 ○ GO1 ● GO2 ● GO3	LRC 439043 $27.75
I'm Sorry *Thoughts and Feelings*	2000	Knowbuddy Resources	Support K, 1 ○ GO1 ● GO2 ● GO3	LRC 439035 $27.75
Improving Classroom Behaviour: Savvy Solutions for Inattentive, Withdrawn and Aggressive Children (Macintosh / Windows Version)	1998	Savvy Knowledge Systems	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 399148 $31.55
Kids with Diabetes in Your Care: A Practical Guide	1998	Canadian Diabetes Association - Alberta and NWT Division	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	Vendor Direct (Available Free of Charge)
Let's Talk about Good Manners *Let's Talk Library*	1997	Knowbuddy Resources	Support K, 1 ● GO1 ● GO2 ○ GO3	LRC 440131 $18.80
Let's Talk about Head Lice *Let's Talk Library*	1999	Knowbuddy Resources	Support K, 1, 2, 3 ● GO1 ● GO2 ○ GO3	LRC 440157 $18.80

KINDERGARTEN (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Lions-Quest: Skills for Growing: K (2nd Ed.) *Lions-Quest: Skills for Growing*	1998	Lions-Quest Canada	Authorized Teaching K ● GO1 ● GO2 ● GO3	Publisher / Distributor (By Inservice Only)
Nutrition P.I. Primary Ideas for Active Learning (Revised Edition) (Kit)	1999	Dairy Nutrition Council of Alberta	Authorized Teaching K, 1, 2, 3 ● GO1 ○ GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Please *Thoughts and Feelings*	2000	Knowbuddy Resources	Support K, 1 ○ GO1 ● GO2 ● GO3	LRC 439019 $27.75
Risk Watch: Safety Program for Grades Pre K and K *Risk Watch*	1998	National Fire Protection Association	Authorized Teaching K ● GO1 ○ GO2 ○ GO3	LRC
Risk Watch: Safety Program for Grades Pre K and K (includes Risk Watch Teacher Video; fold out lesson plans; poster; pamphlets)				124.35 453895
Safety Around Fire *Safety First*	1999	Knowbuddy Resources	Support K, 1, 2 ● GO1 ○ GO2 ○ GO3	LRC 439225 $18.80
Safety Around Strangers *Safety First*	1999	Knowbuddy Resources	Support K, 1, 2, 3 ● GO1 ○ GO2 ○ GO3	LRC 439118 $18.80
Safety at Home *Safety First*	1999	Knowbuddy Resources	Support K, 1, 2 ● GO1 ○ GO2 ○ GO3	LRC 439217 $18.80
Safety on the Playground *Safety First*	1999	Knowbuddy Resources	Support K, 1, 2 ● GO1 ○ GO2 ○ GO3	LRC 439134 $18.80
Safety on the School Bus *Safety First*	1999	Knowbuddy Resources	Support K, 1 ● GO1 ○ GO2 ○ GO3	LRC 439126 $18.80
Safety Sense: How to Live Safely and Prevent Death and Injury ... on the Road; at Home; at Play; at Work	1996	Canadian Association for Health, Physical Education, Recreation and Dance (CAHPERD)	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 465402 $17.55
Safety at the Swimming Pool *Safety First*	1999	Knowbuddy Resources	Support K, 1, 2, 3 ● GO1 ○ GO2 ○ GO3	LRC 439100 $18.80
Safety on Your Bicycle *Safety First*	1999	Knowbuddy Resources	Support K, 1, 2 ● GO1 ○ GO2 ○ GO3	LRC 439142 $18.80
Sharing *Thoughts and Feelings*	2000	Knowbuddy Resources	Support K, 1 ○ GO1 ● GO2 ● GO3	LRC 439001 $27.75
Staying Healthy: Dental Care *The Library of Healthy Living*	1997	Knowbuddy Resources	Support K, 1, 2 ● GO1 ○ GO2 ○ GO3	LRC 440420 $20.25

KINDERGARTEN (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Step by Step to Involving Parents in Health Education	1996	ETR Associates	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 453994 $51.30
NEW Student Workshop: I Can Follow Rules (Video and Guide)		Sunburst Communications, Inc.	Authorized Teaching K, 1, 2 ● GO1 ● GO2 ○ GO3	LRC 483967 $134.45
Student Workshop: Learning to Care: Grades K-2	1999	Sunburst Technology	Authorized Teaching K, 1, 2 ○ GO1 ● GO2 ○ GO3	Vendor Direct
Success *Thoughts and Feelings*	2000	Knowbuddy Resources	Support K, 1 ○ GO1 ● GO2 ● GO3	LRC 438962 $27.75
Talking about Bullying *Talking About*	2000	Saunders Book Company	Support K, 1 ○ GO1 ● GO2 ○ GO3	LRC 438954 $26.95
Thanks *Thoughts and Feelings*	2000	Knowbuddy Resources	Support K, 1 ○ GO1 ● GO2 ● GO3	LRC 438988 $27.75
Tooth Truth with Harv and Marv (3rd. Ed.)	1998	Omega Films Limited	Support K, 1 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
NEW Toward a Safe and Caring Curriculum: ATA Resources for Integration: Kindergarten	2001	Learning Resources Centre (LRC)	Authorized Teaching K ● GO1 ● GO2 ● GO3	LRC / Publisher / Distributor
Wash Those Hands!	1996	Magic Lantern Communications Ltd.	Support K, 1 ● GO1 ○ GO2 ○ GO3	Vendor Direct
We Need Doctors *Helpers in Our Community*	2000	Knowbuddy Resources	Support K ● GO1 ● GO2 ● GO3	LRC 439910 $14.45
We Need Fire Fighters *Helpers in Our Community*	2000	Knowbuddy Resources	Support K ● GO1 ● GO2 ● GO3	LRC 439944 $14.45
We Need Nurses *Helpers in Our Community*	2000	Knowbuddy Resources	Support K ● GO1 ● GO2 ● GO3	LRC 439978 $14.45
We Need Police Officers *Helpers in Our Community*	2000	Knowbuddy Resources	Support K ● GO1 ● GO2 ● GO3	LRC 439994 $14.45
Your Teeth *Dental Health*	1999	Knowbuddy Resources	Support K, 1 ● GO1 ○ GO2 ○ GO3	LRC 440040 $14.45

Part I: Resource List by Grade (K to Grade 9)

GRADE 1

Please Note:
This list is current as of January 2003. Additional resources are under review.

Alberta Learning strongly recommends that teachers read all selections in the student materials and all activities in the teacher materials prior to using them with students. Careful consideration should be given to the sensitivities of the student audience, the parent audience, and the community.

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Afraid *Thoughts and Feelings*	2000	Knowbuddy Resources	Support K, 1 ○ GO1 ● GO2 ● GO3	LRC 438970 $27.75
Are You My Neighbour? *Veggie Tales*	1998	Omega Films Limited	Support K, 1 ○ GO1 ● GO2 ● GO3	Vendor Direct
Be Cool, Play it Safe: A Children's Safety Video	1999	Canadian Video Services (CVS) Inc.	Support 1, 2, 3 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Be Safe Around Food	2000	Marlin Motion Pictures Ltd.	Support K, 1 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Body Image Resource Collection (Kit) (Grades 1 - 3) *Body Image Resource Collection*	2001	Alberta Mental Health Board - Body Images Project	Authorized Teaching 1, 2, 3 ● GO1 ● GO2 ○ GO3	Available through the 17 Regional Health and Mental Health centres in Alberta.
Brushing Well *Dental Health*	1999	Knowbuddy Resources	Support K, 1 ● GO1 ○ GO2 ○ GO3	LRC 440058 $14.45
NEW The C.A.R.E. Kit (Challenge Abuse through Respect Education): A Personal Safety Program for Children Aged 5-9	2002	Canadian Red Cross Society, Contact Centre, Western Canada	Authorized Teaching K, 1 ● GO1 ○ GO2 ○ GO3	LRC / Publisher / Distributor
Caring & Capable Kids: An Activity Guide for Teaching Kindness, Tolerance, Self-Control and Responsibility	1996	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 ○ GO1 ● GO2 ● GO3	LRC 438764 $44.15
Character Builders: Reponsibility & Trustworthiness: A K-6 Character Education Program	2000	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 ○ GO1 ● GO2 ● GO3	LRC 438772 $35.75
Clean and Healthy *Safe and Sound*	2000	Knowbuddy Resources	Support 1, 2 ● GO1 ○ GO2 ○ GO3	LRC 439499 $21.70

GRADE 1 (Continued)

Series / Title	**Copyright Date**	**Distributor**	**Status / Grade(s) / General Outcome(s)**	**Supplier / Order No. / Price**
Clean Kids	1998	KineticVideoCom / MarshMedia / Omega Films Limited	Support K, 1 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Courtesy Counts	1999	Magic Lantern Communications Ltd.	Support 1 ○ GO1 ● GO2 ○ GO3	Vendor Direct
Creating Healthy School Communities through Comprehensive School Health: An Implementation Guide for Education/Health Systems and School Communities	2000	Alberta Heart Health Project	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 472572 $41.70
NEW Dinner for Two / Dîner intime *ShowPeace*	1997	National Film Board	Support 1, 2, 3, 5, 6 ○ GO1 ● GO2 ○ GO3	LRC 472598 $46.70
Feelings and Faces	1999	Omega Films Limited	Support K, 1 ○ GO1 ● GO2 ○ GO3	Vendor Direct
50 Activities for Teaching Emotional Intelligence: Level I: Elementary *50 Activities for Teaching Emotional Intelligence*	1996	Monarch Books of Canada	Authorized Teaching 1, 2, 3, 4, 5, 6 ○ GO1 ● GO2 ● GO3	LRC 438805 $33.65
A First Book about Bodies *Look and Learn*	1999	Saunders Book Company	Support 1 ● GO1 ○ GO2 ○ GO3	LRC 438946 $20.70
Note:* *This resource supports human sexuality outcomes.				
Flibber-O-Loo *Veggie Tales*	1998	Omega Films Limited	Support K, 1, 2 ○ GO1 ● GO2 ● GO3	Vendor Direct
Food for Healthy Teeth *Dental Health*	1999	Knowbuddy Resources	Support K, 1 ● GO1 ○ GO2 ○ GO3	LRC 440032 $14.45
Frustrated *Thoughts and Feelings*	2000	Knowbuddy Resources	Support K, 1 ○ GO1 ● GO2 ● GO3	LRC 438996 $27.75
Getting to School Safely is Your Job	1998	Marlin Motion Pictures Ltd.	Support K, 1, 2 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Glad *Thoughts and Feelings*	2000	Knowbuddy Resources	Support K, 1 ○ GO1 ● GO2 ● GO3	LRC 439027 $27.75
Going to the Dentist *Dental Health*	1999	Knowbuddy Resources	Support K, 1 ● GO1 ○ GO2 ○ GO3	LRC 440024 $14.45
Grapes of Wrath *Veggie Tales*	1998	Omega Films Limited	Support K, 1, 2 ○ GO1 ● GO2 ● GO3	Vendor Direct

GRADE 1 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
NEW Health: Exercise, Nutrition, and Sleep (3rd Ed.)	1996	Canadian Learning Company Inc.	Authorized Teaching K, 1, 2, 3, 4, 5, 6 ○ GO1 ○ GO2 ○ GO3	LRC 398645 $54.60
A Healthy Body *Safe and Sound*	2000	Knowbuddy Resources	Support 1, 2 ● GO1 ○ GO2 ○ GO3	LRC 439506 $21.70
Help *Thoughts and Feelings*	2000	Knowbuddy Resources	Support K, 1 ○ GO1 ● GO2 ● GO3	LRC 439043 $27.75
I'm Sorry *Thoughts and Feelings*	2000	Knowbuddy Resources	Support K, 1 ○ GO1 ● GO2 ● GO3	LRC 439035 $27.75
Improving Classroom Behaviour: Savvy Solutions for Inattentive, Withdrawn and Aggressive Children (Macintosh / Windows Version)	1998	Savvy Knowledge Systems	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 399148 $31.55
Kids with Diabetes in Your Care: A Practical Guide	1998	Canadian Diabetes Association - Alberta and NWT Division	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	Vendor Direct (Available Free of Charge)
Larry Boy and the Fib from Outer Space *Veggie Tales*	1998	Omega Films Limited	Support 1 ○ GO1 ● GO2 ● GO3	Vendor Direct
Let's Talk about Being a Good Friend *Let's Talk Library*	2000	Knowbuddy Resources	Support 1 ● GO1 ● GO2 ○ GO3	LRC 440123 $18.80
Let's Talk about Good Manners *Let's Talk Library*	1997	Knowbuddy Resources	Support K, 1 ● GO1 ● GO2 ○ GO3	LRC 440131 $18.80
Let's Talk about Head Lice *Let's Talk Library*	1999	Knowbuddy Resources	Support K, 1, 2, 3 ● GO1 ● GO2 ○ GO3	LRC 440157 $18.80
Let's Talk about Living in a Blended Family *Let's Talk Library*	1996	Knowbuddy Resources	Support 1 ● GO1 ● GO2 ○ GO3	LRC 440165 $18.80
Lions-Quest: Healthy Bodies: Grade 1 *Lions-Quest: Healthy Bodies*	1999	Lions-Quest Canada	Authorized Teaching 1 ● GO1 ○ GO2 ● GO3	LRC 444274 $17.55
Lions-Quest: Skills for Growing: 1 (2nd Ed.) *Lions-Quest: Skills for Growing*	1998	Lions-Quest Canada	Authorized Teaching 1 ● GO1 ● GO2 ● GO3	Publisher / Distributor (By Inservice Only)
Nutrition P.I. Primary Ideas for Active Learning (Revised Edition) (Kit)	1999	Dairy Nutrition Council of Alberta	Authorized Teaching K, 1, 2, 3 ● GO1 ○ GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Please *Thoughts and Feelings*	2000	Knowbuddy Resources	Support K, 1 ○ GO1 ● GO2 ● GO3	LRC 439019 $27.75

GRADE 1 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
NEW Point.Pause.Proceed. Pedestrian Safety *Think & Drive*		Traffic Safety Initiative, Alberta Transportation	Support 1, 2, 3, 4 ● GO1 ○ GO2 ○ GO3	Vendor Direct (Available Free of Charge)
Safety Around Fire *Safety First*	1999	Knowbuddy Resources	Support K, 1, 2 ● GO1 ○ GO2 ○ GO3	LRC 439225 $18.80
Safety Around Strangers *Safety First*	1999	Knowbuddy Resources	Support K, 1, 2, 3 ● GO1 ○ GO2 ○ GO3	LRC 439118 $18.80
Safety First *Safe and Sound*	2000	Knowbuddy Resources	Support 1, 2 ● GO1 ○ GO2 ○ GO3	LRC 439514 $21.70
Safety at Home *Safety First*	1999	Knowbuddy Resources	Support K, 1, 2 ● GO1 ○ GO2 ○ GO3	LRC 439217 $18.80
Safety on the Playground *Safety First*	1999	Knowbuddy Resources	Support K, 1, 2 ● GO1 ○ GO2 ○ GO3	LRC 439134 $18.80
Safety on the School Bus *Safety First*	1999	Knowbuddy Resources	Support K, 1 ● GO1 ○ GO2 ○ GO3	LRC 439126 $18.80
Safety Sense: How to Live Safely and Prevent Death and Injury ... on the Road; at Home; at Play; at Work	1996	Canadian Association for Health, Physical Education, Recreation and Dance (CAHPERD)	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 465402 $17.55
Safety at the Swimming Pool *Safety First*	1999	Knowbuddy Resources	Support K, 1, 2, 3 ● GO1 ○ GO2 ○ GO3	LRC 439100 $18.80
Safety on Your Bicycle *Safety First*	1999	Knowbuddy Resources	Support K, 1, 2 ● GO1 ○ GO2 ○ GO3	LRC 439142 $18.80
Sharing *Thoughts and Feelings*	2000	Knowbuddy Resources	Support K, 1 ○ GO1 ● GO2 ● GO3	LRC 439001 $27.75
Staying Healthy: Dental Care *The Library of Healthy Living*	1997	Knowbuddy Resources	Support K, 1, 2 ● GO1 ○ GO2 ○ GO3	LRC 440420 $20.25
Staying Healthy: Let's Exercise *The Library of Healthy Living*	1997	Knowbuddy Resources	Support 1 ● GO1 ○ GO2 ○ GO3	LRC 440438 $20.90
Staying Healthy: Personal Safety *The Library of Healthy Living*	1997	Knowbuddy Resources	Support 1, 2 ● GO1 ○ GO2 ○ GO3	LRC 440446 $20.25

GRADE 1 (Continued)

	Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
	Step by Step to Involving Parents in Health Education	1996	ETR Associates	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 453994 $51.30
NEW	Student Workshop: I Can Follow Rules (Video and Guide)		Sunburst Communications, Inc.	Authorized Teaching K, 1, 2 ● GO1 ● GO2 ○ GO3	LRC 483967 $134.45
	Student Workshop: Learning to Care: Grades K-2	1999	Sunburst Technology	Authorized Teaching K, 1, 2 ○ GO1 ● GO2 ○ GO3	Vendor Direct
	Success *Thoughts and Feelings*	2000	Knowbuddy Resources	Support K, 1 ○ GO1 ● GO2 ● GO3	LRC 438962 $27.75
	Talking about Bullying *Talking About*	2000	Saunders Book Company	Support K, 1 ○ GO1 ● GO2 ○ GO3	LRC 438954 $26.95
NEW	Teaching for the Prevention of Fetal Alcohol Spectrum Disorder (FASD): Grades 1–12: A Resource for Teachers of Health and Life Skills, and Career and Life Management	2002	Learning Resources Centre (LRC)	Authorized Teaching 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 467747 $11.70
	Thanks *Thoughts and Feelings*	2000	Knowbuddy Resources	Support K, 1 ○ GO1 ● GO2 ● GO3	LRC 438988 $27.75
NEW	Think First for Kids: National Injury Prevention Program: "Discoverers" - Grades 1, 2, 3: Curriculum Manual	1996	ThinkFirst / Pensez d'abord	Authorized Teaching 1, 2, 3 ● GO1 ● GO2 ● GO3	Vendor Direct
	Tooth Truth with Harv and Marv (3rd. Ed.)	1998	Omega Films Limited	Support K, 1 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
NEW	Toward a Safe and Caring Curriculum: ATA Resources for Integration: Grade 1	2001	Alberta Teachers' Association	Authorized Teaching 1 ● GO1 ● GO2 ● GO3	LRC 445371 $49.00
	Wash Those Hands!	1996	Magic Lantern Communications Ltd.	Support K, 1 ● GO1 ○ GO2 ○ GO3	Vendor Direct
	When the Dust Settles / Et la poussière retombe *ShowPeace*	1997	National Film Board	Support 1, 2 ○ GO1 ● GO2 ○ GO3	Vendor Direct
	You Can Try, So Can I	2000	Sunburst Communications Inc.	Support 1, 2 ○ GO1 ○ GO2 ● GO3	LRC 466640 $135.55
	Your Teeth *Dental Health*	1999	Knowbuddy Resources	Support K, 1 ● GO1 ○ GO2 ○ GO3	LRC 440040 $14.45

Part I: Resource List by Grade (K to Grade 9)
GRADE 2

Please Note:
This list is current as of January 2003. Additional resources are under review.

Alberta Learning strongly recommends that teachers read all selections in the student materials and all activities in the teacher materials prior to using them with students. Careful consideration should be given to the sensitivities of the student audience, the parent audience, and the community.

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
The Adventures of Dowzer (Fire and Burn Prevention Program)	1999	Dowzer Communications Group Inc.	Authorized Teaching 2, 3, 4 ● GO1 ○ GO2 ○ GO3	LRC 440462 $52.60
Amazing Mallika (Student Book)	1997	Magic Lantern Communications Ltd.	Support 2, 3 ○ GO1 ● GO2 ○ GO3	LRC 441999 $31.50
Be Cool, Play it Safe: A Children's Safety Video	1999	Canadian Video Services (CVS) Inc.	Support 1, 2, 3 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Bea's Own Good (Student Book)	1997	Magic Lantern Communications Ltd.	Support 2 ○ GO1 ● GO2 ● GO3	LRC 442004 $29.75
Body Image Resource Collection (Kit) (Grades 1 - 3) *Body Image Resource Collection*	2001	Alberta Mental Health Board - Body Images Project	Authorized Teaching 1, 2, 3 ● GO1 ● GO2 ○ GO3	Available through the 17 Regional Health and Mental Health centres in Alberta.
Caring & Capable Kids: An Activity Guide for Teaching Kindness, Tolerance, Self-Control and Responsibility	1996	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 ○ GO1 ● GO2 ● GO3	LRC 438764 $44.15
Character Builders: Reponsibility & Trustworthiness: A K-6 Character Education Program	2000	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 ○ GO1 ● GO2 ● GO3	LRC 438772 $35.75
Clean and Healthy *Safe and Sound*	2000	Knowbuddy Resources	Support 1, 2 ● GO1 ○ GO2 ○ GO3	LRC 439499 $21.70
Creating Healthy School Communities through Comprehensive School Health: An Implementation Guide for Education/Health Systems and School Communities	2000	Alberta Heart Health Project	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 472572 $41.70
Dealing with Anger *Conflict Resolution Library*	1996	Knowbuddy Resources	Support 2, 3 ○ GO1 ● GO2 ○ GO3	LRC 440082 $18.80
Dealing with Bullying *Conflict Resolution Library*	1996	Knowbuddy Resources	Support 2 ○ GO1 ● GO2 ○ GO3	LRC 440066 $18.80

GRADE 2 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Dealing with Hurt Feelings *Conflict Resolution Library*	1997	Knowbuddy Resources	Support 2 ○ GO1 ● GO2 ○ GO3	LRC 440074 $18.80
Dealing with Teasing *Conflict Resolution Library*	1997	Knowbuddy Resources	Support 2, 3 ○ GO1 ● GO2 ○ GO3	LRC 440107 $18.80
NEW Dinner for Two / Dîner intime *ShowPeace*	1997	National Film Board	Support 1, 2, 3, 5, 6 ○ GO1 ● GO2 ○ GO3	LRC 472598 $46.70
Exercise and Your Health *Health Matters*	1998	Saunders Book Company	Support 2, 3, 4, 5 ● GO1 ○ GO2 ○ GO3	LRC 445058 $26.10
50 Activities for Teaching Emotional Intelligence: Level I: Elementary *50 Activities for Teaching Emotional Intelligence*	1996	Monarch Books of Canada	Authorized Teaching 1, 2, 3, 4, 5, 6 ○ GO1 ● GO2 ● GO3	LRC 438805 $33.65
Flibber-O-Loo *Veggie Tales*	1998	Omega Films Limited	Support K, 1, 2 ○ GO1 ● GO2 ● GO3	Vendor Direct
Food and Your Health *Health Matters*	1998	Saunders Book Company	Support 2, 3, 4, 5 ● GO1 ○ GO2 ○ GO3	LRC 445040 $26.10
Getting to School Safely is Your Job	1998	Marlin Motion Pictures Ltd.	Support K, 1, 2 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Grapes of Wrath *Veggie Tales*	1998	Omega Films Limited	Support K, 1, 2 ○ GO1 ● GO2 ● GO3	Vendor Direct
NEW Health: Exercise, Nutrition, and Sleep (3rd Ed.)	1996	Canadian Learning Company Inc.	Authorized Teaching K, 1, 2, 3, 4, 5, 6 ○ GO1 ○ GO2 ○ GO3	LRC 398645 $54.60
A Healthy Body *Safe and Sound*	2000	Knowbuddy Resources	Support 1, 2 ● GO1 ○ GO2 ○ GO3	LRC 439506 $21.70
Healthy Lifestyle Choices for Cancer Prevention: Resource for Teachers	2000	Alberta Cancer Board, Division of Epidemiology, Prevention and Screening	Authorized Teaching 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 444521 $7.00
Hygiene and Your Health *Health Matters*	1998	Saunders Book Company	Support 2, 3, 4, 5 ● GO1 ○ GO2 ○ GO3	LRC 445032 $26.10
Improving Classroom Behaviour: Savvy Solutions for Inattentive, Withdrawn and Aggressive Children (Macintosh / Windows Version)	1998	Savvy Knowledge Systems	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 399148 $31.55

GRADE 2 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Inger's Promise (Student Book)	1996	Magic Lantern Communications Ltd.	Support 2, 3 ○ GO1 ● GO2 ○ GO3	LRC 441098 $29.75
Jackson's Plan (Student Book)	1998	Magic Lantern Communications Ltd.	Support 2, 3 ○ GO1 ● GO2 ● GO3	LRC 441204 $29.75
Kids with Diabetes in Your Care: A Practical Guide	1998	Canadian Diabetes Association - Alberta and NWT Division	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	Vendor Direct (Available Free of Charge)
Let's Talk about Head Lice *Let's Talk Library*	1999	Knowbuddy Resources	Support K, 1, 2, 3 ● GO1 ● GO2 ○ GO3	LRC 440157 $18.80
Lions-Quest: Healthy Bodies: Grade 2 *Lions-Quest: Healthy Bodies*	1999	Lions-Quest Canada	Authorized Teaching 2 ● GO1 ○ GO2 ● GO3	LRC 444282 $17.55
Lions-Quest: Skills for Growing: 2 (2nd Ed.) *Lions-Quest: Skills for Growing*	1998	Lions-Quest Canada	Authorized Teaching 2 ● GO1 ● GO2 ● GO3	Publisher / Distributor (By Inservice Only)
NEW Living with Sunshine: A Primary Teaching Resource on Sun Protection for Grades 1, 2 and 3	2002	Canadian Cancer Society, Alberta/NWT Division	Authorized Teaching 2 ● GO1 ○ GO2 ○ GO3	LRC / Publisher / Distributor
My Breakfast *My World*	2000	Knowbuddy Resources	Support 2 ● GO1 ○ GO2 ○ GO3	LRC 439481 $16.40
Nutrition P.I. Primary Ideas for Active Learning (Revised Edition) (Kit)	1999	Dairy Nutrition Council of Alberta	Authorized Teaching K, 1, 2, 3 ● GO1 ○ GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Plato's Journey (Student Book)	1998	Magic Lantern Communications Ltd.	Support 2, 3 ○ GO1 ● GO2 ○ GO3	LRC 441197 $31.50
NEW Point.Pause.Proceed. Pedestrian Safety *Think & Drive*		Traffic Safety Initiative, Alberta Transportation	Support 1, 2, 3, 4 ● GO1 ○ GO2 ○ GO3	Vendor Direct (Available Free of Charge)
Safety Around Fire *Safety First*	1999	Knowbuddy Resources	Support K, 1, 2 ● GO1 ○ GO2 ○ GO3	LRC 439225 $18.80
Safety Around Strangers *Safety First*	1999	Knowbuddy Resources	Support K, 1, 2, 3 ● GO1 ○ GO2 ○ GO3	LRC 439118 $18.80
Safety First *Safe and Sound*	2000	Knowbuddy Resources	Support 1, 2 ● GO1 ○ GO2 ○ GO3	LRC 439514 $21.70

GRADE 2 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Safety at Home *Safety First*	1999	Knowbuddy Resources	Support K, 1, 2 ● GO1 ○ GO2 ○ GO3	LRC 439217 $18.80
Safety on the Playground *Safety First*	1999	Knowbuddy Resources	Support K, 1, 2 ● GO1 ○ GO2 ○ GO3	LRC 439134 $18.80
Safety Sense: How to Live Safely and Prevent Death and Injury ... on the Road; at Home; at Play; at Work	1996	Canadian Association for Health, Physical Education, Recreation and Dance (CAHPERD)	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 465402 $17.55
Safety at the Swimming Pool *Safety First*	1999	Knowbuddy Resources	Support K, 1, 2, 3 ● GO1 ○ GO2 ○ GO3	LRC 439100 $18.80
Safety on Your Bicycle *Safety First*	1999	Knowbuddy Resources	Support K, 1, 2 ● GO1 ○ GO2 ○ GO3	LRC 439142 $18.80
Staying Healthy: Dental Care *The Library of Healthy Living*	1997	Knowbuddy Resources	Support K, 1, 2 ● GO1 ○ GO2 ○ GO3	LRC 440420 $20.25
Staying Healthy: Eating Right *The Library of Healthy Living*	1997	Knowbuddy Resources	Support 2 ● GO1 ○ GO2 ○ GO3	LRC 440280 $20.25
Staying Healthy: Personal Safety *The Library of Healthy Living*	1997	Knowbuddy Resources	Support 1, 2 ● GO1 ○ GO2 ○ GO3	LRC 440446 $20.25
Step by Step to Involving Parents in Health Education	1996	ETR Associates	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 453994 $51.30
NEW Student Workshop: I Can Follow Rules (Video and Guide)		Sunburst Communications, Inc.	Authorized Teaching K, 1, 2 ● GO1 ● GO2 ○ GO3	LRC 483967 $134.45
Student Workshop: Learning to Care: Grades K-2	1999	Sunburst Technology	Authorized Teaching K, 1, 2 ○ GO1 ● GO2 ○ GO3	Vendor Direct
NEW Teaching for the Prevention of Fetal Alcohol Spectrum Disorder (FASD): Grades 1–12: A Resource for Teachers of Health and Life Skills, and Career and Life Management	2002	Learning Resources Centre (LRC)	Authorized Teaching 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 467747 $11.70
Thank You, Meiling (Student Book)	1999	Magic Lantern Communications Ltd.	Support 2 ○ GO1 ● GO2 ○ GO3	LRC 441212 $31.50

GRADE 2 (Continued)

	Series / Title	**Copyright Date**	**Distributor**	**Status / Grade(s) / General Outcome(s)**	**Supplier / Order No. / Price**
NEW	Think First for Kids: National Injury Prevention Program: "Discoverers" - Grades 1, 2, 3: Curriculum Manual	1996	ThinkFirst / Pensez d'abord	Authorized Teaching 1, 2, 3 ● GO1 ● GO2 ● GO3	Vendor Direct
NEW	Toward a Safe and Caring Curriculum: ATA Resources for Integration: Grade 2	2001	Alberta Teachers' Association	Authorized Teaching 2 ● GO1 ● GO2 ● GO3	LRC 445389 $49.00
	When the Dust Settles / Et la poussière retombe *ShowPeace*	1997	National Film Board	Support 1, 2 ○ GO1 ● GO2 ○ GO3	Vendor Direct
	You Can Try, So Can I	2000	Sunburst Communications Inc.	Support 1, 2 ○ GO1 ○ GO2 ● GO3	LRC 466640 $135.55

Part I: Resource List by Grade (K to Grade 9)
GRADE 3

Please Note:
This list is current as of January 2003. Additional resources are under review.

Alberta Learning strongly recommends that teachers read all selections in the student materials and all activities in the teacher materials prior to using them with students. Careful consideration should be given to the sensitivities of the student audience, the parent audience, and the community.

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
The Adventures of Dowzer (Fire and Burn Prevention Program)	1999	Dowzer Communications Group Inc.	Authorized Teaching 2, 3, 4 ● GO1 ○ GO2 ○ GO3	LRC 440462 $52.60
Alcohol: It's Not for Me	1998	Omega Films Limited	Support 3 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Amazing Mallika (Student Book)	1997	Magic Lantern Communications Ltd.	Support 2, 3 ○ GO1 ● GO2 ○ GO3	LRC 441999 $31.50
Be Cool, Play it Safe: A Children's Safety Video	1999	Canadian Video Services (CVS) Inc.	Support 1, 2, 3 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Body Image Resource Collection (Kit) (Grades 1 - 3) *Body Image Resource Collection*	2001	Alberta Mental Health Board - Body Images Project	Authorized Teaching 1, 2, 3 ● GO1 ● GO2 ○ GO3	Available through the 17 Regional Health and Mental Health centres in Alberta.
Caring & Capable Kids: An Activity Guide for Teaching Kindness, Tolerance, Self-Control and Responsibility	1996	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 ○ GO1 ● GO2 ● GO3	LRC 438764 $44.15
Character Builders: Reponsibility & Trustworthiness: A K-6 Character Education Program	2000	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 ○ GO1 ● GO2 ● GO3	LRC 438772 $35.75
Creating Healthy School Communities through Comprehensive School Health: An Implementation Guide for Education/Health Systems and School Communities	2000	Alberta Heart Health Project	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 472572 $41.70
Dealing with Anger *Conflict Resolution Library*	1996	Knowbuddy Resources	Support 2, 3 ○ GO1 ● GO2 ○ GO3	LRC 440082 $18.80
Dealing with Fighting *Conflict Resolution Library*	1996	Knowbuddy Resources	Support 3 ○ GO1 ● GO2 ○ GO3	LRC 440115 $18.80

GRADE 3 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Dealing with Teasing *Conflict Resolution Library*	1997	Knowbuddy Resources	Support 2, 3 ○ GO1 ● GO2 ○ GO3	LRC 440107 $18.80
NEW Dinner for Two / Diner intime *ShowPeace*	1997	National Film Board	Support 1, 2, 3, 5, 6 ○ GO1 ● GO2 ○ GO3	LRC 472598 $46.70
Exercise and Your Health *Health Matters*	1998	Saunders Book Company	Support 2, 3, 4, 5 ● GO1 ○ GO2 ○ GO3	LRC 445058 $26.10
50 Activities for Teaching Emotional Intelligence: Level I: Elementary *50 Activities for Teaching Emotional Intelligence*	1996	Monarch Books of Canada	Authorized Teaching 1, 2, 3, 4, 5, 6 ○ GO1 ● GO2 ● GO3	LRC 438805 $33.65
Food and Your Health *Health Matters*	1998	Saunders Book Company	Support 2, 3, 4, 5 ● GO1 ○ GO2 ○ GO3	LRC 445040 $26.10
NEW Health: Exercise, Nutrition, and Sleep (3rd Ed.)	1996	Canadian Learning Company Inc.	Authorized Teaching K, 1, 2, 3, 4, 5, 6 ○ GO1 ○ GO2 ○ GO3	LRC 398645 $54.60
Healthy Lifestyle Choices for Cancer Prevention: Resource for Teachers	2000	Alberta Cancer Board, Division of Epidemiology, Prevention and Screening	Authorized Teaching 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 444521 $7.00
Hygiene and Your Health *Health Matters*	1998	Saunders Book Company	Support 2, 3, 4, 5 ● GO1 ○ GO2 ○ GO3	LRC 445032 $26.10
Improving Classroom Behaviour: Savvy Solutions for Inattentive, Withdrawn and Aggressive Children (Macintosh / Windows Version)	1998	Savvy Knowledge Systems	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 399148 $31.55
Inger's Promise (Student Book)	1996	Magic Lantern Communications Ltd.	Support 2, 3 ○ GO1 ● GO2 ○ GO3	LRC 441098 $29.75
Jackson's Plan (Student Book)	1998	Magic Lantern Communications Ltd.	Support 2, 3 ○ GO1 ● GO2 ● GO3	LRC 441204 $29.75
Kids with Diabetes in Your Care: A Practical Guide	1998	Canadian Diabetes Association - Alberta and NWT Division	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	Vendor Direct (Available Free of Charge)
Know Your Body Health Kit (Gr. 3) (Note: The five puppets were not authorized.) ***Note: This resource supports human sexuality outcomes.***	2000	Kendall/Hunt Publishing Co.	Authorized Teaching 3 ● GO1 ● GO2 ● GO3	LRC 445008 $460.95
Let's Talk about Head Lice *Let's Talk Library*	1999	Knowbuddy Resources	Support K, 1, 2, 3 ● GO1 ● GO2 ○ GO3	LRC 440157 $18.80

GRADE 3 (Continued)

Series / Title	**Copyright Date**	**Distributor**	**Status / Grade(s) / General Outcome(s)**	**Supplier / Order No. / Price**
Lions-Quest: Skills for Growing: 3 (2nd Ed.) *Lions-Quest: Skills for Growing*	1998	Lions-Quest Canada	Authorized Teaching 3 ● GO1 ● GO2 ● GO3	Publisher / Distributor (By Inservice Only)
Mad Me	1999	Omega Films Limited	Support 3 ○ GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Managing Conflict: Strategies, Activities and Role Plays for Kids	1995	Monarch Books of Canada	Authorized Teaching 3, 4, 5, 6, 7, 8 ○ GO1 ● GO2 ○ GO3	LRC 438780 $34.70
Molly's Magic (Student Book)	1995	Magic Lantern Communications Ltd.	Support 3 ○ GO1 ● GO2 ● GO3	LRC 449810 $31.50
Nutrition P.I. Primary Ideas for Active Learning (Revised Edition) (Kit)	1999	Dairy Nutrition Council of Alberta	Authorized Teaching K, 1, 2, 3 ● GO1 ○ GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Plato's Journey (Student Book)	1998	Magic Lantern Communications Ltd.	Support 2, 3 ○ GO1 ● GO2 ○ GO3	LRC 441197 $31.50
NEW Point.Pause.Proceed. Pedestrian Safety *Think & Drive*		Traffic Safety Initiative, Alberta Transportation	Support 1, 2, 3, 4 ● GO1 ○ GO2 ○ GO3	Vendor Direct (Available Free of Charge)
PROJECT APEX: Action Program on Eating and Exercise (Revised Edition): Teacher's Guide: Grades 4-6 *PROJECT APEX*	1999	Dairy Nutrition Council of Alberta	Authorized Teaching 3, 4, 5, 6 ● GO1 ○ GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
PROJECT APEX: Action Program on Eating and Exercise (Revised Edition): Action Pack *PROJECT APEX*	1999	Dairy Nutrition Council of Alberta	Authorized Teaching 3, 4, 5, 6 ● GO1 ○ GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Safety Around Strangers *Safety First*	1999	Knowbuddy Resources	Support K, 1, 2, 3 ● GO1 ○ GO2 ○ GO3	LRC 439118 $18.80
Safety on the Internet *Safety First*	1999	Knowbuddy Resources	Support 3 ● GO1 ○ GO2 ○ GO3	LRC 439233 $18.80
Safety Sense: How to Live Safely and Prevent Death and Injury ... on the Road; at Home; at Play; at Work	1996	Canadian Association for Health, Physical Education, Recreation and Dance (CAHPERD)	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 465402 $17.55
Safety at the Swimming Pool *Safety First*	1999	Knowbuddy Resources	Support K, 1, 2, 3 ● GO1 ○ GO2 ○ GO3	LRC 439100 $18.80

GRADE 3 (Continued)

	Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
	Step by Step to Involving Parents in Health Education	1996	ETR Associates	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 453994 $51.30
	Student Workshop: You Can Succeed in School	1997	Sunburst Technology	Support 3, 4, 5 ○ GO1 ○ GO2 ● GO3	Vendor Direct
NEW	Teaching for the Prevention of Fetal Alcohol Spectrum Disorder (FASD): Grades 1–12: A Resource for Teachers of Health and Life Skills, and Career and Life Management	2002	Learning Resources Centre (LRC)	Authorized Teaching 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 467747 $11.70
	Teasing and Bullying: Unacceptable Behaviour: The TAB Program	2000	Institute for Stuttering Treatment and Research	Authorized Teaching 3, 4, 5 ○ GO1 ● GO2 ○ GO3	LRC 440173 $97.50
NEW	Think First for Kids: National Injury Prevention Program: "Discoverers" - Grades 1, 2, 3: Curriculum Manual	1996	ThinkFirst / Pensez d'abord	Authorized Teaching 1, 2, 3 ● GO1 ● GO2 ● GO3	Vendor Direct
NEW	Toward a Safe and Caring Curriculum: ATA Resources for Integration: Grade 3	2001	Alberta Teachers' Association	Authorized Teaching 3 ● GO1 ● GO2 ● GO3	LRC 445404 $49.00
NEW	What We Learned About Bullying: Grades 2–4 *Real Kids*	2000	KineticVideoCom	Authorized Teaching 3, 4 ● GO1 ○ GO2 ○ GO3	LRC 472077 $140.25

Part I: Resource List by Grade (K to Grade 9)
GRADE 4

Please Note:
This list is current as of January 2003. Additional resources are under review.

Alberta Learning strongly recommends that teachers read all selections in the student materials and all activities in the teacher materials prior to using them with students. Careful consideration should be given to the sensitivities of the student audience, the parent audience, and the community.

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
The Adventures of Dowzer (Fire and Burn Prevention Program)	1999	Dowzer Communications Group Inc.	Authorized Teaching 2, 3, 4 ● GO1 ○ GO2 ○ GO3	LRC 440462 $52.60
Athletic Trainer *Career Explorations*	2000	Knowbuddy Resources	Support 4, 5, 6 ○ GO1 ○ GO2 ● GO3	LRC 439556 $23.15
Body Image Resource Collection (Kit) (Grades 4 - 6) *Body Image Resource Collection*	2001	Alberta Mental Health Board - Body Images Project	Authorized Teaching 4, 5, 6 ● GO1 ● GO2 ○ GO3	Available through the 17 Regional Health and Mental Health centres in Alberta.
A Breath of Fresh Air *Your Amazing Body*	1997	Omega Films Limited	Support 4 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Caring & Capable Kids: An Activity Guide for Teaching Kindness, Tolerance, Self-Control and Responsibility	1996	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 ○ GO1 ● GO2 ● GO3	LRC 438764 $44.15
Character Builders: Reponsibility & Trustworthiness: A K-6 Character Education Program	2000	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 ○ GO1 ● GO2 ● GO3	LRC 438772 $35.75
Creating Healthy School Communities through Comprehensive School Health: An Implementation Guide for Education/Health Systems and School Communities	2000	Alberta Heart Health Project	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 472572 $41.70
The Dangers of Smoking *Smokin' Somebody Stop Me!*	1999	Jeflyn Media Consultants	Support 4, 5, 6 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Director: Film, TV, Radio, and Stage *Career Explorations*	2000	Knowbuddy Resources	Support 4, 5, 6 ○ GO1 ○ GO2 ● GO3	LRC 439564 $23.15
Drugs and Your Health *Health Matters*	1998	Saunders Book Company	Support 4, 5 ● GO1 ○ GO2 ○ GO3	LRC 445066 $26.10

GRADE 4 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Exercise and Your Health *Health Matters*	1998	Saunders Book Company	Support 2, 3, 4, 5 ● GO1 ○ GO2 ○ GO3	LRC 445058 $26.10
50 Activities for Teaching Emotional Intelligence: Level I: Elementary *50 Activities for Teaching Emotional Intelligence*	1996	Monarch Books of Canada	Authorized Teaching 1, 2, 3, 4, 5, 6 ○ GO1 ● GO2 ● GO3	LRC 438805 $33.65
Food and Your Health *Health Matters*	1998	Saunders Book Company	Support 2, 3, 4, 5 ● GO1 ○ GO2 ○ GO3	LRC 445040 $26.10
Graphic Designer *Career Explorations*	2000	Knowbuddy Resources	Support 4, 5, 6 ○ GO1 ○ GO2 ● GO3	LRC 439580 $23.15
Growing Up! For Boys	1995	Magic Lantern Communications Ltd.	Support 4, 5, 6 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
***Note:* This resource supports human sexuality outcomes.**				
Growing Up! For Girls	1995	Magic Lantern Communications Ltd.	Support 4, 5, 6 ● GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
***Note:* This resource supports human sexuality outcomes.**				
NEW Health: Exercise, Nutrition, and Sleep (3rd Ed.)	1996	Canadian Learning Company Inc.	Authorized Teaching K, 1, 2, 3, 4, 5, 6 ○ GO1 ○ GO2 ○ GO3	LRC 398645 $54.60
Healthy Lifestyle Choices for Cancer Prevention: Resource for Teachers	2000	Alberta Cancer Board, Division of Epidemiology, Prevention and Screening	Authorized Teaching 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 444521 $7.00
Healthy Living with Sunshine / Vivre en santé sous le soleil (Windows / Macintosh Version)	1996	Alberta Cancer Board, Division of Epidemiology, Prevention and Screening	Support 4 ● GO1 ○ GO2 ○ GO3	LRC 444026 $23.35
The Heart is a Lonely Thumper *Your Amazing Body*	1997	Omega Films Limited	Support 4 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres

GRADE 4 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
NEW Helping Children Learn about Healthy Relationships: A Teacher's Guide to Addressing Children's Concerns (Video and Teacher's Guide)	2002	Calgary Police Services Interpretative Center	Authorized Teaching 4, 5 ● GO1 ● GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Helping Kids Manage Grief, Fear and Anger	2000	Monarch Books of Canada	Authorized Teaching 4, 7, 8, 9 ○ GO1 ● GO2 ○ GO3	LRC 440305 $29.45
How to Handle Stress (Video)	1999	Marlin Motion Pictures Ltd.	Support 4, 5, 6 ○ GO1 ● GO2 ○ GO3	Vendor Direct
Hygiene and Your Health *Health Matters*	1998	Saunders Book Company	Support 2, 3, 4, 5 ● GO1 ○ GO2 ○ GO3	LRC 445032 $26.10
I Can Make Good Choices	1995	Sunburst Technology	Support 4 ○ GO1 ○ GO2 ● GO3	Vendor Direct
Improving Classroom Behaviour: Savvy Solutions for Inattentive, Withdrawn and Aggressive Children (Macintosh / Windows Version)	1998	Savvy Knowledge Systems	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 399148 $31.55
Just Around the Corner: For Boys	2000	Magic Lantern Communications Ltd.	Support 4, 5, 6 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
***Note:* This resource supports human sexuality outcomes.**				
Just Around the Corner: For Girls	2000	Magic Lantern Communications Ltd	Support 4, 5, 6 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
***Note:* This resource supports human sexuality outcomes.**				
Kids with Diabetes in Your Care: A Practical Guide	1998	Canadian Diabetes Association - Alberta and NWT Division	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	Vendor Direct (Available Free of Charge)
Licensed Practical Nurse *Career Explorations*	2000	Knowbuddy Resources	Support 4, 5, 6 ○ GO1 ○ GO2 ● GO3	LRC 439605 $23.15
Life Begins: A Journey Into Life: The World of the Unborn (Windows / Macintosh Version 1.0)	1998	Quality Multimedia	Support 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 465238 $143.80
***Note:* This resource supports human sexuality outcomes.**				

GRADE 4 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Liking the Me I See in the Mirror: An Educational Resource Manual for Teachers on Body Image and Self-esteem	2001	Alberta Mental Health Board, Eating Disorder Promotion and Prevention Specialist	Authorized Teaching 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 458142 $40.95
Liking the Me I See in the Mirror: A Family Workbook for Parents and Their Children on Building Body Friendly Homes	2001	Alberta Mental Health Board, Eating Disorder Promotion and Prevention Specialist	Authorized Teaching 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 458150 $10.00
Lions-Quest: Skills for Growing: 4 (2nd Ed.) *Lions-Quest: Skills for Growing*	1998	Lions-Quest Canada	Authorized Teaching 4 ● GO1 ● GO2 ● GO3	Publisher / Distributor (By Inservice Only)
The Little Trapper	1999	National Film Board	Support 4, 5, 6 ○ GO1 ○ GO2 ● GO3	Vendor Direct
Making Healthy Decisions: Nutrition: Unit 1 (Student Book) *Making Healthy Decisions*	1997	Kendall/Hunt Publishing Co.	Support 4, 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	LRC 444290 $18.70
Making Healthy Decisions: Nutrition: Unit 1: Teacher's Guide *Making Healthy Decisions*	1997	Kendall/Hunt Publishing Co.	Authorized Teaching 4, 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	LRC 444307 $40.95
Managing Conflict: Strategies, Activities and Role Plays for Kids	1995	Monarch Books of Canada	Authorized Teaching 3, 4, 5, 6, 7, 8 ○ GO1 ● GO2 ○ GO3	LRC 438780 $34.70
Manners Matter	1999	Magic Lantern Communications Ltd.	Support 4, 5, 6 ○ GO1 ● GO2 ○ GO3	Vendor Direct
Marine Biologist *Career Explorations*	2000	Knowbuddy Resources	Support 4, 5, 6 ○ GO1 ○ GO2 ● GO3	LRC 439621 $23.15
Mechanical Drafter *Career Explorations*	2000	Knowbuddy Resources	Support 4, 5, 6 ○ GO1 ○ GO2 ● GO3	LRC 439548 $23.15
Pediatrician *Career Explorations*	2000	Knowbuddy Resources	Support 4, 5, 6 ○ GO1 ○ GO2 ● GO3	LRC 439639 $23.15
NEW Point.Pause.Proceed. Pedestrian Safety *Think & Drive*		Traffic Safety Initiative, Alberta Transportation	Support 1, 2, 3, 4 ● GO1 ○ GO2 ○ GO3	Vendor Direct (Available Free of Charge)
PROJECT APEX: Action Program on Eating and Exercise (Revised Edition): Teacher's Guide: Grades 4-6 *PROJECT APEX*	1999	Dairy Nutrition Council of Alberta	Authorized Teaching 3, 4, 5, 6 ● GO1 ○ GO2 ○ GO3	Publisher / Distributor (By Inservice Only

GRADE 4 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
PROJECT APEX: Action Program on Eating and Exercise (Revised Edition): Action Pack *PROJECT APEX*	1999	Dairy Nutrition Council of Alberta	Authorized Teaching 3, 4, 5, 6 ● GO1 ○ GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Puberty and Reproduction: Teacher / Student Resource *Comprehensive Health for the Middle Grades*	1996	ETR Associates	Authorized Teaching 4, 5, 6 ● GO1 ○ GO2 ○ GO3	LRC 454041 $55.50
Note: This resource supports human sexuality outcomes.				
NEW Put Yourself In Someone Else's Shoes: Building Character Grades 2-4		KineticVideoCom	Authorized Teaching 4 ○ GO1 ● GO2 ○ GO3	LRC 480153 $140.25
Safety Sense: How to Live Safely and Prevent Death and Injury ... on the Road; at Home; at Play; at Work	1996	Canadian Association for Health, Physical Education, Recreation and Dance (CAHPERD)	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 465402 $17.55
Saying Goodbye	1998	Omega Films Limited	Support 4 ○ GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Second Step: A Violence Prevention Curriculum: Grades 4–5 (2nd Ed.)	1997	Committee for Children	Authorized Teaching 4, 5 ● GO1 ● GO2 ○ GO3	Vendor Direct
Note: This resource supports human sexuality outcomes.				
Sense & Nonsense: Making Decisions about Drugs: Teacher Resource - Grades 4, 5 & 6	1998	AADAC Resource Development and Marketing	Authorized Teaching 4, 5, 6 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Step by Step to Involving Parents in Health Education	1996	ETR Associates	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 453994 $51.30
Student Workshop: Stress: I Can Handle It! Grades 3–5		Sunburst Communications Inc.	Support 4, 5, 6 ○ GO1 ● GO2 ○ GO3	LRC 466632 $151.90
Student Workshop: You Can Succeed in School	1997	Sunburst Technology	Support 3, 4, 5 ○ GO1 ○ GO2 ● GO3	Vendor Direct
Sun Sense	1997	Magic Lantern Communications Ltd.	Support 4 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Teach & Talk: The Subject Is Sex *HealthSmart Connection Series*	2001	ETR Associates	Authorized Teaching 4, 5, 6 ● GO1 ● GO2 ○ GO3	LRC 454059 $41.00
Note: This resource supports human sexuality outcomes.				

GRADE 4 (Continued)

	Series / Title	**Copyright Date**	**Distributor**	**Status / Grade(s) / General Outcome(s)**	**Supplier / Order No. / Price**
NEW	Teaching for the Prevention of Fetal Alcohol Spectrum Disorder (FASD): Grades 1–12: A Resource for Teachers of Health and Life Skills, and Career and Life Management	2002	Learning Resources Centre (LRC)	Authorized Teaching 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 467747 $11.70
	Teaming Up for Tobacco-Free Kids: Teacher's Resource Kit *Un Bear Able*	2000	AADAC Resource Development and Marketing	Authorized Teaching 4, 5, 6 ● GO1 ○ GO2 ○ GO3	Vendor Direct
	Teasing and Bullying: Unacceptable Behaviour: The TAB Program	2000	Institute for Stuttering Treatment and Research	Authorized Teaching 3, 4, 5 ○ GO1 ● GO2 ○ GO3	LRC 440173 $97.50
NEW	Toward a Safe and Caring Curriculum: ATA Resources for Integration: Grade 4	2001	Alberta Teachers' Association	Authorized Teaching 4 ● GO1 ● GO2 ● GO3	LRC 445412 $49.00
	The Virtues Project™: Simple Ways to Create a Culture of Character: Educator's Guide	1998	Monarch Books of Canada	Authorized Teaching 4, 5, 6, 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 438798 $44.15
	We're Growing Up! ***Note:* *This resource supports human sexuality outcomes.***	1996	Magic Lantern Communications Ltd.	Support 4, 5, 6 ● GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
NEW	What We Learned About Bullying: Grades 2–4 *Real Kids*	2000	KineticVideoCom	Authorized Teaching 3, 4 ● GO1 ○ GO2 ○ GO3	LRC 472077 $140.25
	When It's Hard to Be a Friend: Grades 3–5 (Video and Teacher's Guide)	1999	Sunburst Communications Inc.	Support 4, 5, 6 ○ GO1 ● GO2 ○ GO3	LRC 466658 $111.00
	Why Kids Smoke *Smokin' Somebody Stop Me!*	1999	Jeflyn Media Consultants	Support 4, 5, 6 ● GO1 ○ GO2 ○ GO3	Vendor Direct

Part I: Resource List by Grade (K to Grade 9)

GRADE 5

Please Note:
This list is current as of January 2003. Additional resources are under review.

Alberta Learning strongly recommends that teachers read all selections in the student materials and all activities in the teacher materials prior to using them with students. Careful consideration should be given to the sensitivities of the student audience, the parent audience, and the community.

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Athletic Trainer *Career Explorations*	2000	Knowbuddy Resources	Support 4, 5, 6 ○ GO1 ○ GO2 ● GO3	LRC 439556 $23.15
Body Image Resource Collection (Kit) (Grades 4 - 6) *Body Image Resource Collection*	2001	Alberta Mental Health Board - Body Images Project	Authorized Teaching 4, 5, 6 ● GO1 ● GO2 ○ GO3	Available through the 17 Regional Health and Mental Health centres in Alberta.
Caring & Capable Kids: An Activity Guide for Teaching Kindness, Tolerance, Self-Control and Responsibility	1996	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 ○ GO1 ● GO2 ● GO3	LRC 438764 $44.15
Character Builders: Reponsibility & Trustworthiness: A K-6 Character Education Program	2000	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 ○ GO1 ● GO2 ● GO3	LRC 438772 $35.75
Creating Healthy School Communities through Comprehensive School Health: An Implementation Guide for Education/Health Systems and School Communities	2000	Alberta Heart Health Project	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 472572 $41.70
The Dangers of Smoking *Smokin' Somebody Stop Me!*	1999	Jeflyn Media Consultants	Support 4, 5, 6 ● GO1 ○ GO2 ○ GO3	Vendor Direct
NEW Dinner for Two / Dîner intime *ShowPeace*	1997	National Film Board	Support 1, 2, 3, 5, 6 ○ GO1 ● GO2 ○ GO3	LRC 472598 $46.70
Director: Film, TV, Radio, and Stage *Career Explorations*	2000	Knowbuddy Resources	Support 4, 5, 6 ○ GO1 ○ GO2 ● GO3	LRC 439564 $23.15
Drugs and Your Health *Health Matters*	1998	Saunders Book Company	Support 4, 5 ● GO1 ○ GO2 ○ GO3	LRC 445066 $26.10
Exercise and Your Health *Health Matters*	1998	Saunders Book Company	Support 2, 3, 4, 5 ● GO1 ○ GO2 ○ GO3	LRC 445058 $26.10
50 Activities for Teaching Emotional Intelligence: Level I: Elementary *50 Activities for Teaching Emotional Intelligence*	1996	Monarch Books of Canada	Authorized Teaching 1, 2, 3, 4, 5, 6 ○ GO1 ● GO2 ● GO3	LRC 438805 $33.65

GRADE 5 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
F.I.T.: Fostering Independent Thinking: A Substance Abuse Prevention Resource for Teachers Grades 4-8	2000	Alcohol and Drug Concerns Inc.	Authorized Teaching 5, 6, 7, 8 ● GO1 ● GO2 ● GO3	LRC 453986 $15.80
Food and Your Health *Health Matters*	1998	Saunders Book Company	Support 2, 3, 4, 5 ● GO1 ○ GO2 ○ GO3	LRC 445040 $26.10
Graphic Designer *Career Explorations*	2000	Knowbuddy Resources	Support 4, 5, 6 ○ GO1 ○ GO2 ● GO3	LRC 439580 $23.15
Growing Up! For Boys	1995	Magic Lantern Communications Ltd.	Support 4, 5, 6 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Note: This resource supports human sexuality outcomes.				
Growing Up! For Girls	1995	Magic Lantern Communications Ltd.	Support 4, 5, 6 ● GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Note: This resource supports human sexuality outcomes.				
NEW Health: Exercise, Nutrition, and Sleep (3rd Ed.)	1996	Canadian Learning Company Inc.	Authorized Teaching K, 1, 2, 3, 4, 5, 6 ○ GO1 ○ GO2 ○ GO3	LRC 398645 $54.60
Healthy Lifestyle Choices for Cancer Prevention: Resource for Teachers	2000	Alberta Cancer Board, Division of Epidemiology, Prevention and Screening	Authorized Teaching 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 444521 $7.00
NEW Helping Children Learn about Healthy Relationships: A Teacher's Guide to Addressing Children's Concerns (Video and Teacher's Guide)	2002	Calgary Police Services Interpretative Center	Authorized Teaching 4, 5 ● GO1 ● GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
How to Handle Stress (Video)	1999	Marlin Motion Pictures Ltd.	Support 4, 5, 6 ○ GO1 ● GO2 ○ GO3	Vendor Direct
Hygiene and Your Health *Health Matters*	1998	Saunders Book Company	Support 2, 3, 4, 5 ● GO1 ○ GO2 ○ GO3	LRC 445032 $26.10
Improving Classroom Behaviour: Savvy Solutions for Inattentive, Withdrawn and Aggressive Children (Macintosh / Windows Version)	1998	Savvy Knowledge Systems	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 399148 $31.55
Improving the Odds (Educator's Resource)	1996	Alberta Tobacco Reduction Alliance (ATRA)	Support 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	Out-of-Print

GRADE 5 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Improving the Odds: Interactive Tobacco Prevention Module	1996	Alberta Tobacco Reduction Alliance (ATRA)	Support 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	Out-of-Print
Improving the Odds: Facilitator's Guide	1996	Alberta Tobacco Reduction Alliance (ATRA)	Authorized Teaching 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	Out-of-Print
Just Around the Corner: For Boys	2000	Magic Lantern Communications Ltd.	Support 4, 5, 6 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Note:* *This resource supports human sexuality outcomes.				
Just Around the Corner: For Girls	2000	Magic Lantern Communications Ltd	Support 4, 5, 6 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Note:* *This resource supports human sexuality outcomes.				
Kids with Diabetes in Your Care: A Practical Guide	1998	Canadian Diabetes Association - Alberta and NWT Division	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	Vendor Direct (Available Free of Charge)
Licensed Practical Nurse *Career Explorations*	2000	Knowbuddy Resources	Support 4, 5, 6 ○ GO1 ○ GO2 ● GO3	LRC 439605 $23.15
Life Begins: A Journey Into Life: The World of the Unborn (Windows / Macintosh Version 1.0)	1998	Quality Multimedia	Support 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 465238 $143.80
Note:* *This resource supports human sexuality outcomes.				
Liking the Me I See in the Mirror: An Educational Resource Manual for Teachers on Body Image and Self-esteem	2001	Alberta Mental Health Board, Eating Disorder Promotion and Prevention Specialist	Authorized Teaching 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 458142 $40.95
Liking the Me I See in the Mirror: A Family Workbook for Parents and Their Children on Building Body Friendly Homes	2001	Alberta Mental Health Board, Eating Disorder Promotion and Prevention Specialist	Authorized Teaching 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 458150 $10.00
Lions-Quest: Skills for Growing: 5 (2nd Ed.) *Lions-Quest: Skills for Growing*	1998	Lions-Quest Canada	Authorized Teaching 5 ● GO1 ● GO2 ● GO3	Publisher / Distributor (By Inservice Only)
Note:* *This resource supports human sexuality outcomes.				

GRADE 5 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
The Little Trapper	1999	National Film Board	Support 4, 5, 6 ○ GO1 ○ GO2 ● GO3	Vendor Direct
The Make It Real Game: Facilitator's Kit: Elementary School Edition	1999	National Life/Work Centre	Authorized Teaching 5, 6 ○ GO1 ● GO2 ● GO3	LRC 442179 $227.95
Making Healthy Decisions: Family Life 1 (Student Book) *Making Healthy Decisions*	2000	Kendall/Hunt Publishing Co.	Support 5, 6, 7, 8 ● GO1 ● GO2 ● GO3	LRC 453960 $19.90
Note: This resource supports human sexuality outcomes.				
Making Healthy Decisions: Family Life 1: Teacher's Guide *Making Healthy Decisions*	2000	Kendall/Hunt Publishing Co.	Authorized Teaching 5, 6, 7, 8 ● GO1 ● GO2 ● GO3	LRC 453978 $49.75
Note: This resource supports human sexuality outcomes.				
Making Healthy Decisions: Nutrition: Unit 1 (Student Book) *Making Healthy Decisions*	1997	Kendall/Hunt Publishing Co.	Support 4, 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	LRC 444290 $18.70
Making Healthy Decisions: Nutrition: Unit 1: Teacher's Guide *Making Healthy Decisions*	1997	Kendall/Hunt Publishing Co.	Authorized Teaching 4, 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	LRC 444307 $40.95
Managing Conflict: Strategies, Activities and Role Plays for Kids	1995	Monarch Books of Canada	Authorized Teaching 3, 4, 5, 6, 7, 8 ○ GO1 ● GO2 ○ GO3	LRC 438780 $34.70
Manners Matter	1999	Magic Lantern Communications Ltd.	Support 4, 5, 6 ○ GO1 ● GO2 ○ GO3	Vendor Direct
Marine Biologist *Career Explorations*	2000	Knowbuddy Resources	Support 4, 5, 6 ○ GO1 ○ GO2 ● GO3	LRC 439621 $23.15
Mechanical Drafter *Career Explorations*	2000	Knowbuddy Resources	Support 4, 5, 6 ○ GO1 ○ GO2 ● GO3	LRC 439548 $23.15
Pediatrician *Career Explorations*	2000	Knowbuddy Resources	Support 4, 5, 6 ○ GO1 ○ GO2 ● GO3	LRC 439639 $23.15
PROJECT APEX: Action Program on Eating and Exercise (Revised Edition): Teacher's Guide: Grades 4-6 *PROJECT APEX*	1999	Dairy Nutrition Council of Alberta	Authorized Teaching 3, 4, 5, 6 ● GO1 ○ GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
PROJECT APEX: Action Program on Eating and Exercise (Revised Edition): Action Pack *PROJECT APEX*	1999	Dairy Nutrition Council of Alberta	Authorized Teaching 3, 4, 5, 6 ● GO1 ○ GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Puberty and Reproduction: Teacher / Student Resource *Comprehensive Health for the Middle Grades*	1996	ETR Associates	Authorized Teaching 4, 5, 6 ● GO1 ○ GO2 ○ GO3	LRC 454041 $55.50
Note: This resource supports human sexuality outcomes.				

GRADE 5 (Continued)

Series / Title	**Copyright Date**	**Distributor**	**Status / Grade(s) / General Outcome(s)**	**Supplier / Order No. / Price**
Risk Watch: Safety Program for Grades 5 and 6 *Risk Watch*	1998	National Fire Protection Association	Authorized Teaching 5, 6 ● GO1 ○ GO2 ○ GO3	LRC
Risk Watch: Safety Program for Grades 5 and 6 (includes Risk Watch Teacher Video; fold out lesson plans; poster; pamphlets)				124.35 453887
Risk Watch Teacher Video *Risk Watch*	1998	National Fire Protection Association	Authorized Teaching 5, 6 ● GO1 ○ GO2 ○ GO3	LRC
Risk Watch: Safety Program for Grades 5 and 6 (includes Risk Watch Teacher Video; fold out lesson plans; poster; pamphlets)				124.35 453887
Safety Sense: How to Live Safely and Prevent Death and Injury ... on the Road; at Home; at Play; at Work	1996	Canadian Association for Health, Physical Education, Recreation and Dance (CAHPERD)	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 465402 $17.55
Second Step: A Violence Prevention Curriculum: Grades 4–5 (2nd Ed.)	1997	Committee for Children	Authorized Teaching 4, 5 ● GO1 ● GO2 ○ GO3	Vendor Direct
Note: This resource supports human sexuality outcomes.				
Sense & Nonsense: Healthy Choices about Alcohol, Drugs and Gambling: Grade 4	1997	AADAC Resource Development and Marketing	Authorized Teaching 5 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Sense & Nonsense: Healthy Choices about Alcohol, Drugs and Gambling: Grade 5	1997	AADAC Resource Development and Marketing	Authorized Teaching 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Sense & Nonsense: Making Decisions about Drugs: Teacher Resource - Grades 4, 5 & 6	1998	AADAC Resource Development and Marketing	Authorized Teaching 4, 5, 6 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Staying Free: Spell It Out, Drugs	1999	R & B Game and Toy Developers Inc.	Support 5 ● GO1 ○ GO2 ○ GO3	LRC 440701 $23.35
Step by Step to Involving Parents in Health Education	1996	ETR Associates	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 453994 $51.30
Straight Goods for Girls on Drugs and Alcohol	1999	AADAC Resource Development and Marketing	Support 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Student Workshop: Get a Grip! Self-Management Skills	2000	Sunburst Technology	Support 5, 6 ○ GO1 ○ GO2 ● GO3	Vendor Direct
Student Workshop: Stress: I Can Handle It! Grades 3–5		Sunburst Communications Inc.	Support 4, 5, 6 ○ GO1 ● GO2 ○ GO3	LRC 466632 $151.90
Student Workshop: You Can Succeed in School	1997	Sunburst Technology	Support 3, 4, 5 ○ GO1 ○ GO2 ● GO3	Vendor Direct

GRADE 5 (Continued)

Series / Title	**Copyright Date**	**Distributor**	**Status / Grade(s) / General Outcome(s)**	**Supplier / Order No. / Price**
Teach & Talk: The Subject Is Sex *HealthSmart Connection Series*	2001	ETR Associates	Authorized Teaching 4, 5, 6 ● GO1 ● GO2 ○ GO3	LRC 454059 $41.00
Note: This resource supports human sexuality outcomes.				
NEW Teaching for the Prevention of Fetal Alcohol Spectrum Disorder (FASD): Grades 1–12: A Resource for Teachers of Health and Life Skills, and Career and Life Management	2002	Learning Resources Centre (LRC)	Authorized Teaching 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 467747 $11.70
Teaming Up for Tobacco-Free Kids: Teacher's Resource Kit *Un Bear Able*	2000	AADAC Resource Development and Marketing	Authorized Teaching 4, 5, 6 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Teasing and Bullying: Unacceptable Behaviour: The TAB Program	2000	Institute for Stuttering Treatment and Research	Authorized Teaching 3, 4, 5 ○ GO1 ● GO2 ○ GO3	LRC 440173 $97.50
Teen Tobacco Reduction Project (Grande Prairie, Peace River, Slave Lake, Athabasca) (Video; Project Report)		Alberta Tobacco Reduction Alliance (ATRA)	Support 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Think, Choose, Act Healthy: Student Activities: Comprehensive Health for the Middle Grades	1996	ETR Associates	Authorized Teaching 5, 6, 7, 8 ● GO1 ● GO2 ○ GO3	LRC 454025 $71.95
Note: This resource supports human sexuality outcomes.				
NEW Toward a Safe and Caring Curriculum: ATA Resources for Integration: Grade 5	2001	Alberta Teachers' Association	Authorized Teaching 5 ● GO1 ● GO2 ● GO3	LRC 445420 $49.00
The Virtues Project™: Simple Ways to Create a Culture of Character: Educator's Guide	1998	Monarch Books of Canada	Authorized Teaching 4, 5, 6, 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 438798 $44.15
We're Growing Up!	1996	Magic Lantern Communications Ltd.	Support 4, 5, 6 ● GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Note: This resource supports human sexuality outcomes.				
Whatsa Hygiene?	1999	KineticVideoCom / MarshMedia / Omega Films Limited	Support 5, 6 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
When It's Hard to Be a Friend: Grades 3–5 (Video and Teacher's Guide)	1999	Sunburst Communications Inc.	Support 4, 5, 6 ○ GO1 ● GO2 ○ GO3	LRC 466658 $111.00
Why Kids Smoke *Smokin' Somebody Stop Me!*	1999	Jeflyn Media Consultants	Support 4, 5, 6 ● GO1 ○ GO2 ○ GO3	Vendor Direct

Part I: Resource List by Grade (K to Grade 9)

GRADE 6

Please Note:
This list is current as of January 2003. Additional resources are under review.

Alberta Learning strongly recommends that teachers read all selections in the student materials and all activities in the teacher materials prior to using them with students. Careful consideration should be given to the sensitivities of the student audience, the parent audience, and the community.

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Athletic Trainer *Career Explorations*	2000	Knowbuddy Resources	Support 4, 5, 6 ○ GO1 ○ GO2 ● GO3	LRC 439556 $23.15
Body Image Resource Collection (Kit) (Grades 4 - 6) *Body Image Resource Collection*	2001	Alberta Mental Health Board - Body Images Project	Authorized Teaching 4, 5, 6 ● GO1 ● GO2 ○ GO3	Available through the 17 Regional Health and Mental Health centres in Alberta.
Caring & Capable Kids: An Activity Guide for Teaching Kindness, Tolerance, Self-Control and Responsibility	1996	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 ○ GO1 ● GO2 ● GO3	LRC 438764 $44.15
Character Builders: Reponsibility & Trustworthiness: A K-6 Character Education Program	2000	Monarch Books of Canada	Authorized Teaching K, 1, 2, 3, 4, 5, 6 ○ GO1 ● GO2 ● GO3	LRC 438772 $35.75
Creating Healthy School Communities through Comprehensive School Health: An Implementation Guide for Education/Health Systems and School Communities	2000	Alberta Heart Health Project	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 472572 $41.70
The Dangers of Smoking *Smokin' Somebody Stop Me!*	1999	Jeflyn Media Consultants	Support 4, 5, 6 ● GO1 ○ GO2 ○ GO3	Vendor Direct
NEW Dinner for Two / Dîner intime *ShowPeace*	1997	National Film Board	Support 1, 2, 3, 5, 6 ○ GO1 ● GO2 ○ GO3	LRC 472598 $46.70
Director: Film, TV, Radio, and Stage *Career Explorations*	2000	Knowbuddy Resources	Support 4, 5, 6 ○ GO1 ○ GO2 ● GO3	LRC 439564 $23.15
50 Activities for Teaching Emotional Intelligence: Level I: Elementary *50 Activities for Teaching Emotional Intelligence*	1996	Monarch Books of Canada	Authorized Teaching 1, 2, 3, 4, 5, 6 ○ GO1 ● GO2 ● GO3	LRC 438805 $33.65
F.I.T.: Fostering Independent Thinking: A Substance Abuse Prevention Resource for Teachers Grades 4-8	2000	Alcohol and Drug Concerns Inc.	Authorized Teaching 5, 6, 7, 8 ● GO1 ● GO2 ● GO3	LRC 453986 $15.80
Graphic Designer *Career Explorations*	2000	Knowbuddy Resources	Support 4, 5, 6 ○ GO1 ○ GO2 ● GO3	LRC 439580 $23.15

GRADE 6 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Growing Up! For Boys	1995	Magic Lantern Communications Ltd.	Support 4, 5, 6 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Note: This resource supports human sexuality outcomes.				
Growing Up! For Girls	1995	Magic Lantern Communications Ltd.	Support 4, 5, 6 ● GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Note: This resource supports human sexuality outcomes.				
NEW Health: Exercise, Nutrition, and Sleep (3rd Ed.)	1996	Canadian Learning Company Inc.	Authorized Teaching K, 1, 2, 3, 4, 5, 6 ○ GO1 ○ GO2 ○ GO3	LRC 398645 $54.60
Healthy Lifestyle Choices for Cancer Prevention: Resource for Teachers	2000	Alberta Cancer Board, Division of Epidemiology, Prevention and Screening	Authorized Teaching 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 444521 $7.00
How to Handle Stress (Video)	1999	Marlin Motion Pictures Ltd.	Support 4, 5, 6 ○ GO1 ● GO2 ○ GO3	Vendor Direct
Improving Classroom Behaviour: Savvy Solutions for Inattentive, Withdrawn and Aggressive Children (Macintosh / Windows Version)	1998	Savvy Knowledge Systems	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 399148 $31.55
Improving the Odds (Educator's Resource)	1996	Alberta Tobacco Reduction Alliance (ATRA)	Support 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	Out-of-Print
Improving the Odds: Interactive Tobacco Prevention Module	1996	Alberta Tobacco Reduction Alliance (ATRA)	Support 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	Out-of-Print
Improving the Odds: Facilitator's Guide	1996	Alberta Tobacco Reduction Alliance (ATRA)	Authorized Teaching 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	Out-of-Print
Just Around the Corner: For Boys	2000	Magic Lantern Communications Ltd.	Support 4, 5, 6 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Note: This resource supports human sexuality outcomes.				

GRADE 6 (Continued)

Series / Title	**Copyright Date**	**Distributor**	**Status / Grade(s) / General Outcome(s)**	**Supplier / Order No. / Price**
Just Around the Corner: For Girls	2000	Magic Lantern Communications Ltd	Support 4, 5, 6 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
***Note:* This resource supports human sexuality outcomes.**				
Kids with Diabetes in Your Care: A Practical Guide	1998	Canadian Diabetes Association - Alberta and NWT Division	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	Vendor Direct (Available Free of Charge)
Licensed Practical Nurse *Career Explorations*	2000	Knowbuddy Resources	Support 4, 5, 6 ○ GO1 ○ GO2 ● GO3	LRC 439605 $23.15
Life Begins: A Journey Into Life: The World of the Unborn (Windows / Macintosh Version 1.0)	1998	Quality Multimedia	Support 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 465238 $143.80
***Note:* This resource supports human sexuality outcomes.**				
Liking the Me I See in the Mirror: An Educational Resource Manual for Teachers on Body Image and Self-esteem	2001	Alberta Mental Health Board, Eating Disorder Promotion and Prevention Specialist	Authorized Teaching 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 458142 $40.95
Liking the Me I See in the Mirror: A Family Workbook for Parents and Their Children on Building Body Friendly Homes	2001	Alberta Mental Health Board, Eating Disorder Promotion and Prevention Specialist	Authorized Teaching 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 458150 $10.00
The Little Trapper	1999	National Film Board	Support 4, 5, 6 ○ GO1 ○ GO2 ● GO3	Vendor Direct
The Make It Real Game: Facilitator's Kit: Elementary School Edition	1999	National Life/Work Centre	Authorized Teaching 5, 6 ○ GO1 ● GO2 ● GO3	LRC 442179 $227.95
Making Healthy Decisions: Family Life 1 (Student Book) *Making Healthy Decisions*	2000	Kendall/Hunt Publishing Co.	Support 5, 6, 7, 8 ● GO1 ● GO2 ● GO3	LRC 453960 $19.90
***Note:* This resource supports human sexuality outcomes.**				
Making Healthy Decisions: Family Life 1: Teacher's Guide *Making Healthy Decisions*	2000	Kendall/Hunt Publishing Co.	Authorized Teaching 5, 6, 7, 8 ● GO1 ● GO2 ● GO3	LRC 453978 $49.75
***Note:* This resource supports human sexuality outcomes.**				
Making Healthy Decisions: Nutrition: Unit 1 (Student Book) *Making Healthy Decisions*	1997	Kendall/Hunt Publishing Co.	Support 4, 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	LRC 444290 $18.70

GRADE 6 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Making Healthy Decisions: Nutrition: Unit 1: Teacher's Guide *Making Healthy Decisions*	1997	Kendall/Hunt Publishing Co.	Authorized Teaching 4, 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	LRC 444307 $40.95
Managing Conflict: Strategies, Activities and Role Plays for Kids	1995	Monarch Books of Canada	Authorized Teaching 3, 4, 5, 6, 7, 8 ○ GO1 ● GO2 ○ GO3	LRC 438780 $34.70
Manners Matter	1999	Magic Lantern Communications Ltd.	Support 4, 5, 6 ○ GO1 ● GO2 ○ GO3	Vendor Direct
Marine Biologist *Career Explorations*	2000	Knowbuddy Resources	Support 4, 5, 6 ○ GO1 ○ GO2 ● GO3	LRC 439621 $23.15
Mechanical Drafter *Career Explorations*	2000	Knowbuddy Resources	Support 4, 5, 6 ○ GO1 ○ GO2 ● GO3	LRC 439548 $23.15
Pediatrician *Career Explorations*	2000	Knowbuddy Resources	Support 4, 5, 6 ○ GO1 ○ GO2 ● GO3	LRC 439639 $23.15
PROJECT APEX: Action Program on Eating and Exercise (Revised Edition): Teacher's Guide: Grades 4-6 *PROJECT APEX*	1999	Dairy Nutrition Council of Alberta	Authorized Teaching 3, 4, 5, 6 ● GO1 ○ GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
PROJECT APEX: Action Program on Eating and Exercise (Revised Edition): Action Pack *PROJECT APEX*	1999	Dairy Nutrition Council of Alberta	Authorized Teaching 3, 4, 5, 6 ● GO1 ○ GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Puberty and Reproduction: Teacher / Student Resource *Comprehensive Health for the Middle Grades*	1996	ETR Associates	Authorized Teaching 4, 5, 6 ● GO1 ○ GO2 ○ GO3	LRC 454041 $55.50
Note: This resource supports human sexuality outcomes.				
Risk Watch: Safety Program for Grades 5 and 6 *Risk Watch*	1998	National Fire Protection Association	Authorized Teaching 5, 6 ● GO1 ○ GO2 ○ GO3	LRC
		Risk Watch: Safety Program for Grades 5 and 6 (includes Risk Watch Teacher Video; fold out lesson plans; poster; pamphlets)		124.35 453887
Risk Watch Teacher Video *Risk Watch*	1998	National Fire Protection Association	Authorized Teaching 5, 6 ● GO1 ○ GO2 ○ GO3	LRC
		Risk Watch: Safety Program for Grades 5 and 6 (includes Risk Watch Teacher Video; fold out lesson plans; poster; pamphlets)		124.35 453887
Safety Sense: How to Live Safely and Prevent Death and Injury ... on the Road; at Home; at Play; at Work	1996	Canadian Association for Health, Physical Education, Recreation and Dance (CAHPERD)	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 465402 $17.55
Sense & Nonsense: Healthy Choices about Alcohol, Drugs and Gambling: Grade 5	1997	AADAC Resource Development and Marketing	Authorized Teaching 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	Vendor Direct

Series / Title	**Copyright Date**	**Distributor**	**Status / Grade(s) / General Outcome(s)**	**Supplier / Order No. / Price**
Sense & Nonsense: Making Decisions about Drugs: Teacher Resource - Grades 4, 5 & 6	1998	AADAC Resource Development and Marketing	Authorized Teaching 4, 5, 6 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Skills for Adolescence: A Positive Youth Development Program for Middle and Junior High Schools (4th. Ed.) *Lions-Quest: Skills for Growing*	2001	Lions-Quest Canada	Authorized Teaching 6, 7, 8, 9 ● GO1 ● GO2 ● GO3	Publisher / Distributor (By Inservice Only)
NEW Smoking *You, Me & the Kids: The Teen Years*		Filmwest Associates Distribution Ltd.	Support 6, 7 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Step by Step to Involving Parents in Health Education	1996	ETR Associates	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 453994 $51.30
Straight Goods for Girls on Drugs and Alcohol	1999	AADAC Resource Development and Marketing	Support 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Student Workshop: Get a Grip! Self-Management Skills	2000	Sunburst Technology	Support 5, 6 ○ GO1 ○ GO2 ● GO3	Vendor Direct
Student Workshop: Stress: I Can Handle It! Grades 3–5		Sunburst Communications Inc.	Support 4, 5, 6 ○ GO1 ● GO2 ○ GO3	LRC 466632 $151.90
Teach & Talk: The Subject Is Sex *HealthSmart Connection Series*	2001	ETR Associates	Authorized Teaching 4, 5, 6 ● GO1 ● GO2 ○ GO3	LRC 454059 $41.00
Note: This resource supports human sexuality outcomes.				
NEW Teaching for the Prevention of Fetal Alcohol Spectrum Disorder (FASD): Grades 1–12: A Resource for Teachers of Health and Life Skills, and Career and Life Management	2002	Learning Resources Centre (LRC)	Authorized Teaching 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 467747 $11.70
Teaming Up for Tobacco-Free Kids: Teacher's Resource Kit *Un Bear Able*	2000	AADAC Resource Development and Marketing	Authorized Teaching 4, 5, 6 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Teen Tobacco Reduction Project (Grande Prairie, Peace River, Slave Lake, Athabasca) (Video; Project Report)		Alberta Tobacco Reduction Alliance (ATRA)	Support 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Think, Choose, Act Healthy: Student Activities: Comprehensive Health for the Middle Grades	1996	ETR Associates	Authorized Teaching 5, 6, 7, 8 ● GO1 ● GO2 ○ GO3	LRC 454025 $71.95
Note: This resource supports human sexuality outcomes.				
NEW Toward a Safe and Caring Curriculum: ATA Resources for Integration: Grade 6	2001	Alberta Teachers' Association	Authorized Teaching 6 ● GO1 ● GO2 ● GO3	LRC 445438 $49.00

GRADE 6 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
The Virtues Project™: Simple Ways to Create a Culture of Character: Educator's Guide	1998	Monarch Books of Canada	Authorized Teaching 4, 5, 6, 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 438798 $44.15
We're Growing Up!	1996	Magic Lantern Communications Ltd.	Support 4, 5, 6 ● GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
***Note:* This resource supports human sexuality outcomes.**				
Whatsa Hygiene?	1999	KineticVideoCom / MarshMedia / Omega Films Limited	Support 5, 6 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
When It's Hard to Be a Friend: Grades 3–5 (Video and Teacher's Guide)	1999	Sunburst Communications Inc.	Support 4, 5, 6 ○ GO1 ● GO2 ○ GO3	LRC 466658 $111.00
Why Kids Smoke *Smokin' Somebody Stop Me!*	1999	Jeflyn Media Consultants	Support 4, 5, 6 ● GO1 ○ GO2 ○ GO3	Vendor Direct

Part I: Resource List by Grade (K to Grade 9)

GRADE 7

Please Note:
This list is current as of January 2003. Additional resources are under review.

Alberta Learning strongly recommends that teachers read all selections in the student materials and all activities in the teacher materials prior to using them with students. Careful consideration should be given to the sensitivities of the student audience, the parent audience, and the community.

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Abstinence: Health Facts *Comprehensive Health for the Middle Grades*	1996	ETR Associates	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 455924 $26.65
Note: This resource supports human sexuality outcomes.				
Abstinence: Pick and Choose Activities for Grades 7-12	1996	ETR Associates	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 455883 $71.95
Note: This resource supports human sexuality outcomes.				
Abstinence: Teacher / Student Resource *Comprehensive Health for the Middle Grades*	1996	ETR Associates	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 455916 $55.50
Note: This resource supports human sexuality outcomes.				
The Active Edge: A Guide to Active Living for Teens: Partner Guide to The Eating Edge		Dairy Nutrition Council of Alberta	Authorized Teaching 7, 8, 9 ● GO1 ○ GO2 ○ GO3	Vendor Direct
The Alberta Framework of Essential Competencies for Working, Learning and Living: Action Planner	(2001)	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC Pending
The Alberta Framework of Essential Competencies for Working, Learning and Living: Framework	(2001)	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 461799 $10.00
Appropriate Actions	1998	National Film Board	Authorized Teaching 7 ● GO1 ○ GO2 ○ GO3	LRC 468688 $46.70
Taking Appropriate Actions Video Package (includes: Appropriate Actions; Unsuitable Actions)				87.65 468703
Note: This resource supports human sexuality outcomes.				
The Art of Leadership: How to Be a Positive Influence in Your Home, School, and Community *Everything You Need to Know About...*	2000	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442434 $26.05
Assertiveness: "How Can I Say What I Mean?" *Perspectives on Relationships*	2000	Knowbuddy Resources	Support 7, 8 ○ GO1 ● GO2 ○ GO3	LRC 438300 $26.90
BeCool: Middle School - Part 1: Module 2: Coping with Teasing *BeCool: Middle School - Part 1: Coping with Difficult People*	1997	James Stanfield Publishing Company	Authorized Teaching 7, 8 ○ GO1 ● GO2 ○ GO3	LRC 444042 $296.40

GRADE 7 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
BeCool: Middle School - Part 1: Module 3: Coping with Bullying *BeCool: Middle School - Part 1: Coping with Difficult People*	1997	James Stanfield Publishing Company	Authorized Teaching 7, 8 ○ GO1 ● GO2 ○ GO3	LRC 444050 $296.40
BeCool: Middle School - Part 1: Module 4: Coping with Anger / Other *BeCool: Middle School - Part 1: Coping with Difficult People*	1997	James Stanfield Publishing Company	Authorized Teaching 7, 8 ○ GO1 ● GO2 ○ GO3	LRC 444068 $296.40
BeCool: Middle School - Part 1: Module 5: Coping with Anger / Self *BeCool: Middle School - Part 1: Coping with Difficult People*	1997	James Stanfield Publishing Company	Authorized Teaching 7, 8 ○ GO1 ● GO2 ○ GO3	LRC 444216 $296.40
BeCool: Middle School - Part 2: Module 1: Settling Differences with Peers *BeCool: Middle School - Part 2: Reconciling Differences*		James Stanfield Publishing Company	Authorized Teaching 7, 8 ○ GO1 ● GO2 ○ GO3	LRC 444224 $358.50
BeCool: Middle School - Part 2: Module 2: Resolving Conflicts with Peers *BeCool: Middle School - Part 2: Reconciling Differences*		James Stanfield Publishing Company	Authorized Teaching 7, 8 ○ GO1 ● GO2 ○ GO3	LRC 444232 $358.50
BeCool: Middle School - Part 2: Module 3: Settling Differences with Authority *BeCool: Middle School - Part 2: Reconciling Differences*		James Stanfield Publishing Company	Authorized Teaching 7, 8 ○ GO1 ● GO2 ○ GO3	LRC 444240 $358.50
BeCool: Middle School - Part 2: Module 4: Resolving Conflicts with Authority *BeCool: Middle School - Part 2: Reconciling Differences*		James Stanfield Publishing Company	Authorized Teaching 7, 8 ○ GO1 ● GO2 ○ GO3	LRC 444258 $358.50
NEW Body Image *You, Me & the Kids: The Teen Years*		Filmwest Associates Distribution Ltd.	Support 7, 8, 9 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Body Image Resource Collection (Kit) (Grades 7 - 9) *Body Image Resource Collection*	2001	Alberta Mental Health Board - Body Images Project	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	Available through the 17 Regional Health and Mental Health centres in Alberta.
Cliques and Shunning *You, Me & the Kids: The Teen Years*		Filmwest Associates Distribution Ltd.	Support 7, 8 ● GO1 ● GO2 ● GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres

GRADE 7 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Coping with Stress	1999	Omega Films Limited	Support 7, 8, 9 ● GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
***Note:* This resource supports human sexuality outcomes.**				
Creating Healthy School Communities through Comprehensive School Health: An Implementation Guide for Education/Health Systems and School Communities	2000	Alberta Heart Health Project	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 472572 $41.70
Creating Tobacco Free Schools: A Resource Guide	1998	Alberta Tobacco Reduction Alliance (ATRA)	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 445074 $23.40
Creating Your Own Support System *Everything You Need to Know About...*	1996	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442426 $26.05
***Note:* This resource supports human sexuality outcomes.**				
The Dangers of Tattooing and Body Piercing *Everything You Need to Know About...*	1998	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442450 $26.05
***Note:* This resource supports human sexuality outcomes.**				
Dating Violence and Acquaintance Rape (Pamphlet)	1997	Capital Health Community Health Promotion and Preventive Services	Support 7, 8, 9 ● GO1 ○ GO2 ○ GO3	Vendor Direct
***Note:* This resource supports human sexuality outcomes.**				
Discover Health (Student Text)	1999	Psycan Corporation	Support 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 441220 $71.35
***Note:* This resource supports human sexuality outcomes.**				
Discover Health: Teacher's Edition	1999	Psycan Corporation	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 441171 $116.90
***Note:* This resource supports human sexuality outcomes.**				
Discover Health: Teacher's Resource Library (CD-ROM) (Macintosh / Windows Version)	1999	Psycan Corporation	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 441189 $541.35
***Note:* This resource supports human sexuality outcomes.**				
Drug Abuse *Everything You Need to Know About...*	1999	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442492 $26.05
***Note:* This resource supports human sexuality outcomes.**				

	Series / Title	**Copyright Date**	**Distributor**	**Status / Grade(s) / General Outcome(s)**	**Supplier / Order No. / Price**
NEW	Drugs: Coming to a Neighbourhood Near You *You, Me & the Kids: The Teen Years*		Filmwest Associates Distribution Ltd.	Support 7 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
	The Eating Edge: A Guide to Healthy Eating for Teens: Partner's Guide Grades 9-10	1995	Dairy Nutrition Council of Alberta	Authorized Teaching 7, 8, 9 ● GO1 ○ GO2 ○ GO3	Vendor Direct
	Effective Communication at School and at Work *Everything You Need to Know About...*	2000	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442400 $26.05
	Note: This resource supports human sexuality outcomes.				
	Every Body Is a Somebody: Facilitator's Guide	1997	Calgary Regional Health Authority (CRHA) - Body Images Project	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 454257 $37.45
	Note: This resource supports human sexuality outcomes.				
	50 Activities for Teaching Emotional Intelligence: Level II: Middle School *50 Activities for Teaching Emotional Intelligence*	1996	Monarch Books of Canada	Authorized Teaching 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 441163 $33.65
	F.I.T.: Fostering Independent Thinking: A Substance Abuse Prevention Resource for Teachers Grades 4-8	2000	Alcohol and Drug Concerns Inc.	Authorized Teaching 5, 6, 7, 8 ● GO1 ● GO2 ● GO3	LRC 453986 $15.80
	Gender Blues *You, Me & the Kids: The Teen Years*	1999	Filmwest Associates Distribution Ltd.	Support 7 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
	Note: This resource supports human sexuality outcomes.				
NEW	Giving Back *You, Me & the Kids: The Teen Years*		Filmwest Associates Distribution Ltd.	Support 7, 8 ○ GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
NEW	Gossiping, Taunting, Bullying: It's All Harassment (Video and Teacher's Guide) *Real People*	2001	KineticVideoCom	Authorized Teaching 7, 8 ○ GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
	Grieving *Everything You Need to Know About...*	1997	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442484 $26.05
	Note: This resource supports human sexuality outcomes.				

GRADE 7 (Continued)

	Series / Title	**Copyright Date**	**Distributor**	**Status / Grade(s) / General Outcome(s)**	**Supplier / Order No. / Price**
	Having an Addictive Personality *Everything You Need to Know About...*	1998	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442418 $26.05
	***Note:* This resource supports human sexuality outcomes.**				
NEW	Health Issues 7 (Student Book)	2002	McGraw-Hill Ryerson Ltd.	Basic 7 ● GO1 ● GO2 ● GO3	LRC 505521 $18.55
NEW	Health Issues 7: Teacher's Resource (includes Blackline Masters on CD-ROM)	2003	McGraw-Hill Ryerson Ltd.	Authorized Teaching 7 ● GO1 ● GO2 ● GO3	LRC 505539 $78.95
	Healthy Lifestyle Choices for Cancer Prevention: Resource for Teachers	2000	Alberta Cancer Board, Division of Epidemiology, Prevention and Screening	Authorized Teaching 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 444521 $7.00
	Helping Kids Manage Grief, Fear and Anger	2000	Monarch Books of Canada	Authorized Teaching 4, 7, 8, 9 ○ GO1 ● GO2 ○ GO3	LRC 440305 $29.45
	Improving Classroom Behaviour: Savvy Solutions for Inattentive, Withdrawn and Aggressive Children (Macintosh / Windows Version)	1998	Savvy Knowledge Systems	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 399148 $31.55
	Improving the Odds (Educator's Resource)	1996	Alberta Tobacco Reduction Alliance (ATRA)	Support 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	Out-of-Print
	Improving the Odds: Interactive Tobacco Prevention Module	1996	Alberta Tobacco Reduction Alliance (ATRA)	Support 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	Out-of-Print
	Improving the Odds: Facilitator's Guide	1996	Alberta Tobacco Reduction Alliance (ATRA)	Authorized Teaching 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	Out-of-Print
NEW	Kids and Alcohol *You, Me & the Kids: The Teen Years*		Filmwest Associates Distribution Ltd.	Support 7 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
	Kids with Diabetes in Your Care: A Practical Guide	1998	Canadian Diabetes Association - Alberta and NWT Division	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	Vendor Direct (Available Free of Charge)
	Life Begins: A Journey Into Life: The World of the Unborn (Windows / Macintosh Version 1.0)	1998	Quality Multimedia	Support 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 465238 $143.80
	***Note:* This resource supports human sexuality outcomes.**				

GRADE 7 (Continued)

Series / Title	**Copyright Date**	**Distributor**	**Status / Grade(s) / General Outcome(s)**	**Supplier / Order No. / Price**
Liking the Me I See in the Mirror: An Educational Resource Manual for Teachers on Body Image and Self-esteem	2001	Alberta Mental Health Board, Eating Disorder Promotion and Prevention Specialist	Authorized Teaching 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 458142 $40.95
Liking the Me I See in the Mirror: A Family Workbook for Parents and Their Children on Building Body Friendly Homes	2001	Alberta Mental Health Board, Eating Disorder Promotion and Prevention Specialist	Authorized Teaching 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 458150 $10.00
Lions-Quest: Exploring the Issues: Promoting Peace and Preventing Violence *Lions-Quest: Skills for Action: Service • Character • Citizenship • Responsibility* ***Note: This resource supports human sexuality outcomes.***	1995	Lions-Quest Canada	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Lions-Quest: Exploring the Issues: Teens: Alcohol and Other Drugs *Lions-Quest: Skills for Action: Service • Character • Citizenship • Responsibility*	1995	Lions-Quest Canada	Authorized Teaching 7, 8, 9 ● GO1 ○ GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Lions-Quest: Skills for Action 7 (Kit)	1995	Lions-Quest Canada	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ● GO3	Vendor Direct
Lions-Quest: Skills Bank: Service • Character • Citizenship • Responsibility	1999	Lions-Quest Canada	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ● GO3	Vendor Direct
Lions-Quest: Skills Bank: Service • Character • Citizenship • Responsibility: Curriculum Manual	2000	Lions-Quest Canada	Authorized Teaching 7, 8, 9 ○ GO1 ● GO2 ● GO3	Publisher / Distributor (By Inservice Only)
Lions-Quest: Working Toward Peace: Managing Anger, Resolving Conflict, and Preventing Violence (2nd Ed.): Curriculum Manual *Lions-Quest: Working Toward Peace*	1995	Lions-Quest Canada	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Lions-Quest: Working Toward Peace: Managing Anger, Resolving Conflict, and Preventing Violence (2nd Ed.): Poster Set *Lions-Quest: Working Toward Peace*		Lions-Quest Canada	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Lions-Quest: Working Toward Peace: Managing Anger, Resolving Conflict, and Preventing Violence (2nd Ed.): Student Book *Lions-Quest: Working Toward Peace*	1995	Lions-Quest Canada	Support 7, 8, 9 ● GO1 ● GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Lions-Quest: Working Toward Peace: Managing Anger, Resolving Conflict, and Preventing Violence (2nd Ed.) (Brochure) *Lions-Quest: Working Toward Peace*	1995	Lions-Quest Canada	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Lions-Quest: Working Toward a Safe School: Canadian Administrator's Guide *Lions-Quest: Working Toward Peace*	1996	Lions-Quest Canada	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	Vendor Direct (Available Fre of Charge)

GRADE 7 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Make School Work for You: Student Resource for Grades 7 - 12	2001	Learning Resources Centre (LRC)	Support 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 461426 $5.15
Make School Work for You: Teacher Implementation Guide	2001	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 461434 $3.90
Making Healthy Decisions: Alcohol, Tobacco, and Other Drugs: Unit 1 (Student Book) *Making Healthy Decisions*	2000	Kendall/Hunt Publishing Co.	Support 7 ● GO1 ● GO2 ○ GO3	LRC 444315 $19.90
Making Healthy Decisions: Alcohol, Tobacco, and Other Drugs: Unit 1: Teacher's Guide *Making Healthy Decisions*	2000	Kendall/Hunt Publishing Co.	Authorized Teaching 7 ● GO1 ● GO2 ○ GO3	LRC 444323 $49.75
Making Healthy Decisions: Family Life 1 (Student Book) *Making Healthy Decisions*	2000	Kendall/Hunt Publishing Co.	Support 5, 6, 7, 8 ● GO1 ● GO2 ● GO3	LRC 453960 $19.90
Note: This resource supports human sexuality outcomes.				
Making Healthy Decisions: Family Life 1: Teacher's Guide *Making Healthy Decisions*	2000	Kendall/Hunt Publishing Co.	Authorized Teaching 5, 6, 7, 8 ● GO1 ● GO2 ● GO3	LRC 453978 $49.75
Note: This resource supports human sexuality outcomes.				
Making Healthy Decisions: Nutrition: Unit 1 (Student Book) *Making Healthy Decisions*	1997	Kendall/Hunt Publishing Co.	Support 4, 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	LRC 444290 $18.70
Making Healthy Decisions: Nutrition: Unit 1: Teacher's Guide *Making Healthy Decisions*	1997	Kendall/Hunt Publishing Co.	Authorized Teaching 4, 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	LRC 444307 $40.95
Making Healthy Decisions: Nutrition: Unit 2 (Student Book) *Making Healthy Decisions*	1997	Kendall/Hunt Publishing Co.	Support 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 444331 $19.90
Making Healthy Decisions: Nutrition: Unit 2: Teacher's Guide *Making Healthy Decisions*	1997	Kendall/Hunt Publishing Co.	Authorized Teaching 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 444349 $49.75
Managing Conflict: Strategies, Activities and Role Plays for Kids	1995	Monarch Books of Canada	Authorized Teaching 3, 4, 5, 6, 7, 8 ○ GO1 ● GO2 ○ GO3	LRC 438780 $34.70
A Mind of Your Own	1999	National Film Board	Support 7 ○ GO1 ● GO2 ● GO3	LRC 453770 $58.40
Nutrition File™ for Teens: Building Better Bones through Good Nutrition	2000	Dairy Nutrition Council of Alberta	Authorized Teaching 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 441238 $21.05

GRADE 7 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
NEW Puberty for Boys: Amazing Changes Inside & Out: Teacher's Guide		Marlin Motion Pictures Ltd.	Authorized Teaching 7, 8 ● GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
NEW Puberty for Boys: Amazing Changes Inside & Out (Video)		Marlin Motion Pictures Ltd.	Support 7, 8 ● GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
The Real Game (Junior High / Middle School Edition) (Revised): Facilitator's Kit *Real Game Series*	1999	National Life/Work Centre, Memramcook Institute	Authorized Teaching 7, 8 ○ GO1 ● GO2 ● GO3	LRC 400169 $216.25
Safety Sense: How to Live Safely and Prevent Death and Injury ... on the Road; at Home; at Play; at Work	1996	Canadian Association for Health, Physical Education, Recreation and Dance (CAHPERD)	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 465402 $17.55
Sense & Nonsense: Healthy Choices about Alcohol, Drugs and Gambling: Grade 5	1997	AADAC Resource Development and Marketing	Authorized Teaching 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Sense & Nonsense: Healthy Choices about Alcohol, Drugs and Gambling: Grade 6	1997	AADAC Resource Development and Marketing	Authorized Teaching 7, 8 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Sex Can Wait: An Abstinence-Based Sexuality Curriculum for Middle School	1994	ETR Associates	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 455891 $123.25
Note: This resource supports human sexuality outcomes.				
NEW Sexual Harassment *You, Me & the Kids: The Teen Years*		Filmwest Associates Distribution Ltd.	Support 7, 8 ● GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Note: This resource supports human sexuality outcomes.				
Sexual Harassment in School: Your Rights and Responsibilities (Student Book)	1997	Alberta Civil Liberties Research Centre	Support 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 455156 $10.00
Note: This resource supports human sexuality outcomes.				
Sexual Harassment in School: Your Rights and Responsibilities: Teacher's Manual	1997	Alberta Civil Liberties Research Centre	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 455164 $17.55
Note: This resource supports human sexuality outcomes.				

GRADE 7 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Skills for Adolescence: A Positive Youth Development Program for Middle and Junior High Schools (4th. Ed.) *Lions-Quest: Skills for Growing*	2001	Lions-Quest Canada	Authorized Teaching 6, 7, 8, 9 ● GO1 ● GO2 ● GO3	Publisher / Distributor (By Inservice Only)
Smart Options: You're Smarter Than You Think You Are! Facilitator's Guide; Poster	2000	National Life/Work Centre, Memramcook Institute	Authorized Teaching 7, 8, 9 ○ GO1 ○ GO2 ● GO3	LRC
Smart Options: You're Smarter Than You Think You Are! Facilitator's Guide				11.00 464777
Smart Options: You're Smarter Than You Think You Are! (Poster)				4.00 464769
Smart Options: You're Smarter Than You Think You Are! Student's Resource Book	2000	National Life/Work Centre, Memramcook Institute	Support 7, 8, 9 ○ GO1 ○ GO2 ● GO3	LRC 464751 $4.00
NEW Smoking *You, Me & the Kids: The Teen Years*		Filmwest Associates Distribution Ltd.	Support 6, 7 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Sports Injuries *Everything You Need to Know About...*	1995	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	Out-of-Print
Note: This resource supports human sexuality outcomes.				
Step by Step to Involving Parents in Health Education	1996	ETR Associates	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 453994 $51.30
STOP: Stomp Tobacco Out Please! A Tobacco Cessation Program for Young Teens (Grades 7-9): Facilitator's Manual	1997	Alberta Tobacco Reduction Alliance (ATRA)	Authorized Teaching 7, 8 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Straight Goods on Drugs and Alcohol	1994	AADAC Resource Development and Marketing	Support 7, 8, 9 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Straight Goods for Girls on Drugs and Alcohol	1999	AADAC Resource Development and Marketing	Support 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Stress *Everything You Need to Know About...*	1998	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442468 $26.05
Note: This resource supports human sexuality outcomes.				
Student Learning: Career Planner Information Booklet (Middle / Junior High School / Senior High School) *Career Plan-It*	2000	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 ○ GO1 ○ GO2 ● GO3	LRC 437576 $3.10

GRADE 7 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Student Learning: Career Planner (Middle/Junior High School) *Career Plan-It*	2000	Learning Resources Centre (LRC)	Support 7, 8, 9 ○ GO1 ○ GO2 ● GO3	LRC 440503 $440503.00
Student Learning: Career Planner (Middle/Junior High School) - Package of 25				12.90 440503
NEW Teaching for the Prevention of Fetal Alcohol Spectrum Disorder (FASD): Grades 1–12: A Resource for Teachers of Health and Life Skills, and Career and Life Management	2002	Learning Resources Centre (LRC)	Authorized Teaching 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 467747 $11.70
Teen Health: Course 3 (Student Text)	1999	McGraw-Hill Ryerson Ltd.	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 444357 $68.40
***Note:* This resource supports human sexuality outcomes.**				
Teen Health: Course 3: Teacher's Wraparound Edition	1999	McGraw-Hill Ryerson Ltd.	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 444365 $95.60
***Note:* This resource supports human sexuality outcomes.**				
Teen Suicide *Everything You Need to Know About...*	1999	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442442 $26.05
***Note:* This resource supports human sexuality outcomes.**				
Teen Tobacco Reduction Project (Grande Prairie, Peace River, Slave Lake, Athabasca) (Video; Project Report)		Alberta Tobacco Reduction Alliance (ATRA)	Support 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Think, Choose, Act Healthy: Student Activities: Comprehensive Health for the Middle Grades	1996	ETR Associates	Authorized Teaching 5, 6, 7, 8 ● GO1 ● GO2 ○ GO3	LRC 454025 $71.95
***Note:* This resource supports human sexuality outcomes.**				
Think, Choose, Act Healthy: Student Activities for High School	1997	ETR Associates	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 455908 $71.95
***Note:* This resource supports human sexuality outcomes.**				
Tobacco: Something to Chew On	1999	Omega Films Limited	Support 7 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Tobacco X-Files *Gateway Drugs*	1999	Omega Films Limited	Support 7 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres

GRADE 7 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Today's Teen (6th Ed.) (Student Text)	2000	McGraw-Hill Ryerson Ltd.	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 453720 $65.35
***Note:* This resource supports human sexuality outcomes.**				
Today's Teen (6th Ed.): Teacher's Wraparound Edition	2000	McGraw-Hill Ryerson Ltd.	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 453738 $85.40
***Note:* This resource supports human sexuality outcomes.**				
Unsuitable Actions	1997	National Film Board	Support 7 ● GO1 ● GO2 ○ GO3	LRC 468696 $58.40
Taking Appropriate Actions Video Package (includes: Appropriate Actions; Unsuitable Actions)				87.65 468703
The Virtues Project™: Simple Ways to Create a Culture of Character: Educator's Guide	1998	Monarch Books of Canada	Authorized Teaching 4, 5, 6, 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 438798 $44.15
What's the Message? (Video)	1999	Marlin Motion Pictures Ltd.	Support 7 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Your Life: Your Choice! (Web Site) «http://www.2Learn.ca/currlinks/Health/E/mainMenu/Index.html»		Roberts & Associates	Support 7, 8, 9 ● GO1 ● GO2 ○ GO3	Internet
NEW Youth and Crime *You, Me & the Kids: The Teen Years*		Filmwest Associates Distribution Ltd.	Support 7 ○ GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres

Part I: Resource List by Grade (K to Grade 9)

GRADE 8

Please Note:
This list is current as of January 2003. Additional resources are under review.

Alberta Learning strongly recommends that teachers read all selections in the student materials and all activities in the teacher materials prior to using them with students. Careful consideration should be given to the sensitivities of the student audience, the parent audience, and the community.

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Abstinence: Health Facts *Comprehensive Health for the Middle Grades*	1996	ETR Associates	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 455924 $26.65
Note: This resource supports human sexuality outcomes.				
Abstinence: Pick and Choose Activities for Grades 7-12	1996	ETR Associates	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 455883 $71.95
Note: This resource supports human sexuality outcomes.				
Abstinence: Teacher / Student Resource *Comprehensive Health for the Middle Grades*	1996	ETR Associates	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 455916 $55.50
Note: This resource supports human sexuality outcomes.				
NEW Accidents Happen *You, Me & the Kids: The Teen Years*		Filmwest Associates Distribution Ltd.	Support 8, 9 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
The Active Edge: A Guide to Active Living for Teens: Partner Guide to The Eating Edge		Dairy Nutrition Council of Alberta	Authorized Teaching 7, 8, 9 ● GO1 ○ GO2 ○ GO3	Vendor Direct
The Alberta Framework of Essential Competencies for Working, Learning and Living: Action Planner	(2001)	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC Pending
The Alberta Framework of Essential Competencies for Working, Learning and Living: Framework	(2001)	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 461799 $10.00
The Art of Leadership: How to Be a Positive Influence in Your Home, School, and Community *Everything You Need to Know About...*	2000	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442434 $26.05
Assertiveness: "How Can I Say What I Mean?" *Perspectives on Relationships*	2000	Knowbuddy Resources	Support 7, 8 ○ GO1 ● GO2 ○ GO3	LRC 438300 $26.90
BeCool: Middle School - Part 1: Module 2: Coping with Teasing *BeCool: Middle School - Part 1: Coping with Difficult People*	1997	James Stanfield Publishing Company	Authorized Teaching 7, 8 ○ GO1 ● GO2 ○ GO3	LRC 444042 $296.40

GRADE 8 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
BeCool: Middle School - Part 1: Module 3: Coping with Bullying *BeCool: Middle School - Part 1: Coping with Difficult People*	1997	James Stanfield Publishing Company	Authorized Teaching 7, 8 ○ GO1 ● GO2 ○ GO3	LRC 444050 $296.40
BeCool: Middle School - Part 1: Module 4: Coping with Anger / Other *BeCool: Middle School - Part 1: Coping with Difficult People*	1997	James Stanfield Publishing Company	Authorized Teaching 7, 8 ○ GO1 ● GO2 ○ GO3	LRC 444068 $296.40
BeCool: Middle School - Part 1: Module 5: Coping with Anger / Self *BeCool: Middle School - Part 1: Coping with Difficult People*	1997	James Stanfield Publishing Company	Authorized Teaching 7, 8 ○ GO1 ● GO2 ○ GO3	LRC 444216 $296.40
BeCool: Middle School - Part 2: Module 1: Settling Differences with Peers *BeCool: Middle School - Part 2: Reconciling Differences*		James Stanfield Publishing Company	Authorized Teaching 7, 8 ○ GO1 ● GO2 ○ GO3	LRC 444224 $358.50
BeCool: Middle School - Part 2: Module 2: Resolving Conflicts with Peers *BeCool: Middle School - Part 2: Reconciling Differences*		James Stanfield Publishing Company	Authorized Teaching 7, 8 ○ GO1 ● GO2 ○ GO3	LRC 444232 $358.50
BeCool: Middle School - Part 2: Module 3: Settling Differences with Authority *BeCool: Middle School - Part 2: Reconciling Differences*		James Stanfield Publishing Company	Authorized Teaching 7, 8 ○ GO1 ● GO2 ○ GO3	LRC 444240 $358.50
BeCool: Middle School - Part 2: Module 4: Resolving Conflicts with Authority *BeCool: Middle School - Part 2: Reconciling Differences*		James Stanfield Publishing Company	Authorized Teaching 7, 8 ○ GO1 ● GO2 ○ GO3	LRC 444258 $358.50
Birth Control Methods: Facts and Figures	1998	Capital Health Community Health Promotion and Preventive Services	Authorized Teaching 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 455198 $23.40
Note: This resource supports human sexuality outcomes.				
NEW Body Image *You, Me & the Kids: The Teen Years*		Filmwest Associates Distribution Ltd.	Support 7, 8, 9 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Body Image Resource Collection (Kit) (Grades 7 - 9) *Body Image Resource Collection*	2001	Alberta Mental Health Board - Body Images Project	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	Available through the 17 Regional Health and Mental Health centres in Alberta.

GRADE 8 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Cliques and Shunning *You, Me & the Kids: The Teen Years*		Filmwest Associates Distribution Ltd.	Support 7, 8 ● GO1 ● GO2 ● GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Coping with Stress	1999	Omega Films Limited	Support 7, 8, 9 ● GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
***Note:* This resource supports human sexuality outcomes.**				
Creating Healthy School Communities through Comprehensive School Health: An Implementation Guide for Education/Health Systems and School Communities	2000	Alberta Heart Health Project	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 472572 $41.70
Creating Tobacco Free Schools: A Resource Guide	1998	Alberta Tobacco Reduction Alliance (ATRA)	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 445074 $23.40
Creating Your Own Support System *Everything You Need to Know About...*	1996	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442426 $26.05
***Note:* This resource supports human sexuality outcomes.**				
The Dangers of Tattooing and Body Piercing *Everything You Need to Know About...*	1998	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442450 $26.05
***Note:* This resource supports human sexuality outcomes.**				
Dating Violence and Acquaintance Rape (Pamphlet)	1997	Capital Health Community Health Promotion and Preventive Services	Support 7, 8, 9 ● GO1 ○ GO2 ○ GO3	Vendor Direct
***Note:* This resource supports human sexuality outcomes.**				
Depression *Perspectives on Mental Health*	2000	Knowbuddy Resources	Authorized Teaching 8, 9 ● GO1 ● GO2 ○ GO3	LRC 438293 $24.60
***Note:* This resource supports human sexuality outcomes.**				
Destination 2020: Build Your Work Skills (Youth Edition)	(2000)	Canada Career Consortium	Support 8, 9 ○ GO1 ○ GO2 ● GO3	Vendor Direct
NEW Destination 2020: Occupation Profiles (includes People Occupation Profiles; Information Occupation Profiles; Things Occupation Profiles)		National Life/Work Centre, Memramcook Institute	Support 8, 9 ○ GO1 ○ GO2 ● GO3	LRC
Destination 2020: Occupation Profiles and Teacher's Guide				175.35 473588

GRADE 8 (Continued)

	Series / Title	**Copyright Date**	**Distributor**	**Status / Grade(s) / General Outcome(s)**	**Supplier / Order No. / Price**
NEW	Destination 2020: Teacher's Guide		National Life/Work Centre, Memramcook Institute	Authorized Teaching 8, 9 ○ GO1 ○ GO2 ● GO3	LRC
	Destination 2020: Occupation Profiles and Teacher's Guide				175.35 473588
	Discover Health (Student Text)	1999	Psycan Corporation	Support 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 441220 $71.35
	Note: This resource supports human sexuality outcomes.				
	Discover Health: Teacher's Edition	1999	Psycan Corporation	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 441171 $116.90
	Note: This resource supports human sexuality outcomes.				
	Discover Health: Teacher's Resource Library (CD-ROM) (Macintosh / Windows Version)	1999	Psycan Corporation	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 441189 $341.35
	Note: This resource supports human sexuality outcomes.				
	Drug Abuse *Everything You Need to Know About...*	1999	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442492 $26.05
	Note: This resource supports human sexuality outcomes.				
	The Eating Edge: A Guide to Healthy Eating for Teens: Partner's Guide Grades 9-10	1995	Dairy Nutrition Council of Alberta	Authorized Teaching 7, 8, 9 ● GO1 ○ GO2 ○ GO3	Vendor Direct
	Effective Communication at School and at Work *Everything You Need to Know About...*	2000	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442400 $26.05
	Note: This resource supports human sexuality outcomes.				
	Every Body Is a Somebody: Facilitator's Guide	1997	Calgary Regional Health Authority (CRHA) - Body Images Project	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 454257 $37.45
	Note: This resource supports human sexuality outcomes.				
	Exploring Your Horizons: Career and Personal Planning (Student Book)	1998	McGraw-Hill Ryerson Ltd.	Support 8, 9 ● GO1 ● GO2 ● GO3	LRC 440917 $26.25
	Exploring Your Horizons: Career and Personal Planning: Teacher's Resource	1998	McGraw-Hill Ryerson Ltd.	Authorized Teaching 8, 9 ● GO1 ● GO2 ● GO3	LRC 440925 $63.10
NEW	Faces of Reality: Youth and Substance Use: The Making of a Commercial	2000	AADAC Resource Development and Marketing	Support 8, 9 ● GO1 ● GO2 ○ GO3	Vendor Direct (Available Free of Charge)
	50 Activities for Teaching Emotional Intelligence: Level II: Middle School *50 Activities for Teaching Emotional Intelligence*	1996	Monarch Books of Canada	Authorized Teaching 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 441163 $33.65

GRADE 8 (Continued)

	Series / Title	**Copyright Date**	**Distributor**	**Status / Grade(s) / General Outcome(s)**	**Supplier / Order No. / Price**
	F.I.T.: Fostering Independent Thinking: A Substance Abuse Prevention Resource for Teachers Grades 4-8	2000	Alcohol and Drug Concerns Inc.	Authorized Teaching 5, 6, 7, 8 ● GO1 ● GO2 ● GO3	LRC 453986 $15.80
NEW	Giving Back *You, Me & the Kids: The Teen Years*		Filmwest Associates Distribution Ltd.	Support 7, 8 ○ GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
NEW	Gossiping, Taunting, Bullying: It's All Harassment (Video and Teacher's Guide) *Real People*	2001	KineticVideoCom	Authorized Teaching 7, 8 ○ GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
	Grieving *Everything You Need to Know About...*	1997	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442484 $26.05
	Note: This resource supports human sexuality outcomes.				
	Having an Addictive Personality *Everything You Need to Know About...*	1998	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442418 $26.05
	Note: This resource supports human sexuality outcomes.				
NEW	Health Issues 8 (Student Book)	2002	McGraw-Hill Ryerson Ltd.	Basic 8 ● GO1 ● GO2 ● GO3	LRC 505555 $18.55
NEW	Health Issues 8: Teacher's Resource (includes Blackline Masters on CD-ROM)	2003	McGraw-Hill Ryerson Ltd.	Authorized Teaching 8 ● GO1 ● GO2 ● GO3	LRC 505563 $78.95
	Healthy Lifestyle Choices for Cancer Prevention: Resource for Teachers	2000	Alberta Cancer Board, Division of Epidemiology, Prevention and Screening	Authorized Teaching 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 444521 $7.00
	Helping Kids Manage Grief, Fear and Anger	2000	Monarch Books of Canada	Authorized Teaching 4, 7, 8, 9 ○ GO1 ● GO2 ○ GO3	LRC 440305 $29.45
	Improving Classroom Behaviour: Savvy Solutions for Inattentive, Withdrawn and Aggressive Children (Macintosh / Windows Version)	1998	Savvy Knowledge Systems	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 399148 $31.55
	Improving the Odds (Educator's Resource)	1996	Alberta Tobacco Reduction Alliance (ATRA)	Support 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	Out-of-Print
	Improving the Odds: Interactive Tobacco Prevention Module	1996	Alberta Tobacco Reduction Alliance (ATRA)	Support 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	Out-of-Print

GRADE 8 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Improving the Odds: Facilitator's Guide	1996	Alberta Tobacco Reduction Alliance (ATRA)	Authorized Teaching 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	Out-of-Print
Kids with Diabetes in Your Care: A Practical Guide	1998	Canadian Diabetes Association - Alberta and NWT Division	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	Vendor Direct (Available Free of Charge)
Let's Rap about AIDS ***Note:* This resource supports human sexuality outcomes.**	1998	R & B Game and Toy Developers Inc.	Support 8, 9 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Life Begins: A Journey Into Life: The World of the Unborn (Windows / Macintosh Version 1.0) ***Note:* This resource supports human sexuality outcomes.**	1998	Quality Multimedia	Support 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 465238 $143.80
Liking the Me I See in the Mirror: An Educational Resource Manual for Teachers on Body Image and Self-esteem	2001	Alberta Mental Health Board, Eating Disorder Promotion and Prevention Specialist	Authorized Teaching 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 458142 $40.95
Liking the Me I See in the Mirror: A Family Workbook for Parents and Their Children on Building Body Friendly Homes	2001	Alberta Mental Health Board, Eating Disorder Promotion and Prevention Specialist	Authorized Teaching 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 458150 $10.00
Lions-Quest: Exploring the Issues: Promoting Peace and Preventing Violence *Lions-Quest: Skills for Action: Service • Character • Citizenship • Responsibility* ***Note:* This resource supports human sexuality outcomes.**	1995	Lions-Quest Canada	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Lions-Quest: Exploring the Issues: Teens: Alcohol and Other Drugs *Lions-Quest: Skills for Action: Service • Character • Citizenship • Responsibility*	1995	Lions-Quest Canada	Authorized Teaching 7, 8, 9 ● GO1 ○ GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Lions-Quest: Skills for Action 7 (Kit)	1995	Lions-Quest Canada	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ● GO3	Vendor Direct
Lions-Quest: Skills Bank: Service • Character • Citizenship • Responsibility	1999	Lions-Quest Canada	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ● GO3	Vendor Direct
Lions-Quest: Skills Bank: Service • Character • Citizenship • Responsibility: Curriculum Manual	2000	Lions-Quest Canada	Authorized Teaching 7, 8, 9 ○ GO1 ● GO2 ● GO3	Publisher / Distributor (By Inservice Only)
Lions-Quest: Working Toward Peace: Managing Anger, Resolving Conflict, and Preventing Violence (2nd Ed.): Curriculum Manual *Lions-Quest: Working Toward Peace*	1995	Lions-Quest Canada	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	Publisher / Distributor (B Inservice Onl

GRADE 8 (Continued)

Series / Title	**Copyright Date**	**Distributor**	**Status / Grade(s) / General Outcome(s)**	**Supplier / Order No. / Price**
Lions-Quest: Working Toward Peace: Managing Anger, Resolving Conflict, and Preventing Violence (2nd Ed.): Poster Set *Lions-Quest: Working Toward Peace*		Lions-Quest Canada	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Lions-Quest: Working Toward Peace: Managing Anger, Resolving Conflict, and Preventing Violence (2nd Ed.): Student Book *Lions-Quest: Working Toward Peace*	1995	Lions-Quest Canada	Support 7, 8, 9 ● GO1 ● GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Lions-Quest: Working Toward Peace: Managing Anger, Resolving Conflict, and Preventing Violence (2nd Ed.) (Brochure) *Lions-Quest: Working Toward Peace*	1995	Lions-Quest Canada	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Lions-Quest: Working Toward a Safe School: Canadian Administrator's Guide *Lions-Quest: Working Toward Peace*	1996	Lions-Quest Canada	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	Vendor Direct (Available Free of Charge)
Make School Work for You: Student Resource for Grades 7 - 12	2001	Learning Resources Centre (LRC)	Support 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 461426 $5.15
Make School Work for You: Teacher Implementation Guide	2001	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 461434 $3.90
Making Healthy Decisions: Family Life 1 (Student Book) *Making Healthy Decisions*	2000	Kendall/Hunt Publishing Co.	Support 5, 6, 7, 8 ● GO1 ● GO2 ● GO3	LRC 453960 $19.90
Note: This resource supports human sexuality outcomes.				
Making Healthy Decisions: Family Life 1: Teacher's Guide *Making Healthy Decisions*	2000	Kendall/Hunt Publishing Co.	Authorized Teaching 5, 6, 7, 8 ● GO1 ● GO2 ● GO3	LRC 453978 $49.75
Note: This resource supports human sexuality outcomes.				
Making Healthy Decisions: Nutrition: Unit 1 (Student Book) *Making Healthy Decisions*	1997	Kendall/Hunt Publishing Co.	Support 4, 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	LRC 444290 $18.70
Making Healthy Decisions: Nutrition: Unit 1: Teacher's Guide *Making Healthy Decisions*	1997	Kendall/Hunt Publishing Co.	Authorized Teaching 4, 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	LRC 444307 $40.95
Making Healthy Decisions: Nutrition: Unit 2 (Student Book) *Making Healthy Decisions*	1997	Kendall/Hunt Publishing Co.	Support 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 444331 $19.90
Making Healthy Decisions: Nutrition: Unit 2: Teacher's Guide *Making Healthy Decisions*	1997	Kendall/Hunt Publishing Co.	Authorized Teaching 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 444349 $49.75

GRADE 8 (Continued)

	Series / Title	**Copyright Date**	**Distributor**	**Status / Grade(s) / General Outcome(s)**	**Supplier / Order No. / Price**
	Male and Female: Trust and Honesty	1995	Omega Films Limited	Support 8 ● GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
	Note: This resource supports human sexuality outcomes.				
	Managing Conflict: Strategies, Activities and Role Plays for Kids	1995	Monarch Books of Canada	Authorized Teaching 3, 4, 5, 6, 7, 8 ○ GO1 ● GO2 ○ GO3	LRC 438780 $34.70
NEW	More Than the Blues *You, Me & the Kids: The Teen Years*		Filmwest Associates Distribution Ltd.	Support 8 ○ GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
	Nutrition File™ for Teens: Building Better Bones through Good Nutrition	2000	Dairy Nutrition Council of Alberta	Authorized Teaching 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 441238 $21.05
NEW	Puberty for Boys: Amazing Changes Inside & Out: Teacher's Guide		Marlin Motion Pictures Ltd.	Authorized Teaching 7, 8 ● GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
NEW	Puberty for Boys: Amazing Changes Inside & Out (Video)		Marlin Motion Pictures Ltd.	Support 7, 8 ● GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
	The Real Game (Junior High / Middle School Edition) (Revised): Facilitator's Kit *Real Game Series*	1999	National Life/Work Centre, Memramcook Institute	Authorized Teaching 7, 8 ○ GO1 ● GO2 ● GO3	LRC 400169 $216.25
NEW	Rumours and Gossip *You, Me & the Kids: The Teen Years*		Filmwest Associates Distribution Ltd.	Support 8 ○ GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres

GRADE 8 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Safety Sense: How to Live Safely and Prevent Death and Injury ... on the Road; at Home; at Play; at Work	1996	Canadian Association for Health, Physical Education, Recreation and Dance (CAHPERD)	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 465402 $17.55
Sense & Nonsense: Healthy Choices about Alcohol, Drugs and Gambling: Grade 5	1997	AADAC Resource Development and Marketing	Authorized Teaching 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Sense & Nonsense: Healthy Choices about Alcohol, Drugs and Gambling: Grade 6	1997	AADAC Resource Development and Marketing	Authorized Teaching 7, 8 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Sex Can Wait: An Abstinence-Based Sexuality Curriculum for Middle School	1994	ETR Associates	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 455891 $123.25
Note: This resource supports human sexuality outcomes.				
NEW Sexual Harassment *You, Me & the Kids: The Teen Years*		Filmwest Associates Distribution Ltd.	Support 7, 8 ● GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Note: This resource supports human sexuality outcomes.				
Sexual Harassment in School: Your Rights and Responsibilities (Student Book)	1997	Alberta Civil Liberties Research Centre	Support 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 455156 $10.00
Note: This resource supports human sexuality outcomes.				
Sexual Harassment in School: Your Rights and Responsibilities: Teacher's Manual	1997	Alberta Civil Liberties Research Centre	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 455164 $17.55
Note: This resource supports human sexuality outcomes.				
Skills for Adolescence: A Positive Youth Development Program for Middle and Junior High Schools (4th. Ed.) *Lions-Quest: Skills for Growing*	2001	Lions-Quest Canada	Authorized Teaching 6, 7, 8, 9 ● GO1 ● GO2 ● GO3	Publisher / Distributor (By Inservice Only)
Smart Options: You're Smarter Than You Think You Are! Facilitator's Guide; Poster	2000	National Life/Work Centre, Memramcook Institute	Authorized Teaching 7, 8, 9 ○ GO1 ○ GO2 ● GO3	LRC
Smart Options: You're Smarter Than You Think You Are! Facilitator's Guide				11.00 464777
Smart Options: You're Smarter Than You Think You Are! (Poster)				4.00 464769
Smart Options: You're Smarter Than You Think You Are! Student's Resource Book	2000	National Life/Work Centre, Memramcook Institute	Support 7, 8, 9 ○ GO1 ○ GO2 ● GO3	LRC 464751 $4.00

GRADE 8 (Continued)

Series / Title	**Copyright Date**	**Distributor**	**Status / Grade(s) / General Outcome(s)**	**Supplier / Order No. / Price**
Smoking: Truth or Dare? *Teen Files*	1998	Canadian Learning Company Inc.	Support 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 455875 $151.90
Sports, Drugs and You	1999	Omega Films Limited	Support 8 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Sports Injuries *Everything You Need to Know About...*	1995	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	Out-of-Print
Note: This resource supports human sexuality outcomes.				
STD: Taking Care of Yourself and Others	2000	Alberta Health - Disease Control and Prevention	Support 8 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Note: This resource supports human sexuality outcomes.				
STD: Teaching Outline and Resource Guide	2000	Alberta Health - Disease Control and Prevention	Authorized Teaching 8 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Note: This resource supports human sexuality outcomes.				
Step by Step to Involving Parents in Health Education	1996	ETR Associates	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 453994 $51.30
STOP: Stomp Tobacco Out Please! A Tobacco Cessation Program for Young Teens (Grades 7-9): Facilitator's Manual	1997	Alberta Tobacco Reduction Alliance (ATRA)	Authorized Teaching 7, 8 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Straight Goods on Drugs and Alcohol	1994	AADAC Resource Development and Marketing	Support 7, 8, 9 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Straight Goods for Girls on Drugs and Alcohol	1999	AADAC Resource Development and Marketing	Support 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	Vendor Direct
NEW Street Cents: A Guide to Funding Your Education		Alberta Learning, Learner Assistance	Support 8, 9 ○ GO1 ○ GO2 ● GO3	Vendor Direct (Available Free of Charge)
Stress *Everything You Need to Know About...*	1998	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442468 $26.05
Note: This resource supports human sexuality outcomes.				
Stress Management *Perspectives on Mental Health*	2000	Knowbuddy Resources	Authorized Teaching 8, 9 ● GO1 ● GO2 ○ GO3	LRC 438285 $24.60
Note: This resource supports human sexuality outcomes.				

GRADE 8 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Student Learning: Career Planner Information Booklet (Middle / Junior High School / Senior High School) *Career Plan-It*	2000	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 ○ GO1 ○ GO2 ● GO3	LRC 437576 $3.10
Student Learning: Career Planner (Middle/Junior High School) *Career Plan-It*	2000	Learning Resources Centre (LRC)	Support 7, 8, 9 ○ GO1 ○ GO2 ● GO3	LRC 440503 $440503.00
Student Learning: Career Planner (Middle/Junior High School) - Package of 25				12.90 440503
NEW Student Workshop: Learning Relationship Skills: Grades 5–9	1999	McIntyre Media Limited	Authorized Teaching 8, 9 ○ GO1 ● GO2 ○ GO3	LRC 476285 $198.70
NEW Teaching for the Prevention of Fetal Alcohol Spectrum Disorder (FASD): Grades 1–12: A Resource for Teachers of Health and Life Skills, and Career and Life Management	2002	Learning Resources Centre (LRC)	Authorized Teaching 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 467747 $11.70
Teen Depression: You Are Not Alone *Teens at Risk*	2000	International Tele-film Enterprises	Authorized Teaching 8, 9 ○ GO1 ● GO2 ○ GO3	LRC 468729 $58.40
Teen Health: Course 3 (Student Text)	1999	McGraw-Hill Ryerson Ltd.	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 444357 $68.40
Note:* *This resource supports human sexuality outcomes.				
Teen Health: Course 3: Teacher's Wraparound Edition	1999	McGraw-Hill Ryerson Ltd.	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 444365 $95.60
Note:* *This resource supports human sexuality outcomes.				
Teen Suicide *Everything You Need to Know About...*	1999	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442442 $26.05
Note:* *This resource supports human sexuality outcomes.				
Teen Tobacco Reduction Project (Grande Prairie, Peace River, Slave Lake, Athabasca) (Video; Project Report)		Alberta Tobacco Reduction Alliance (ATRA)	Support 5, 6, 7, 8 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Think, Choose, Act Healthy: Student Activities: Comprehensive Health for the Middle Grades	1996	ETR Associates	Authorized Teaching 5, 6, 7, 8 ● GO1 ● GO2 ○ GO3	LRC 454025 $71.95
Note:* *This resource supports human sexuality outcomes.				
Think, Choose, Act Healthy: Student Activities for High School	1997	ETR Associates	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 455908 $71.95
Note:* *This resource supports human sexuality outcomes.				
Today's Teen (6th Ed.) (Student Text)	2000	McGraw-Hill Ryerson Ltd.	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 453720 $65.35
Note:* *This resource supports human sexuality outcomes.				

GRADE 8 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Today's Teen (6th Ed.): Teacher's Wraparound Edition	2000	McGraw-Hill Ryerson Ltd.	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 453738 $85.40
Note: This resource supports human sexuality outcomes.				
The Virtues Project™: Simple Ways to Create a Culture of Character: Educator's Guide	1998	Monarch Books of Canada	Authorized Teaching 4, 5, 6, 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 438798 $44.15
You Can Make a Difference: Helping Young Women Choose a Tobacco-Free Lifestyle	1996	Alberta Tobacco Reduction Alliance (ATRA)	Authorized Teaching 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 445933 $28.65
Your Life: Your Choice! (Web Site) «http://www.2Learn.ca/currlinks/Health/E/mainMenu/Index.html»		Roberts & Associates	Support 7, 8, 9 ● GO1 ● GO2 ○ GO3	Internet

Part I: Resource List by Grade (K to Grade 9)

GRADE 9

Please Note:
This list is current as of January 2003. Additional resources are under review.

Alberta Learning strongly recommends that teachers read all selections in the student materials and all activities in the teacher materials prior to using them with students. Careful consideration should be given to the sensitivities of the student audience, the parent audience, and the community.

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Abstinence: Health Facts *Comprehensive Health for the Middle Grades*	1996	ETR Associates	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 455924 $26.65
Note: This resource supports human sexuality outcomes.				
Abstinence: Pick and Choose Activities for Grades 7-12	1996	ETR Associates	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 455883 $71.95
Note: This resource supports human sexuality outcomes.				
Abstinence: Teacher / Student Resource *Comprehensive Health for the Middle Grades*	1996	ETR Associates	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 455916 $55.50
Note: This resource supports human sexuality outcomes.				
NEW Accidents Happen *You, Me & the Kids: The Teen Years*		Filmwest Associates Distribution Ltd.	Support 8, 9 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
The Active Edge: A Guide to Active Living for Teens: Partner Guide to The Eating Edge		Dairy Nutrition Council of Alberta	Authorized Teaching 7, 8, 9 ● GO1 ○ GO2 ○ GO3	Vendor Direct
The Alberta Framework of Essential Competencies for Working, Learning and Living: Action Planner	(2001)	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC Pending
The Alberta Framework of Essential Competencies for Working, Learning and Living: Framework	(2001)	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 461799 $10.00
The Art of Leadership: How to Be a Positive Influence in Your Home, School, and Community *Everything You Need to Know About...*	2000	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442434 $26.05
The Be Real Game: Facilitator's Kit: High School Edition Grades 9/10	1998	National Life/Work Centre, Memramcook Institute	Authorized Teaching 9 ○ GO1 ○ GO2 ● GO3	LRC 441155 $257.20
Note: This resource supports human sexuality outcomes.				

GRADE 9 (Continued)

	Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
	Birth Control Methods: Facts and Figures	1998	Capital Health Community Health Promotion and Preventive Services	Authorized Teaching 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 455198 $23.40
	Note: This resource supports human sexuality outcomes.				
NEW	Body Image *You, Me & the Kids: The Teen Years*		Filmwest Associates Distribution Ltd.	Support 7, 8, 9 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
	Body Image Resource Collection (Kit) (Grades 7 - 9) *Body Image Resource Collection*	2001	Alberta Mental Health Board - Body Images Project	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	Available through the 17 Regional Health and Mental Health centres in Alberta.
NEW	Conflict Resolution: A Winning Approach (Video with Teacher Notes)	1997	Classroom Video	Support 9 ○ GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
	Coping with Stress	1999	Omega Films Limited	Support 7, 8, 9 ● GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
	Note: This resource supports human sexuality outcomes.				
	Creating Healthy School Communities through Comprehensive School Health: An Implementation Guide for Education/Health Systems and School Communities	2000	Alberta Heart Health Project	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 472572 $41.70
	Creating Tobacco Free Schools: A Resource Guide	1998	Alberta Tobacco Reduction Alliance (ATRA)	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 445074 $23.40
	Creating Your Own Support System *Everything You Need to Know About...*	1996	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442426 $26.05
	Note: This resource supports human sexuality outcomes.				
	The Dangers of Tattooing and Body Piercing *Everything You Need to Know About...*	1998	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442450 $26.05
	Note: This resource supports human sexuality outcomes.				

GRADE 9 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Dating Violence and Acquaintance Rape (Pamphlet)	1997	Capital Health Community Health Promotion and Preventive Services	Support 7, 8, 9 ● GO1 ○ GO2 ○ GO3	Vendor Direct
***Note:* This resource supports human sexuality outcomes.**				
Depression *Perspectives on Mental Health*	2000	Knowbuddy Resources	Authorized Teaching 8, 9 ● GO1 ● GO2 ○ GO3	LRC 438293 $24.60
***Note:* This resource supports human sexuality outcomes.**				
Destination 2020: Build Your Work Skills (Youth Edition)	(2000)	Canada Career Consortium	Support 8, 9 ○ GO1 ○ GO2 ● GO3	Vendor Direct
NEW Destination 2020: Occupation Profiles (includes People Occupation Profiles; Information Occupation Profiles; Things Occupation Profiles)		National Life/Work Centre, Memramcook Institute	Support 8, 9 ○ GO1 ○ GO2 ● GO3	LRC
Destination 2020: Occupation Profiles and Teacher's Guide				175.35 473588
NEW Destination 2020: Teacher's Guide		National Life/Work Centre, Memramcook Institute	Authorized Teaching 8, 9 ○ GO1 ○ GO2 ● GO3	LRC
Destination 2020: Occupation Profiles and Teacher's Guide				175.35 473588
Discover Health (Student Text)	1999	Psycan Corporation	Support 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 441220 $71.35
***Note:* This resource supports human sexuality outcomes.**				
Discover Health: Teacher's Edition	1999	Psycan Corporation	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 441171 $116.90
***Note:* This resource supports human sexuality outcomes.**				
Discover Health: Teacher's Resource Library (CD-ROM) (Macintosh / Windows Version)	1999	Psycan Corporation	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 441189 $341.35
***Note:* This resource supports human sexuality outcomes.**				
Drug Abuse *Everything You Need to Know About...*	1999	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442492 $26.05
***Note:* This resource supports human sexuality outcomes.**				
The Eating Edge: A Guide to Healthy Eating for Teens: Partner's Guide Grades 9-10	1995	Dairy Nutrition Council of Alberta	Authorized Teaching 7, 8, 9 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Effective Communication at School and at Work *Everything You Need to Know About...*	2000	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442400 $26.05
***Note:* This resource supports human sexuality outcomes.**				

GRADE 9 (Continued)

	Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
	Every Body Is a Somebody: Facilitator's Guide	1997	Calgary Regional Health Authority (CRHA) - Body Images Project	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 454257 $37.45
	Note: This resource supports human sexuality outcomes.				
	Exploring Your Horizons: Career and Personal Planning (Student Book)	1998	McGraw-Hill Ryerson Ltd.	Support 8, 9 ● GO1 ● GO2 ● GO3	LRC 440917 $26.25
	Exploring Your Horizons: Career and Personal Planning: Teacher's Resource	1998	McGraw-Hill Ryerson Ltd.	Authorized Teaching 8, 9 ● GO1 ● GO2 ● GO3	LRC 440925 $63.10
NEW	Faces of Reality: Youth and Substance Use: The Making of a Commercial	2000	AADAC Resource Development and Marketing	Support 8, 9 ● GO1 ● GO2 ○ GO3	Vendor Direct (Available Free of Charge)
	50 Activities for Teaching Emotional Intelligence: Level II: Middle School *50 Activities for Teaching Emotional Intelligence*	1996	Monarch Books of Canada	Authorized Teaching 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 441163 $33.65
	Flipping the World: Drugs Through a Blue Lens	2000	National Film Board of Canada	Support 9 ● GO1 ● GO2 ○ GO3	LRC 455114 $58.40
	Food Additives: Substances Added in Food Processing	1998	Classroom Video	Support 9 ● GO1 ○ GO2 ○ GO3	LRC 453754 $92.35
NEW	Getting Dumped *You, Me & the Kids: The Teen Years*		Filmwest Associates Distribution Ltd.	Support 9 ○ GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
	Grieving *Everything You Need to Know About...*	1997	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442484 $26.05
	Note: This resource supports human sexuality outcomes.				
	Having an Addictive Personality *Everything You Need to Know About...*	1998	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442418 $26.05
	Note: This resource supports human sexuality outcomes.				
NEW	Health Issues 9 (Student Book)	2002	McGraw-Hill Ryerson Ltd.	Basic 9 ● GO1 ● GO2 ● GO3	LRC 505589 $18.55
NEW	Health Issues 9: Teacher's Resource Guide (includes Blackline Masters on CD-ROM)	2003	McGraw-Hill Ryerson Ltd.	Authorized Teaching 9 ● GO1 ● GO2 ● GO3	LRC 505597 $78.95

GRADE 9 (Continued)

Series / Title	**Copyright Date**	**Distributor**	**Status / Grade(s) / General Outcome(s)**	**Supplier / Order No. / Price**
Healthy Lifestyle Choices for Cancer Prevention: Resource for Teachers	2000	Alberta Cancer Board, Division of Epidemiology, Prevention and Screening	Authorized Teaching 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 444521 $7.00
Helping Kids Manage Grief, Fear and Anger	2000	Monarch Books of Canada	Authorized Teaching 4, 7, 8, 9 ○ GO1 ● GO2 ○ GO3	LRC 440305 $29.45
I Quit! Tobacco and Teens	1997	Omega Films Limited	Support 9 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Improving Classroom Behaviour: Savvy Solutions for Inattentive, Withdrawn and Aggressive Children (Macintosh / Windows Version)	1998	Savvy Knowledge Systems	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 399148 $31.55
Kids with Diabetes in Your Care: A Practical Guide	1998	Canadian Diabetes Association - Alberta and NWT Division	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	Vendor Direct (Available Free of Charge)
NEW Kids Having Kids *You, Me & the Kids: The Teen Years*		Filmwest Associates Distribution Ltd.	Support 9 ● GO1 ○ GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
NEW Let's Party *You, Me & the Kids: The Teen Years*		Filmwest Associates Distribution Ltd.	Support 9 ● GO1 ● GO2 ○ GO3	ACCESS–The Education Station / Regional Resource and Urban Media Centres
Let's Rap about AIDS	1998	R & B Game and Toy Developers Inc.	Support 8, 9 ● GO1 ○ GO2 ○ GO3	Vendor Direct
Note: This resource supports human sexuality outcomes.				
Life Begins: A Journey Into Life: The World of the Unborn (Windows / Macintosh Version 1.0)	1998	Quality Multimedia	Support 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 465238 $143.80
Note: This resource supports human sexuality outcomes.				
Liking the Me I See in the Mirror: An Educational Resource Manual for Teachers on Body Image and Self-esteem	2001	Alberta Mental Health Board, Eating Disorder Promotion and Prevention Specialist	Authorized Teaching 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 458142 $40.95

GRADE 9 (Continued)

Series / Title	**Copyright Date**	**Distributor**	**Status / Grade(s) / General Outcome(s)**	**Supplier / Order No. / Price**
Liking the Me I See in the Mirror: A Family Workbook for Parents and Their Children on Building Body Friendly Homes	2001	Alberta Mental Health Board, Eating Disorder Promotion and Prevention Specialist	Authorized Teaching 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 458150 $10.00
Lions-Quest: Exploring the Issues: Promoting Peace and Preventing Violence *Lions-Quest: Skills for Action: Service • Character • Citizenship • Responsibility* ***Note: This resource supports human sexuality outcomes.***	1995	Lions-Quest Canada	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Lions-Quest: Exploring the Issues: Teens: Alcohol and Other Drugs *Lions-Quest: Skills for Action: Service • Character • Citizenship • Responsibility*	1995	Lions-Quest Canada	Authorized Teaching 7, 8, 9 ● GO1 ○ GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Lions-Quest: Skills for Action 7 (Kit)	1995	Lions-Quest Canada	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ● GO3	Vendor Direct
Lions-Quest: Skills Bank: Service • Character • Citizenship • Responsibility	1999	Lions-Quest Canada	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ● GO3	Vendor Direct
Lions-Quest: Skills Bank: Service • Character • Citizenship • Responsibility: Curriculum Manual	2000	Lions-Quest Canada	Authorized Teaching 7, 8, 9 ○ GO1 ● GO2 ● GO3	Publisher / Distributor (By Inservice Only)
Lions-Quest: Working Toward Peace: Managing Anger, Resolving Conflict, and Preventing Violence (2nd Ed.): Curriculum Manual *Lions-Quest: Working Toward Peace*	1995	Lions-Quest Canada	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Lions-Quest: Working Toward Peace: Managing Anger, Resolving Conflict, and Preventing Violence (2nd Ed.): Poster Set *Lions-Quest: Working Toward Peace*		Lions-Quest Canada	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Lions-Quest: Working Toward Peace: Managing Anger, Resolving Conflict, and Preventing Violence (2nd Ed.): Student Book *Lions-Quest: Working Toward Peace*	1995	Lions-Quest Canada	Support 7, 8, 9 ● GO1 ● GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Lions-Quest: Working Toward Peace: Managing Anger, Resolving Conflict, and Preventing Violence (2nd Ed.) (Brochure) *Lions-Quest: Working Toward Peace*	1995	Lions-Quest Canada	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	Publisher / Distributor (By Inservice Only)
Lions-Quest: Working Toward a Safe School: Canadian Administrator's Guide *Lions-Quest: Working Toward Peace*	1996	Lions-Quest Canada	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	Vendor Direct (Available Free of Charge)
Make School Work for You: Student Resource for Grades 7 - 12	2001	Learning Resources Centre (LRC)	Support 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 461426 $5.15
Make School Work for You: Teacher Implementation Guide	2001	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 461434 $3.90

GRADE 9 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Making Decisions and Being Assertive: Knowing Your Mind, Speaking Your Mind	2000	Classroom Video	Support 9 ○ GO1 ○ GO2 ● GO3	LRC 453762 $92.35
Making Healthy Decisions: Nutrition: Unit 2 (Student Book) *Making Healthy Decisions*	1997	Kendall/Hunt Publishing Co.	Support 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 444331 $19.90
Making Healthy Decisions: Nutrition: Unit 2: Teacher's Guide *Making Healthy Decisions*	1997	Kendall/Hunt Publishing Co.	Authorized Teaching 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 444349 $49.75
Nutrition File™ for Teens: Building Better Bones through Good Nutrition	2000	Dairy Nutrition Council of Alberta	Authorized Teaching 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 441238 $21.05
Safety Sense: How to Live Safely and Prevent Death and Injury ... on the Road; at Home; at Play; at Work	1996	Canadian Association for Health, Physical Education, Recreation and Dance (CAHPERD)	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 465402 $17.55
Sex Can Wait: An Abstinence-Based Sexuality Curriculum for Middle School	1994	ETR Associates	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 455891 $123.25
Note:* *This resource supports human sexuality outcomes.				
Sexual Harassment in School: Your Rights and Responsibilities (Student Book)	1997	Alberta Civil Liberties Research Centre	Support 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 455156 $10.00
Note:* *This resource supports human sexuality outcomes.				
Sexual Harassment in School: Your Rights and Responsibilities: Teacher's Manual	1997	Alberta Civil Liberties Research Centre	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 455164 $17.55
Note:* *This resource supports human sexuality outcomes.				
Skills for Adolescence: A Positive Youth Development Program for Middle and Junior High Schools (4th. Ed.) *Lions-Quest: Skills for Growing*	2001	Lions-Quest Canada	Authorized Teaching 6, 7, 8, 9 ● GO1 ● GO2 ● GO3	Publisher / Distributor (By Inservice Only)
Smart Options: You're Smarter Than You Think You Are! Facilitator's Guide; Poster	2000	National Life/Work Centre, Memramcook Institute	Authorized Teaching 7, 8, 9 ○ GO1 ○ GO2 ● GO3	LRC
Smart Options: You're Smarter Than You Think You Are! Facilitator's Guide				11.00 464777
Smart Options: You're Smarter Than You Think You Are! (Poster)				4.00 464769
Smart Options: You're Smarter Than You Think You Are! Student's Resource Book	2000	National Life/Work Centre, Memramcook Institute	Support 7, 8, 9 ○ GO1 ○ GO2 ● GO3	LRC 464751 $4.00
Smoking: Truth or Dare? *Teen Files*	1998	Canadian Learning Company Inc.	Support 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 455875 $151.90

GRADE 9 (Continued)

	Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
NEW	Spare Time, Spare Cash	1996	AADAC Resource Development and Marketing	Support 9 ● GO1 ○ GO2 ○ GO3	Vendor Direc (Available Free of Charge)
	Sports Injuries *Everything You Need to Know About...*	1995	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	Out-of-Print
	***Note:* This resource supports human sexuality outcomes.**				
	Step by Step to Involving Parents in Health Education	1996	ETR Associates	Authorized Teaching K, 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 453994 $51.30
	Straight Goods on Drugs and Alcohol	1994	AADAC Resource Development and Marketing	Support 7, 8, 9 ● GO1 ○ GO2 ○ GO3	Vendor Direct
NEW	Street Cents: A Guide to Funding Your Education		Alberta Learning, Learner Assistance	Support 8, 9 ○ GO1 ○ GO2 ● GO3	Vendor Direct (Available Free of Charge)
	Stress *Everything You Need to Know About...*	1998	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442468 $26.05
	***Note:* This resource supports human sexuality outcomes.**				
	Stress Management *Perspectives on Mental Health*	2000	Knowbuddy Resources	Authorized Teaching 8, 9 ● GO1 ● GO2 ○ GO3	LRC 438285 $24.60
	***Note:* This resource supports human sexuality outcomes.**				
	Student Learning: Career Planner Information Booklet (Middle / Junior High School / Senior High School) *Career Plan-It*	2000	Learning Resources Centre (LRC)	Authorized Teaching 7, 8, 9 ○ GO1 ○ GO2 ● GO3	LRC 437576 $3.10
	Student Learning: Career Planner (Middle/Junior High School) *Career Plan-It*	2000	Learning Resources Centre (LRC)	Support 7, 8, 9 ○ GO1 ○ GO2 ● GO3	LRC 440503 $440503.00
	Student Learning: Career Planner (Middle/Junior High School) - Package of 25				12.90 440503
NEW	Student Workshop: Learning Relationship Skills: Grades 5–9	1999	McIntyre Media Limited	Authorized Teaching 8, 9 ○ GO1 ● GO2 ○ GO3	LRC 476285 $198.70
NEW	Teaching for the Prevention of Fetal Alcohol Spectrum Disorder (FASD): Grades 1–12: A Resource for Teachers of Health and Life Skills, and Career and Life Management	2002	Learning Resources Centre (LRC)	Authorized Teaching 1, 2, 3, 4, 5, 6, 7, 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 467747 $11.70
	Teen Depression: You Are Not Alone *Teens at Risk*	2000	International Tele-film Enterprises	Authorized Teaching 8, 9 ○ GO1 ● GO2 ○ GO3	LRC 468729 $58.40
	Teen Health: Course 3 (Student Text)	1999	McGraw-Hill Ryerson Ltd.	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 444357 $68.40
	***Note:* This resource supports human sexuality outcomes.**				

GRADE 9 (Continued)

Series / Title	Copyright Date	Distributor	Status / Grade(s) / General Outcome(s)	Supplier / Order No. / Price
Teen Health: Course 3: Teacher's Wraparound Edition	1999	McGraw-Hill Ryerson Ltd.	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 444365 $95.60
Note: This resource supports human sexuality outcomes.				
Teen Suicide *Everything You Need to Know About...*	1999	Saunders Book Company	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 442442 $26.05
Note: This resource supports human sexuality outcomes.				
Think, Choose, Act Healthy: Student Activities for High School	1997	ETR Associates	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ○ GO3	LRC 455908 $71.95
Note: This resource supports human sexuality outcomes.				
Today's Teen (6th Ed.) (Student Text)	2000	McGraw-Hill Ryerson Ltd.	Support 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 453720 $65.35
Note: This resource supports human sexuality outcomes.				
Today's Teen (6th Ed.): Teacher's Wraparound Edition	2000	McGraw-Hill Ryerson Ltd.	Authorized Teaching 7, 8, 9 ● GO1 ● GO2 ● GO3	LRC 453738 $85.40
Note: This resource supports human sexuality outcomes.				
2000 Career Futures (Windows / Macintosh Version)	2000	CSG Careerware	Support 9 ○ GO1 ○ GO2 ● GO3	Out-of-Print
The Virtues Project™: Simple Ways to Create a Culture of Character: Educator's Guide	1998	Monarch Books of Canada	Authorized Teaching 4, 5, 6, 7, 8, 9 ○ GO1 ● GO2 ● GO3	LRC 438798 $44.15
When Choices Collide (Videocassette and Discussion Guide)	1999	AADAC Resource Development and Marketing	Authorized Teaching 9 ● GO1 ● GO2 ● GO3	Vendor Direct (Available Free of Charge)
When Choices Collide (Windows / Macintosh CD-ROM)	2001	AADAC Resource Development and Marketing	Authorized Teaching 9 ● GO1 ● GO2 ● GO3	Vendor Direct (Available Free of Charge)
You Can Make a Difference: Helping Young Women Choose a Tobacco-Free Lifestyle	1996	Alberta Tobacco Reduction Alliance (ATRA)	Authorized Teaching 8, 9 ● GO1 ○ GO2 ○ GO3	LRC 445933 $28.65
Your Life: Your Choice! (Web Site) «http://www.2Learn.ca/currlinks/Health/E/mainMenu/Index.html»		Roberts & Associates	Support 7, 8, 9 ● GO1 ● GO2 ○ GO3	Internet

ALBERTA AUTHORIZED RESOURCE LIST

Part II: Annotated Bibliography (alphabetical listing)

HEALTH AND LIFE SKILLS

Kindergarten to Grade 9

January 2003

Part II: Annotated Bibliography (alphabetical listing)

LRC Order No.: Est. Price:

Comprehensive Health for the Middle Grades

Abstinence: Health Facts

455924 $26.65

Authorized Teaching Resource Grades 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓		✓		✓		

A set of two books (Teacher-Student Resource and Health Facts) that deals with the topic of abstinence and related issues such as building healthy relationships, decision-making, conflict resolution, and self-esteem. Well-organized lesson plans and student activities, including reproducible worksheets for student use, are included.

Comments:

- Health Facts has American statistics which may not reflect the current reality of Canadian teens and their sexual behaviour. However, the content and message are not compromised.

Sensitive Issues:

- This resource supports human sexuality outcomes.

© 1996 **Author(s):** Thacker, N.; Miner, K.

Abstinence: Pick and Choose Activities for Grades 7-12

455883 $71.95

Authorized Teaching Resource Grades 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
	✓	✓	✓	✓				

This resource is designed to provide teachers with classroom activities they can use to promote sexual abstinence. The activities focus on the areas of self-esteem, interpersonal relationships, decision-making skills and life planning.

Comments:

- Numerous activity sheets are included.

Sensitive Issues:

- This resource supports human sexuality outcomes.

© 1996 **Author(s):** Young, M.; Young, T.

LRC Order No.: Est. Price:

Comprehensive Health for the Middle Grades

Abstinence: Teacher / Student Resource **455916** **$55.50**

Authorized Teaching Resource Grades 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓		✓		✓		

A set of two books (Teacher-Student Resource and Health Facts) that deals with the topic of abstinence and related issues such as building healthy relationships, decision-making, conflict resolution, and self-esteem. Well-organized lesson plans and student activities, including reproducible worksheets for student use, are included.

Sensitive Issues:

© 1996 **Author(s):** Zeviv, D.

You, Me & the Kids: The Teen Years

Accidents Happen

Support Resource Grades 8, 9

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20306-49

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓						

This 24-minute program addresses some of the challenges a teen has when facing a disability.

The Active Edge: A Guide to Active Living for Teens: Partner Guide to The Eating Edge

Authorized Teaching Resource Grades 7, 8, 9

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓						

This manual includes integrity challenges relating to one's food and activity choices. Numerous related topics for students to explore and/or discuss are included in the lesson plans. Overheads and blackline masters are available to supplement the lesson plans.

Comments:

- Produced in Canada.
- This resource is also an authorized teaching resource for Physical Education grades 7 to 12.

Dairy Nutrition Council of Alberta; 14904 121A Avenue, EDMONTON, AB T5V 1A3
Telephone: 800–252–7530; 780–453–5942

The Adventures of Dowzer (Fire and Burn Prevention Program)

440462 **$52.60**

Authorized Teaching Resource Grades 2, 3, 4

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓						

The Dowzer Program is a fire and burn prevention program. It has two main components: "The Adventures of Dowzer" storybook and "The Adventures of Dowzer" series consisting of eight case study storybooks. Titles of the case study storybooks are: Smoke Alarms; Escape Plans; Calling the Fire Department; Cool the Burn; Water Burns; A Hazardous Situation; Put a Lid On It!; and So What? Each booklet concludes with a final review report, action checklist and a follow-up activity. The program also contains a CD which is an audio recording of "The Adventures of Dowzer" storybook. It is printed and produced in Edmonton, Alberta.

Comments:

- Gender and racial diversity.

Sensitive Issues:

- Teachers should be aware that some students may identify with Dowzer the dog, and see rushing into a burning building to save another person as a heroic act.

© 1999

LRC Order No.: **Est. Price:**

The Alberta Framework of Essential Competencies for Working, Learning and Living

• The Alberta Framework of Essential Competencies for Working, Learning and Living: Action Planner and Framework **461799** **$10.00**

Authorized Teaching Resource Grades 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓		✓	✓	✓	✓	✓

The Action Planner is a teacher resource guide of student activities for essential competencies. It accompanies the Essential Competencies Framework, a resource to assist teachers in the assessment and identification of essential competencies for being successful in learning, work, and everyday living environments. The framework performance indicators are a series of individual portfolios detailing individual competencies. Each competency has bands of five levels of performance indicators. The framework is a series of individual portfolios detailing individual competencies.

© (2001)

Alcohol: It's Not for Me

Support Resource Grade 3

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20347-01

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This 10-minute video conveys information on alcohol use and abuse. Young children are placed in a decision-making role regarding alcohol offered by older children. The program outlines the physiological effects of drinking, especially on children or youth. Significant adults are identified as a potential source of help if a problem develops.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

© 1998

LRC Order No.: Est. Price:

Amazing Mallika (Student Book)

441999 $31.50

Support Resource Grades 2, 3

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓	✓			

This modern-day fable uses colourful illustrations to teach students about controlling anger. The story takes place in India and affords the audience an opportunity to learn about this country and its people.

Comments:

- This resource could be used in integration with other subject areas.

© 1997 **Author(s):** Parkison, J.

Appropriate Actions

468688 $46.70

Authorized Teaching Resource Grade 7

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
	✓	✓						

This 23-minute video is intended as a springboard for teachers and staff to begin discussing and developing policies and practices regarding harassment in school. It defines harassment and sexism, addresses the impact on students, identifies legal implications for all educational stakeholders and outlines teacher strategies to deal with this issue. Some excellent questions are raised and discussed. Video clips and legal advice are from a Canadian perspective. Types of harassment discussed include homophobia, gender and race harassment. The video gives a practical plan of action for the school and specific practices for classroom teachers. This topic needs to be addressed because it involves and influences school climate.

Comments:

- Could be used at a staff meeting, or professional development day.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- The topic of homophobia is briefly discussed.

© 1998

LRC Order No.: **Est. Price:**

Perspectives on Relationships

Assertiveness: "How Can I Say What I Mean?" **438300** **$26.90**

Support Resource Grades 7, 8

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓				

This book looks at relating to others from the perspective that assertiveness can be considered one of the qualities that helps young people become mature, responsible adults. It explores related topics and offers opportunities for personal reflection and strategies in dealing with pertinent issues. A glossary is included.

Comments:

- Gender balance and ethnic diversity are present.
- The images and scenarios reflect middle-income values and attitudes only.
- There is a lack of interaction between teens and other age groups.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

© 2000 **Author(s):** Havelin, K.

BeCool: Middle School - Part 1: Coping with Difficult People

	LRC Order No.:	Est. Price:
• **Module 2: Coping with Teasing**	**444042**	**$305.95**
• **Module 3: Coping with Bullying**	**444050**	**$305.95**
• **Module 4: Coping with Anger / Other**	**444068**	**$305.95**
• **Module 5: Coping with Anger / Self**	**444216**	**$305.95**

Authorized Teaching Resource Grades 7, 8

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓	✓			

This series consists of four kits, each containing a manual and several videos. The series includes coping techniques for teasing, bullying, anger at oneself and anger toward others.

Comments:

- The manual outlines suggested lessons involving discussion points, independent activities and parent involvement.
- Each video includes scenarios, which could be used for discussion.

Sensitive Issues:

- Note: **Module 1: Coping with Criticism,** was not authorized because of concerns regarding the portrayal of parents and teachers.

© 1997 **Author(s):** Stanfield, J.

***BeCool:* Middle School - Part 2: Reconciling Differences**

	LRC Order No.:	Est. Price:
• Module 1: Settling Differences with Peers	**444224**	**$367.95**
• Module 2: Resolving Conflicts with Peers	**444232**	**$367.95**
• Module 3: Settling Differences with Authority	**444240**	**$367.95**
• Module 4: Resolving Conflicts with Authority	**444258**	**$367.95**

Authorized Teaching Resource Grades 7, 8

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓	✓			

This series consists of four kits containing a detailed teacher's guide, suggestions for student activities, and two videos each. The series focuses on basic negotiation skills to resolve conflict.

Comments:

- Gender balance and racial diversity are portrayed.
- Both negative and positive behaviours are included in this resource, but are appropriate in the context of the whole series.
- The teacher's guide is an essential element of this resource and needs to be used simultaneously with the videos.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- Some viewers may consider Module 2 (Part 1: Loss of Respect vs. Give & Take) to contain examples of inappropriate behaviour, which may be problematic in some communities.
- Some viewers may consider Module 3 (Part 1: Emotional Blackmail vs. Give & Take) to contain gender stereotypes and threats during negotiation.

Author(s): Stanfield, J.

Be Cool, Play it Safe: A Children's Safety Video

Support Resource Grades 1, 2, 3 **Vendor Direct**

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓						

This engaging 43-minute video contains a series of safety vignettes suitable for the primary level; e.g. bus, pedestrian, bicycle, fire and water safety.

Comments:

- A gender balance is portrayed.
- A racial/ethnic balance also exists.

Sensitive Issues:

- Contains short segments on drug abuse prevention and gun safety; however, the content is not controversial.

© 1999

Canadian Video Services (CVS) Inc.; 18 Banigan Drive, Toronto, ON M4H 1E9
Telephone: 800–263–1258; 416–925–5857

The Be Real Game: Facilitator's Kit: High School Edition Grades 9/10 441155 $257.20

Authorized Teaching Resource Grade 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
							✓	✓

This resource, presented in a game format, deals with career and life choices. The flexible program consists of varied learning and teaching tools organized as activity-oriented themed sessions. The kit includes colourful overheads, role situation cards, discussion topics and blackline masters.

Comments:

- There are opportunities for curriculum integration.
- A high school version, directed at Grades 11 and 12, will be available in the near future.

Sensitive Issues:

- This resource supports human sexuality outcomes.

© 1998 **Author(s):** Barry, B.

LRC Order No.: Est. Price:

Be Safe Around Food

Support Resource Grades K, 1 **Vendor Direct**

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This 12-minute video effectively demonstrates positive health habits regarding hand washing, and food preparation and consumption.

Comments:

- Demonstrates visual examples of healthy food preparation practices.

© 2000

Marlin Motion Pictures Ltd.; 211 Watline Avenue, MISSISSAUGA, ON L4Z 1P3
Telephone: 888–260–2232 ; 905–890–1500 E-mail: pamela@marlineducation.com

Bea's Own Good (Student Book) **442004** **$31.50**

Support Resource Grade 2

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓	✓	✓	✓	

This modern-day fable uses colourful illustrations to promote responsibility, particularly obeying rules and experiencing natural consequences. The story takes place in France and affords the audience some opportunity to learn about this country.

© 1997 **Author(s):** Talley, L.

LRC Order No.: 455198 **Est. Price:** $23.40

Birth Control Methods: Facts and Figures

Authorized Teaching Resource Grades 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
	✓	✓						

This locally-developed manual provides professionals with current information about birth control. The content has been produced with the intent that each user would adapt it to his/her own situation. Information is divided into four sections: 1) contraception; 2) statistics about teenage pregnancy, live birth and abortion rates; 3) chlamydia and gonorrhea; 4) teaching sheets relating to issues in sexual health (common questions).

Comments:

- This Capital Health professional manual is readily accessed.
- Contains up-to-date medical facts on birth control, STDs, and human sexuality related statistics.
- Statistics may become dated.

Sensitive Issues:

- Falls within the guidelines of the curriculum; however, teachers must be sensitive t[illegible]ividual values.
- The inclusion of "how to" and the bias on natural methods may make this unsuitable for some schools; e.g. Catholic schools.
- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- This resource supports human sexuality outcomes.

© 1998

You, Me & the Kids: The Teen Years

Body Image

Support Resource Grades 7, 8, 9

ACCESS–The Education Station / Regional Resource and Urban Media Centres

BPN 20306-31

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This 24-minute program deals with the struggle many teens have to look, act and feel cool.

Body Image Resource Collection

Body Image Resource Collection (Kit) (Grades 1 - 3)

Authorized Teaching Resource Grades 1, 2, 3 **Available through the 17 Regional Health and Mental Health centres in Alberta.**

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓			✓					

This resource is locally developed, colourful and easy to use. It consists of varied components in a durable storage/carrying case. A Teacher's Guide includes lesson plans, background information and transparencies focusing on self-esteem and positive self-image. Student activity materials—story books, a video, magic bag and puppets— are also included in the kit.

Comments:

- This resource is also an authorized teaching resource for Physical Education Grades 1 to 3.

© 2001 **Author(s):** Ryeder, S. et. al.

Body Image Resource Collection

Body Image Resource Collection (Kit) (Grades 4 - 6)

Authorized Teaching Resource Grades 4, 5, 6 **Available through the 17 Regional Health and Mental Health centres in Alberta.**

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓			✓					

This resource is locally developed, colourful and easy to use. It consists of varied components in a durable storage/carrying case. A Teacher's Guide includes lesson plans, background information and transparencies focusing on self-esteem and positive self-image. Student activity materials are also included in the kit.

Comments:

- This resource is also an authorized teaching resource for Physical Education Grades 4 to 6.

© 2001 **Author(s):** Ryeder, S. et. al.

LRC Order No.: Est. Price:

Body Image Resource Collection

Body Image Resource Collection (Kit) (Grades 7 - 9)

Authorized Teaching Resource Grades 7, 8, 9 **Available through the 17 Regional Health and Mental Health centres in Alberta.**

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓			✓					

This resource is locally developed, colourful and easy to use. It consists of varied components in a durable storage/carrying case. A Teacher's Guide includes lesson plans, background information and transparencies focusing on self-esteem and positive self-image. Student activity materials are also included in the kit.

Comments:

- This resource is also an authorized teaching resource for Physical Education Grades 7 to 9.

© 2001 **Author(s):** Ryeder, S. et. al.

The C.A.R.E. Kit (Challenge Abuse through Respect Education): A Personal Safety Program for Children Aged 5-9

Authorized Teaching Resource Grades K, 1 **Pending**

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
	✓	✓						

The C.A.R.E Kit, produced by the Red Cross, is a personal safety program designed for students aged 5-9, specifically addressing sexual abuse. The kit contains colourful posters, a puppet, discussion cards, a children's story book, bookmarks, teacher's resource guide and teacher helps. The teacher's guide includes a section on teaching students with special needs about sexual abuse.

Sensitive Issues:

- This resource deals with sexual abuse. Alberta Learning strongly recommends that teachers preview the resource before use in the classroom.
- Careful consideration should be given to the sensitivities of both the student audience and the community.
- Teacher training and/or the presence of a counsellor during presentations is recommended.

© 2002

Career Explorations Series	LRC Order No.:	Est. Price:
• **Athletic Trainer**	**439556**	**$23.85**
• **Director: Film, TV, Radio, and Stage**	**439564**	**$23.85**
• **Graphic Designer**	**439580**	**$23.85**
• **Licensed Practical Nurse**	**439605**	**$23.85**
• **Marine Biologist**	**439621**	**$23.85**
• **Mechanical Drafter**	**439548**	**$23.85**
• **Pediatrician**	**439639**	**$23.85**

Support Resource   Grades 4, 5, 6

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
							✓	

This series provides students with a concise and informative description of several occupations. The information is carefully indexed and contains bright illustrations. A glossary of useful addresses and Internet sites provides the user with an opportunity to pursue further research in each occupation.

Comments:

- Both Canadian and American qualifications are given.
- These books may be placed in a center for information on careers.
- The additional information sources and Internet sites listed have not been reviewed by Alberta Learning.

Sensitive Issues:

- No individuals with visible disabilities are depicted in the workforce. Teachers may obtain information about this topic from the "Employabilities" Agency in Edmonton.

© 2000 **Author(s):** Voeller, E.

LRC Order No.: Est. Price:

Career Plan-It

- **Student Learning: Career Planner Information Booklet (Middle / Junior High School / Senior High School)** **437576** **$3.10**
- **Student Learning: Career Planner (Middle/Junior High School)** **440503 (Pkg. of 25)** **$12.90**

Authorized Teaching Resource Grades 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
							✓	

The information booklet is designed to assist secondary educators in implementing the "Student Learning: Career Planner."

© 2000

Caring and Capable Kids: An Activity Guide for Teaching Kindness, Tolerance, Self-Control and Responsibility **438764** **$44.15**

Authorized Teaching Resource Grades K, 1, 2, 3, 4, 5, 6

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓	✓	✓		✓

This teacher's resource addresses issues of kindness, tolerance, respect, service to others, responsibility, self-control, and ethical decision making. It includes well-formatted lessons that state objectives, materials, activities and discussion questions.

© 1996 **Author(s):** Williams, L. et al.

LRC Order No.: Est. Price:

Character Builders: Reponsibility & Trustworthiness: A K-6 Character Education Program 438772 $35.75

Authorized Teaching Resource Grades K, 1, 2, 3, 4, 5, 6

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓	✓	✓		✓

This guide places an emphasis on teaching responsibility and trustworthiness in students. Activities presented could be used with students in developing effective interpersonal skills and learning strategies. The format of the lessons identifies purpose, materials needed and activities to reinforce objectives or outcomes.

Comments:

- American content could be supplemented with Canadian material.

Sensitive Issues:

- Some American statistics may be disturbing to some families.

© 2000 **Author(s):** Borba, M.

Clean Kids

Support Resource Grades K, 1

ACCESS–The Education Station / Regional Resource and Urban Media Centres

BPN 20211-01

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This 15-minute video has the "Clean Kids" club monitoring their neighborhood friends to avoid one personal hygiene crisis after another. Advice is given regarding positive hygiene and health care habits such as handwashing, dental care and bathing/showering. It includes a brief instructional guide with discussion questions and follow-up classroom activities.

Comments:

- Gender balance and ethnic diversity are depicted.

© 1998

LRC Order No.: Est. Price:

You, Me & the Kids: The Teen Years

Cliques and Shunning

Support Resource Grades 7, 8

ACCESS–The Education Station / Regional Resource and Urban Media Centres

BPN 20306-01

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓	✓	✓	✓	✓	✓	✓

This 24-minute video features a duscussion with teen groups who define clique behaviours and offer strategies for breaking the boundaries.

Comments:

- Other titles in this series authorized for Health and Life Skills include: *Gender Blues.*

Conflict Resolution: A Winning Approach (Video with Teacher Notes)

Support Resource Grade 9

ACCESS–The Education Station / Regional Resource and Urban Media Centres

BPN 20601-01

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓				

This Canadian-produced program examines conflict-resolution strategies. Skills covered are active listening, assertiveness, a "win-win" approach, and designing solutions. It dramatizes the story of a teenage boy having communication problems with his mother and a friend.

Comments:

- Situations shown in this video focus on high school students.
- The resource could be used as a lead-in to classroom role-plays.

© 1997

Conflict Resolution Library

	LRC Order No.:	Est. Price:
• **Dealing with Anger *(Grades 2, 3)***	**440082**	**$19.40**
• **Dealing with Bullying *(Grade 2)***	**440066**	**$19.40**
• **Dealing with Fighting *(Grade 3)***	**440115**	**$19.40**
• **Dealing with Hurt Feelings *(Grade 2)***	**440074**	**$19.40**
• **Dealing with Teasing *(Grades 2, 3)***	**440107**	**$19.40**

Support Resource

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓	✓			

This series looks at how to deal with conflict resolution using varied strategies and techniques that focus on students working it out themselves, and/or calling on others (adults, friends) for assistance when needed.

Comments:

- The resource uses positive role models depicting racial diversity.
- A glossary of applicable words is included.

© 1996 **Author(s):** Johnston, M.

Coping with Stress

Support Resource Grades 7, 8, 9

ACCESS–The Education Station / Regional Resource and Urban Media Centres

BPN 20348-01

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓		✓	✓	✓			

This 15-minute video addresses the value of living a balanced healthy lifestyle. It deals with stress in the following parts: what stress is; the consequences of stress; common stresses of young people, and coping strategies. It discusses topics such as substance abuse, violence, time management, stress and suicide, and demonstrates positive ways of coping with stressful situations.

Comments:

- Gender balance and ethnic diversity are depicted.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- The topics of suicide and human sexuality are discussed in this resource.
- This resource supports human sexuality outcomes.
- A counsellor may need to be available for any student who is distressed by this video.

© 1999

Courtesy Counts

Support Resource Grade 1

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓	✓			

This 14-minute video focuses on the teaching of manners and etiquette in positive interactions with people of all ages. It includes manners such as taking turns, respecting differences, and being a helper.

Comments:

- Gender balance and ethnic diversity are portrayed.
- A Teacher's Guide is included.

© 1999

Magic Lantern Communications Ltd.; 3–8755 Ash Street, VANCOUVER, BC V6P 6T3

Telephone: 800–263–1818; 604–324–2600 E-mail: nkirkwood@magiclantern.ca

Courtesy Counts a Lot

Support Resource Grade K

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20349-01

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓				

This 10-minute video shows a group of children viewing a cartoon on good manners. The cartoon has several brief vignettes covering greetings, asking for things, and using please and thank you. A brief study guide outlining the program content and discussion questions is included.

Comments:

- Ethnic diversity is represented, as is gender balance.

© 1998

Creating Healthy School Communities through Comprehensive School Health: An Implementation Guide for Education/Health Systems and School Communities

472572 $41.70

Authorized Teaching Resource Grades K, 1, 2, 3, 4, 5, 6, 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓	✓					

This resource centers on the involvement of stakeholders in creating a healthy school climate. A video and teacher's guide focus on the four basic issues of nutrition, physical activity, self-esteem and tobacco. The framework exists for the pursuit of many other issues, depending on the needs of the community or school.

Comments:

- Whole community approach.
- Produced in Alberta, focusing on Alberta and Canadian health facts.
- Tools for assessment and collaboration between stakeholders are included in this approach.

© 2000

Alberta Heart Health Project - Federal/Provincial Relations Branch; Alberta Health and Wellness
18th Floor, TELUS Plaza North Tower, 10025 – Jasper Avenue, EDMONTON, AB T5J 2N3
Telephone: 780–415–2837

LRC Order No.: Est. Price:

Out-of-print

Creating Tobacco Free Schools: A Resource Guide

Authorized Teaching Resource Grades 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓	✓		✓			

This resource guide would be very useful for teachers focused on creating tobacco free schools. Up-to-date statistics have Canadian content. The layout of the guide is easy to follow and provides lists of supports in the community.

Comments:

- This resource encourages cooperation between schools, agencies and communities in working toward a reduction in youth tobacco use.

© 1998

Alberta Tobacco Reduction Alliance (ATRA); 3rd floor, Aberhart Centre, 11402 University Avenue, EDMONTON AB T6G 2J3
Telephone: 780–407–7500

Dating Violence and Acquaintance Rape (Pamphlet)

Support Resource Grades 7, 8, 9

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
	✓	✓						

A pamphlet, produced by the Edmonton Sexual Assault Centre, that addresses dating violence and acquaintance rape.

Sensitive Issues:

- This resource supports human sexuality outcomes.

© 1997

Capital Health Community Health Promotion and Preventive Services, Suite 300–10216 124 Street, EDMONTON, AB T5N 4A3
Telephone: 780–413–5185

Dental Health Series	LRC Order No.:	Est. Price:
• Brushing Well	**440058**	**$16.40**
• Food for Healthy Teeth	**440032**	**$16.40**
• Going to the Dentist	**440024**	**$16.40**
• Your Teeth	**440040**	**$16.40**

Support Resource Grades K, 1

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓						

This series of four books outlines four steps relating to dental health: Going to the Dentist; Food for Healthy Teeth; Your Teeth; and Brushing Well. The books are colourful and include age appropriate pictures and relevant vocabulary.

Comments:

- Cultural diversity is depicted throughout.
- Additional listed resources are American only.

© 1999 **Author(s):** Frost, H.

Destination 2020: Build Your Work Skills (Youth Edition)

Support Resource Grades 8, 9 **Vendor Direct**

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
						✓	✓	

A student career support document which could assist students in the assessment and examination of skills, values, and personal characteristics, as they relate to occupational choices. A large variety of occupational profiles are included.

© (2000)

Canada Career Consortium; Suite 1204–66 Slater Street, OTTAWA, ON K1P 5H1

							LRC Order No.:	Est. Price:

Destination 2020: Occupation Profiles (includes Teacher's Guide and Occupational Profiles for: People Occupation Profiles; Information Occupation Profiles; Things Occupation Profiles) **473588** **$175.35**

Support Resource Grades 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
							✓	

This binder / folder box has a good variety of occupational information. It includes a visually-appealing teacher's guide with lesson plans in binder format, posters and overheads. The folder box contains three separate information booklets.

ShowPeace

Dinner for Two / Dîner intime **472598** **$46.70**

Support Resource Grades 1, 2, 3, 5, 6

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
				✓				

A short 7-minute video that illustrates the negative consequences of conflict, and stimulates discussion around many aspects of conflict resolution. Animated and without words, it can be used at a variety of grade levels.

© 1997

							LRC Order No.:	Est. Price:

LRC Order No.: Est. Price:

Discover Health

	LRC Order No.:	Est. Price:
• **Discover Health (Student Text)**	**441220**	**$78.35**
• **Discover Health: Teacher's Edition**	**441171**	**$116.90**
• **Discover Health: Teacher's Resource Library (CD-ROM) (Macintosh / Windows Version)**	**441189**	**$341.35**

Support Resource Grades 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓	✓	✓	✓			

A colourful, easy to read, high interest and comprehensive health text. The layout and design are conducive to active learning and aid ease of application. Clear learning strategies are provided in the introduction. The resource includes numerous comprehension, critical thinking and vocabulary activities, questions and exercises. Overall, this resource reinforces individualism and promotes self-esteem in a positive manner.

Comments:

- The Consumer Health chapter has a strong American slant.
- Career general objectives are weakly integrated throughout the text and are not covered in their entirety.

Sensitive Issues:

- This resource supports human sexuality outcomes.

© 1999

You, Me & the Kids: The Teen Years

Drugs: Coming to a Neighbourhood Near You

Support Resource Grade 7

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20306-17

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

The teens featured in this 24-minute program find out how easy it is to get drugs. Many drugs, manufactured in the suburbs, are given away free in order to get kids hooked. Health experts discuss the pressures and realities associated with drugs.

The Eating Edge: A Guide to Healthy Eating for Teens: Partner's Guide Grades 9-10

Authorized Teaching Resource Grades 7, 8, 9

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓						

This manual includes integrity challenges relating to one's food and activity choices. Numerous related topics for students to explore and/or discuss are included in the lesson plans. Overheads and blackline masters are available to supplement the lesson plans.

Comments:

- Produced in Canada.
- This resource is also an authorized teaching resource for Physical Education Grades 7 to 9.

© 1995

Dairy Nutrition Council of Alberta; 14904 121A Avenue, EDMONTON, AB T5V 1A3
Telephone: 800–252–7530; 780–453–5942

Every Body Is a Somebody: Facilitator's Guide

454257 $37.45

Authorized Teaching Resource Grades 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓		✓				

This Canadian resource provides information and strategies on ways to promote positive body image among teen girls. This resource responds to the need for information relevant to the prevention, education and treatment of eating disorders. The following topics are included in the guide: media, family, friends, self-esteem, dieting, healthy eating, an active lifestyle, stress management and relationships.

Comments:

- This resource is also an authorized teaching resource for Physical Education Grades 7 to 12.

Sensitive Issues:

- This resource supports human sexuality outcomes.

© 1997 **Author(s):** Seaver, A. et al.

Everything You Need to Know About... Series	LRC Order No.:	Est. Price:
• **The Art of Leadership: How to Be a Positive Influence in Your Home, School, and Community**	**442434**	**$28.40**
• **Creating Your Own Support System**	**442426**	**$28.40**
• **The Dangers of Tattooing and Body Piercing**	**Out-of-Print**	
• **Drug Abuse**	**442492**	**$28.40**
• **Effective Communication at School and at Work**	**442400**	**$28.40**
• **Grieving**	**Out-of-Print**	
• **Having an Addictive Personality**	**442418**	**$28.40**
• **Sports Injuries**	**Out-of-Print**	
• **Stress**	**Out-of-Print**	
• **Teen Suicide**	**442442**	**$28.40**

Support Resource Grades 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓	✓	✓	✓	✓	✓	✓

This series relates to all three general outcomes of the Alberta Health and Life Skills Curriculum. The format of each book is consistent and thus makes it easy to find information. Scenarios dispersed throughout each book represent situations in students' everyday lives at home, school, community and workplace.

Comments:

- These scenarios would be useful for discussion starters.
- A glossary, a "Where to Go for Help" section (both American and Canadian), and Web sites are included in each book, but these have not been authorized by Alberta Learning.
- Some of the information and a few of the photographs are dated.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- Some sections of some books support human sexuality outcomes.
- Emphasis should be placed on the fact that in terms of abusive relationships, both genders could be victims and/or abusers.

© 2000 **Author(s):** Cefrey, H.

Exploring Your Horizons: Career and Personal Planning

	LRC Order No.:	Est. Price:
• **Exploring Your Horizons: Career and Personal Planning (Student Book)**	**440917**	**$36.70**
• **Exploring Your Horizons: Career and Personal Planning: Teacher's Resource**	**440925**	**$72.90**

Support Resource Grades 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓					✓	✓	✓	✓

This resource contains current Canadian information on career choices. The use of cartoons, and the colourful, engaging illustrations, will assist in maintaining student interest and generating discussions.

Comments:

- Gender and ethnic balances are depicted.

Sensitive Issues:

- Some concerns with Freedom of Information and Protection of Privacy legislation may result from a number of suggested activities.

© 1998 **Author(s):** Misener, J.; Butler, S.

Faces of Reality: Youth and Substance Use: The Making of a Commercial

Support Resource Grades 8, 9

Vendor Direct (Available Free of Charge)

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓		✓				

This 23-minute video features four teens, from various backgrounds, giving their personal stories about how they developed drug and/or alcohol dependencies.

Comments:

- The focus is on how dependencies developed, and on how they have given up the use of the substances.
- Information on substance abuse, relationships, suicide, and support services is included.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

© 2000

AADAC Resource Development and Marketing; Suite 200–Pacific Plaza, 10909 Jasper Avenue, EDMONTON AB T5J 3M9

Telephone: 780–422–2794

Feelings and Faces

Support Resource Grades K, 1

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓				

This animated 29-minute video focuses on feelings: how to recognize them, their effects upon us, and how to deal with them. The program presents 16 children's faces, each expressing a feeling or particular emotion, a multiple choice test that asks students to name the feeling, and a repetition of the earlier segment with a counselor's explanation of each feeling.

Sensitive Issues:

- Sensitivity to a display of emotions exists in some cultures.

© 1999

Omega Films Limited; Unit 23–585 Middlefield Road, SCARBOROUGH, ON M1V 4Y5
Telephone: 800–663–4238; 416–291–4733 E-mail: omega@baloo.com

50 Activities for Teaching Emotional Intelligence

50 Activities for Teaching Emotional Intelligence: Level I: Elementary **438805** **$33.65**

Authorized Teaching Resource Grades 1, 2, 3, 4, 5, 6

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓	✓	✓		

From the framework of Emotional Intelligence, this teacher resource focuses on self-awareness, managing feelings, decision-making, managing stress, self-concept, personal responsibility, empathy, communication, group dynamics and conflict resolution. A variety of student activities provide opportunities for both personal reflection and group development skills.

Comments:

- Fifty activities are presented for each level.
- There are three different books, one for each of elementary, middle school and high school.

Sensitive Issues:

- Visualization and meditation techniques are discussed, but could easily be omitted by the classroom teacher if problematic for a community.

© 1996 **Author(s):** Shilling, D.

LRC Order No.: Est. Price:

50 Activities for Teaching Emotional Intelligence

50 Activities for Teaching Emotional Intelligence: Level II: Middle School 441163 $33.65

Authorized Teaching Resource Grades 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓	✓	✓		

From the framework of Emotional Intelligence, this teacher resource focuses on self-awareness, managing feelings, decision-making, managing stress, self-concept, personal responsibility, empathy, communication, group dynamics and conflict resolution. A variety of student activities provide opportunities for both personal reflection and group development skills.

Comments:

- Fifty activities are presented for each level.
- There are three different books, one for each of elementary, middle school and high school.

Sensitive Issues:

- Visualization and meditation techniques are discussed, but could easily be omitted by the classroom teacher if problematic for a community.

© 1996 **Author(s):** Shilling, D.

First Aid: The Vital Link Out-of-print

Authorized Teaching Resource Grades 1, 2, 3, 4, 5, 6, 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓						

This resource replaces the *First Aid Manual (18th Ed.)* of the Canadian Red Cross Society. It is a useful reference for teachers to use for instructional activities and in emergency situations. Topics include: emergency action principles, breathing and cardiovascular emergencies, head and spine, musculoskeletal and soft tissue injuries, sudden medical conditions, and poisons. Step by step procedures with illustrations are included.

Comments:

- This resource is also an authorized teaching resource for Physical Education Grades 1 to 12.

© 1994

LRC Order No.: **Est. Price:**

Look and Learn

A First Book about Bodies 438946 $20.70

Support Resource Grade 1

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓							

This book is an introduction to the human body. It identifies and discusses basic body parts. A large font, elementary vocabulary and age-appropriate graphics are used.

Comments:

- A variety of ethnic groups and a gender balance are depicted.

Sensitive Issues:

- This resource supports human sexuality outcomes.

© 1999 **Author(s):** Tuxworth, N.

F.I.T.: Fostering Independent Thinking: A Substance Abuse Prevention Resource for Teachers Grades 4–8 453986 $15.80

Authorized Teaching Resource Grades 5, 6, 7, 8

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓	✓	✓		✓		

This teacher resource provides background information and activities which cover several specific outcomes in General Outcomes 1, 2 and 3. The relevant topics include self-image, assertiveness, friendship, drugs and decision-making. Teachers will have to choose activities suitable for specific outcomes at their grade level.

Comments:

- This resource would be more durable if it had a hard or laminated cover.

© 2000 **Author(s):** Lane, K.

LRC Order No.: **Est. Price:**

Flipping the World: Drugs Through a Blue Lens **455114** **$58.40**

Support Resource Grade 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓			✓					

This 30-minute video realistically portrays the lives of four drug addicts through interviews and video clips of the addicts. The format consists of two Vancouver police officers discussing the impact of addiction with a group of teenagers of diverse ethnic backgrounds. There is an overall message of hope as the video encourages students to thoughtfully and responsibly make positive lifestyle choices.

Comments:

- Gender balance presented.

Sensitive Issues:

- Some of the realistic scenes may be disturbing to some individuals, families and communities.
- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

© 2000

Food Additives: Substances Added in Food Processing **453754** **$92.35**

Support Resource Grade 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

A factual non-judgemental introduction to food additives. The 25-minute video discusses different uses and how manufacturers introduce food additives during processing.

Sensitive Issues:

- Requires background knowledge and/or support material to critically analyze the benefits and detrimental aspects of food additives.
- Health concerns relating to specific additives are not addressed.
- While there are benefits to discussing this topic in a non-judgmental fashion, it does not encourage students to think about the consequences of having additives in their food.
- Does not discuss long-term consequences to our health of using food additives.

© 1998

You, Me & the Kids: The Teen Years

Gender Blues

Support Resource Grade 7

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20306-04

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This 24-minute video is a sensitive and insightful portrayal of gender equality with a fresh perspective on respect for others and their differences. A variety of life skills and interests are explored; e.g. girls playing hockey, boys in ballet, girls excelling in electronics, and boys in babysitting roles.

Comments:

- Both male and female examples of various roles are provided.
- This program is inclusive of Aboriginal peoples.
- Other titles in this series authorized for Health and Life Skills include: *Cliques and Shunning.*

© 1999

You, Me & the Kids: The Teen Years

Getting Dumped

Support Resource Grade 9

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20306-33

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
				✓				

This 24-minute program addresses some of the struggles teens have with keeping and breaking relationships.

LRC Order No.: Est. Price:

Getting to School Safely is Your Job

Support Resource Grades K, 1, 2 **Vendor Direct**

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓						

This 13-minute video, suited to primary grades, models the do's and don'ts of being safe when traveling to school. The video covers safety procedures for walking, bussing, bike riding, or riding in a private vehicle to school. A portion of the video also deals with stranger safety. Students are encouraged by a police officer to take ownership for their own safety.

© 1998

Marlin Motion Pictures Ltd.; 211 Watline Avenue, MISSISSAUGA, ON L4Z 1P3
Telephone: 888–260–2232 ; 905–890–1500 E-mail: pamela@marlineducation.com

You, Me & the Kids: The Teen Years

Giving Back

Support Resource Grades 7, 8 **ACCESS–The Education Station / Regional Resource and Urban Media Centres**
BPN 20306-15

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓					

This 24-minute video attempts to teach teens to broaden their perspective and to become community minded. Experts, parents and teens discuss the pressures and realities of today.

Real People

Gossiping, Taunting, Bullying: It's All Harassment (Video and Teacher's Guide)

Authorized Teaching Resource Grades 7, 8

ACCESS–The Education Station / Regional Resource and Urban Media Centres

BPN 2055601

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓	✓			

This program effectively addresses the topic of harassment: gossiping, taunting and bullying. The teacher's guide includes questions for discussion, activity suggestions, handouts and a script. The video lends itself to describing situations, addressing problems, and discussing strategies for dealing with these real life school situations.

© 2001

Growing Up! For Boys

Support Resource Grades 4, 5, 6

ACCESS–The Education Station / Regional Resource and Urban Media Centres

BPN 20516-01

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓							

This informative 15-minute video, designed for boys, outlines changes boys experience during puberty, the parts and functions of the male reproductive system, and the emotional issues associated with puberty. This video includes a teaching guide with a written script, vocabulary list, discussion questions and classroom activities.

Comments:

- Includes simple drawings of the male and female reproductive systems.
- This resource supports human sexuality outcomes.

© 1995

Growing Up! For Girls

Support Resource Grades 4, 5, 6

ACCESS–The Education Station / Regional Resource and Urban Media Centres

BPN 20517-01

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓		✓					

This informative 15-minute video, designed for girls, outlines changes girls experience during puberty, the parts and functions of the female reproductive system, and the emotional issues associated with puberty, and overall health and hygiene. The video includes a teaching guide with a written script, vocabulary list, discussion quesions and classroom activities.

Comments:

- Includes simple drawings of the female reproductive system and discusses sanitary products, including pads and tampons.

Sensitive Issues:

- Some professionals may object that tampons are discussed but not the risks of Toxic Shock Syndrome.
- This resource supports human sexuality outcomes.

© 1995

Health: Exercise, Nutrition, and Sleep (3rd Ed.)

398645 $35.05

Authorized Teaching Resource Grades K, 1, 2, 3, 4, 5, 6

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This 14-minute program addresses exercise, proper nutrition and rest. Questions are provided for pre- and post-viewing; as well, discussion topics and activities are suggested for follow-up. Elementary age students present the concepts in an easy to follow format.

Comments:

This resource is also an authorized teaching resource for Physical Education Kindergarten to Grade 6.

© 1996

		LRC Order No.:	Est. Price:
Health Issues 7			
Health Issues 7 (Student Book)		505521	$18.55
Health Issues 7: Teacher's Resource (includes Blackline Masters on CD-ROM)		505539	$78.95

Basic / Authorized Teaching Resource   Grade 7

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓	✓	✓	✓	✓	✓	✓

The Health Issues series is a literature-based approach for the teaching of health and life skills. The student text, "Health Issues 7," contains a literary selection of short stories, nonfiction, essays, poems, fables, articles, monologues and a novel excerpt – organized in three sections "Wellness," "Relationships," and "Life Learning." These selections present real people and characters who deal with many health issues in their lives and through their stories. The accompanying "Health Issues 7, Teacher's Resource Guide" makes the connection between the literary selections and the outcomes of the grade 7 Health and Life Skills program of studies. The majority of program outcomes are addressed in the guide. The guide includes overview information (about the author, background, links, key terms/concepts relating to Health and Life Skills, key terms/concepts relating to Language Arts), pre-reading, reading, and post-reading activities, and assessment activities. Blackline masters for teaching information, student information and assessment activities are also included. Similar student literary collections and accompanying teacher guides are available for "Health Issues 8" and "Health Issues 9."

© 2002 **Author(s):** Leitenberg, G. et al.

Health Issues 8

	LRC Order No.:	Est. Price:
Health Issues 8 (Student Book)	**505555**	**$18.55**
Health Issues 8: Teacher's Resource (includes Blackline Masters on CD-ROM)	**505563**	**$78.95**

Basic / Authorized Teaching Resource   Grade 8

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓	✓	✓	✓	✓	✓	✓

The Health Issues series is a literature-based approach for the teaching of health and life skills. The student text, "Health Issues 8," contains a literary selection of short stories, nonfiction, essays, poems, anecdote, and a chart – organized in three sections, "Wellness," "Relationships," and "Life Learning." These selections present real people and characters who deal with many health issues in their lives and through their stories. The accompanying "Health Issues 8: Teacher's Resource Guide" makes the connection between the literary selections and the outcomes of the grade 8 Health and Life skills program of studies. The majority of program outcomes are addressed in the guide. The guide includes overview information (about the author, background, links, key terms/concepts relating to Health and Life Skills, key terms/concepts relating to Language Arts), pre-reading, reading, and post-reading activities, and assessment activities. Blackline masters for teacher information, student information and assessment activities are also included. Similar literary collections and accompanying teacher resource guide are available for "Health Issues 7" and "Health Issues 9."

© 2002 **Author(s):** Leitenberg, G. et al.

Health Issues 9

	LRC Order No.:	Est. Price:
Health Issues 9 (Student Book)	**505589**	**$18.55**
Health Issues 9: Teacher's Resource (includes Blackline Masters on CD-ROM)	**505597**	**$78.95**

Basic / Authorized Teaching Resource Grade 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓	✓	✓	✓	✓	✓	✓

The Health Issues series is a literature-based approach for the teaching of health and life skills. The student text, "Health Issues 9," contains a literary selection of short stories, nonfiction, essays, poems, anecdote, and a chart – organized in three sections, "Wellness," "Relationships," and "Life Learning." These selections present real people and characters who deal with many health issues in their lives and through their stories. The accompanying "Health Issues 9: Teacher's Resource Guide" makes the connection between the literary selections and the outcomes of the grade 9 Health and Life skills program of studies. The majority of program outcomes are addressed in the guide. The guide includes overview information (about the author, background, links, key terms/concepts relating to Health and Life Skills, key terms/concepts relating to Language Arts), pre-reading, reading, and post-reading activities, and assessment activities. Blackline masters for teacher information, student information and assessment activities are also included. Similar literary collections and accompanying teacher resource guide are available for "Health Issues 7" and "Health Issues 8."

Health Matters Series

	LRC Order No.:	Est. Price:
• **Drugs and Your Health** ***(Grades 4, 5)***	**445066**	**$26.95**
• **Exercise and Your Health** ***(Grades 2, 3, 4, 5)***	**445058**	**$26.95**
• **Food and Your Health** ***(Grades 2, 3, 4, 5)***	**445040**	**$26.95**
• **Hygiene and Your Health** ***(Grades 2, 3, 4, 5)***	**445032**	**$26.95**

Support Resource

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓						

This series of four colourful and informative texts focuses on four aspects of a child's health: food, hygiene, exercise and drugs. Each book includes information, student activities and a glossary.

Comments:

- The content in some of the books may be beyond the developmental stage of the learners, but includes useful background information for teachers.
- Gender equity and cultural diversity are depicted.
- Some American content, but does not detract from the information.

© 1998 **Author(s):** Powell, J.

LRC Order No.: Est. Price:

Healthy Lifestyle Choices for Cancer Prevention: Resource for Teachers 444521 $7.00

Authorized Teaching Resource Grades 2, 3, 4, 5, 6, 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This manual, from the Alberta Cancer Board, contains information on healthy lifestyle choices for cancer prevention. The topics covered include tobacco use, healthy eating, sun sense, and cervical cancer prevention. The resource suggests a variety of teaching strategies and activities which would help teachers prepare cancer prevention programs that fit the curriculum.

Comments:

- Teachers can pick and choose relevant activities for their classes.
- Suggested videos and web sites are listed as part of each section.

Sensitive Issues:

- References are made to specific web sites that are not approved by Alberta Learning. Teachers, for their own protection, should review the current status of the web sites, including documents identified in the links, to ensure that the sites contain accurate and appropriate information.

© 2000

Healthy Living with Sunshine / Vivre en santé sous le soleil (Windows / Macintosh Version) 444026 $23.35

Support Resource Grade 4

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This resource contains clearly outlined information about the impact of environmental factors on personal health; e.g. sunshine. The animation used would be appropriate for the Grade 4 student.

© 1996

Helpers in Our Community Series	LRC Order No.:	Est. Price:
• **We Need Doctors**	**439910**	**$16.40**
• **We Need Fire Fighters**	**439944**	**$16.40**
• **We Need Nurses**	**439978**	**$16.40**
• **We Need Police Officers**	**439994**	**$16.40**

Support Resource Grade K

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓		✓			✓	

This set includes four books that are colourful and easy to use, and introduce careers, community services, workers and caregivers. The one-sentence descriptors are well suited to beginning readers and effectively match the corresponding pictures. Extension activities are provided by the inclusion of an introductory glossary and recommended Internet sites for further research.

Comments:

- Ethnic diversity and non-traditional roles are present in this resource.

Sensitive Issues:

- The resource is American and some American symbols are present on a few pages but not enough to detract from the usefulness of the resource.
- References are made to specific web sites that are not approved by Alberta Learning. Teachers, for their own protection, should review the current status of the web sites, including documents identified in the links, to ensure that the sites contain accurate and appropriate information.

© 2000 **Author(s):** Schaefer, L.

Helping Children Learn about Healthy Relationships: A Teacher's Guide to Addressing Children's Concerns (Video and Teacher's Guide)

Authorized Teaching Resource Grades 4, 5 **Publisher / Distributor (By Inservice Only)**

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓			✓	✓				

This is a locally-produced (Calgary Police Services) video kit. The teacher's guide includes outcomes for each lesson , along with worksheets and student activities. The kit uses a short video comprised of child testimonies. The topics covered include abuse, healthy and unhealthy relationships, feeling and emotions, understanding anger and keeping safe.

Comments:

- The entire program becomes much broader in terms of feelings and relationships and goes beyond the boundaries of the family.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

© 2002

Calgary Police Services Interpretative Center; 133 6th Avenue SE, CALGARY AB T2G 4Z1
Telephone: (403) 268-4565 or (403) 268-4566

Helping Kids Manage Grief, Fear and Anger

440305 $29.45

Authorized Teaching Resource Grades 4, 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓					

This resource deals with three emotions: grief, fear and anger. It is a collection of activities designed to help students explore, understand and express their feelings in safe and acceptable ways.

Comments:

- A number of activities promote personal reflection.

Sensitive Issues:

- Some of the suggested activities may be controversial.
- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

© 2000 **Author(s):** Akin, T. et al.

LRC Order No.: Est. Price:

How to Handle Stress (Video)

Support Resource Grades 4, 5, 6

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓					

This 9-minute video covers the subject of stress, reasons for it, signs of stress and ways of coping with stress. It also covers the physiological and psychological effects of stress.

Comments:

- Comprehensive program covering Kindergarten to Grade 6, but the language is geared toward Grades 4 to 6.

© 1999

Marlin Motion Pictures Ltd.; 211 Watline Avenue, MISSISSAUGA, ON L4Z 1P3
Telephone: 888–260–2232 ; 905–890–1500 E-mail: pamela@marlineducation.com

I Can Make Good Choices

Support Resource Grade 4

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
						✓		

This 17-minute video includes three scenarios about making choices. The teacher's guide offers numerous student activities. The resource helps students learn to evaluate options, predict outcomes and accept the consequences of their choices.

Comments:

- A Grade 4 curriculum fit is most appropriate, despite the fact the teacher's guide suggests Grades 2 to 4.

© 1995

Sunburst Technology/Knowledge Adventure; 6th Floor, 6060 Centre Drive, LOS ANGELES CA 90045 USA
Telephone: 310–649–8152 E-mail: service@nysunburst.com

I Quit! Tobacco and Teens

Support Resource Grade 9

ACCESS–The Education Station / Regional Resource and Urban Media Centres

BPN 20350-01

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

A 15-minute American program interviewing teens who have quit using tobacco. Information is presented on ways to quit using tobacco, and triggers and reactions to continued tobacco use are explored. High school students from several ethnic backgrounds are portrayed.

© 1997

Improving Classroom Behaviour: Savvy Solutions for Inattentive, Withdrawn and Aggressive Children (Macintosh / Windows Version) **399148** **$31.55**

Authorized Teaching Resource Grades K, 1, 2, 3, 4, 5, 6, 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
					✓	✓		

A teaching strategies CDROM designed for the classroom teacher at all grade levels. A number of "problem behaviors" are targeted and effective management techniques are presented with accompanying video segments role modelling effective interventions.

Comments:

- Albertan and Western Canadian classroom ethnic diversity are reflected in this resource.
- People with disabilities are included.

© 1998 **Author(s):** Murphy, K.

LRC Order No.: Est. Price:

Improving the Odds

- **Improving the Odds (Educator's Resource)**
- **Improving the Odds: Interactive Tobacco Prevention Module**
- **Improving the Odds: Facilitator's Guide**

Support Resource Grades 5, 6, 7, 8

Out-of-Print

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This program is an extensive tobacco use prevention resource. It includes background information about tobacco, detailed lesson plans, varied student activities and an interactive CDROM.

Comments:

- The emphasis is on prevention of smoking for young women.
- Some of the statistics presented are dated; e.g. 1980's and early 1990's.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- This resource contains a strong anti-smoking activitist tone.
- This resource contains information which may be controversial. Often students who have low self-esteem, self-efficacy and academic achievement, and come from a low socio-economic background, smoke. Many Aboriginal students fit that profile. Teachers need to be sensitive to this issue; e.g. pages 11, 20, 48, 88.

© 1996

Health Canada Publications – Population and Public Health Branch; Alberta/NWT Region
Suite 815–9700 Jasper Avenue, EDMONTON, AB T5J 4C3 E-mail: info@www.hc-sc.gc.ca

			LRC Order No.:	Est. Price:
Inger's Promise (Student Book)			**441098**	**$31.50**

Support Resource   Grades 2, 3

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓	✓			

This resource is a modern-day fable that teaches the importance of trustworthiness. The setting is the Arctic Circle in northern Norway, and some information is provided about the people and their culture.

Sensitive Issues:

- Two of the main characters may not present a positive age or gender image, but the story provides a positive approach to trustworthiness.

© 1996 **Author(s):** Parkison, J.

Jackson's Plan (Student Book)	**441204**	**$31.50**

Support Resource   Grades 2, 3

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓			✓		

This modern-day fable uses colourful illustrations to explore the idea of perseverance, setting a goal and making a plan to carry it out. The story takes place in a swamp in the southern USA, in what has become a National Wildlife Refuge.

Comments:

- This resource could be used with other subject areas.

Sensitive Issues:

- Teachers may wish to obtain further information on the Seminole Tribe before presenting this resource to students.

© 1998 **Author(s):** Talley, L.

LRC Order No.: Est. Price:

Just Around the Corner: For Boys

Support Resource Grades 4, 5, 6

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20520-01

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
	✓							

This 15-minute video introduces the physical and emotional changes that occur in boys at puberty. The male reproductive system and physiological changes at puberty are discussed.

Comments:

- Proper hygiene and healthy habits are discussed.
- The program depicts a positive male role model explaining the subject matter.

Sensitive Issues:

- This resource supports human sexuality outcomes.

© 2000

Just Around the Corner: For Girls

Support Resource Grades 4, 5, 6

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20519-01

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
	✓							

This 15-minute video is narrated by a teenage girl who explains the physical and emotional changes that occur at puberty. It deals with the female reproductive system and menstruation as well as good hygiene and healthy habits.

Comments:

- The narrator is a positive role model and presents a positive attitude for younger girls approaching puberty. The video teaching guide recommends the program for Grades 3 to 5; however, it exclusively supports Grade 4 outcomes (W-4-3) in the Alberta Health and Life Skills program.

Sensitive Issues:

- This resource supports human sexuality outcomes.
- Teacher discretion will determine whether to use for the whole class or just with girls.

© 2000

You, Me & the Kids: The Teen Years

Kids and Alcohol

Support Resource Grade 7

ACCESS–The Education Station / Regional Resource and Urban Media Centres

BPN 20306-10

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This 24-minute video portrays the effect of peer pressure on teens and drinking. Attention is given to how teens can be somewhat prepared for this pressure.

Kids with Diabetes in Your Care: A Practical Guide

Authorized Teaching Resource Grades K, 1, 2, 3, 4, 5, 6, 7, 8, 9

Vendor Direct (Available Free of Charge)

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This pamphlet, from the Canadian Diabetes Association, gives factual information to teachers who have students with diabetes.

© 1998

Canadian Diabetes Association - Alberta and NWT Division; 1010–10117 Jasper Avenue, EDMONTON, AB T5J 1W8

Telephone: 800–563–0032; 780–423–1232

You, Me & the Kids: The Teen Years

Kids Having Kids

Support Resource Grade 9

ACCESS–The Education Station / Regional Resource and Urban Media Centres

BPN 20306-18

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
	✓	✓						

This 24-minute program gives a realistic portrayal of teen parenthood. Through drama and interviews with teenage moms and dads, some of the joys and sacrifices of having a baby as a teen parent are discussed.

Sensitive Issues:

- This resource supports human sexuality outcomes.
- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and community.

Know Your Body Health Kit (Gr. 3) (Note: The five puppets were not authorized) **445008** **$460.95**

Authorized Teaching Resource Grade 3

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓	✓	✓	✓	✓		

Included in this kit are a teacher's guide with health information, teaching strategies and student activities. Blackline masters and puppets are also included, and could assist in facilitating the activities.

Comments:

- Gender balance.
- A substantial amount of American content.
- Potential for subject integration.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- The issues of human sexuality, HIV and AIDS are addressed in a factual manner but may be problematic in some communities. These issues could easily be omitted as no specific outcomes address sexuality issues at this division.

© 2000

LRC Order No.: Est. Price:

You, Me & the Kids: The Teen Years

Let's Party

Support Resource Grade 9

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20306-28

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
	✓	✓			✓			

This 24-minute program demonstrates the need for teens to take precautions when hosting house parties.

Sensitive Issues:

- This resource supports human sexuality outcomes.

Let's Rap about AIDS

Support Resource Grades 8, 9

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
	✓							

This board game could be an effective tool to teach about safe sex and HIV/AIDS. It can be used as an "ice breaker" or to provide information about the topic.

Comments:

- Developed in Canada.
- This resource would be more durable if the game cards were laminated.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- The title "Let's Rap About AIDS" may be perceived by some to be making light of a serious topic.
- This resource supports human sexuality outcomes.

© 1998

R & B Game and Toy Developers Inc.; 15 Molloy Road, REGINA, SK S4R 6P2
Telephone: 306–545–0747 E-mail: hbrass@cableregina.com

	LRC Order No.:	Est. Price:
Let's Talk Library		
• **Let's Talk about Being a Good Friend *(Grade 1)***	440123	$20.90
• **Let's Talk about Good Manners *(Grades K, 1)***	440131	$20.90
• **Let's Talk about Head Lice *(Grades K, 1, 2, 3)***	440157	$20.90
• **Let's Talk about Living in a Blended Family *(Grade 1)***	440165	$20.90

Support Resource

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓			✓	✓	✓			

This set of four child-centred books deals with varied topics concerning health and social issues, including living in a blended family, being a good friend, good manners, and head lice. This resource has a large font, appropriate text and modern pictures. A glossary is included.

Comments:

- Gender equity and ethnic representation are demonstrated.

© 2000 **Author(s):** Kent, S.

The Library of Healthy Living Series		
• **Staying Healthy: Dental Care *(Grades K, 1, 2)***	440420	$20.90
• **Staying Healthy: Eating Right *(Grade 2)***	440280	$20.90
• **Staying Healthy: Let's Exercise *(Grade 1)***	440438	$20.90
• **Staying Healthy: Personal Safety *(Grades 1, 2)***	440446	$20.90

Support Resource

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This series provides children with an insight on personal health and safety. Vocabulary is introduced sequentially and efficiently, and messages are accompanied by photographs depicting racial and ethnic diversity.

Sensitive Issues:

- The "Personal Safety" book contains references to drugs, alcohol and cigarettes which may need some explanation by teachers.

© 1997 **Author(s):** McGinty, A.

LRC Order No.: Est. Price:

Life Begins: A Journey Into Life: The World of the Unborn (Windows / Macintosh Version 1.0) 465238 $143.80

Support Resource Grades 4, 5, 6, 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓							

This CDROM provides thorough coverage of most of the human sexuality topics for Grades 4 to 9, grouped under the headings: The Human Body; Man; Woman; Pregnancy, Labor and Birth; and Life Choices. All are dealt with in the context of healthy relationships and positive decision-making skills. Contains some very explicit material, although a "lockout" feature allows teachers to restrict access; e.g. live birth sequence.

Comments:

- The controversial topics are dealt with in a very sensitive manner.
- Suitable for public and separate schools.
- Teachers are advised that this CDROM features topics appropriate for several grades and it is therefore recommended that only a direct curriculum fit be used at a particular grade.

Sensitive Issues:

- Teachers are cautioned to preview the entire CDROM and choose to lock out any of the graphic and explicit content that may not be developmentally appropriate for students.
- This resource supports human sexuality outcomes.

© 1998

Liking the Me I See in the Mirror: An Educational Resource Manual for Teachers on Body Image and Self-esteem 458142 $40.95

Authorized Teaching Resource Grades 4, 5, 6, 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓	✓					

This resource would be appropriate for both physical education and health education curricula. The focus is on body image education. The interactive student activities and handouts are attempts at helping individuals improve their body image in order to prevent the development of an eating disorder.

Comments:

- This resource is also an authorized teaching resource for Physical Education Grades 4 to 9.

© 2001 **Author(s):** Hare, S.; Drummond, D.

LRC Order No.: Est. Price:

Liking the Me I See in the Mirror: A Family Workbook for Parents and Their Children on Building Body Friendly Homes

458150 $10.00

Authorized Teaching Resource Grades 4, 5, 6, 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓	✓					

This resource would be appropriate for both physical education and health education curricula. The focus is on body image education. The interactive student activities and handouts are attempts at helping individuals improve their body image in order to prevent the development of an eating disorder.

Comments:

- This resource is also an authorized teaching resource for Physical Education Grades 4 to 9.

© 2001 **Author(s):** Hare, S.; Drummond, D.

Lions-Quest: Skills for Action: Service • Character • Citizenship • Responsibility

Lions-Quest: Exploring the Issues: Promoting Peace and Preventing Violence

Authorized Teaching Resource Grades 7, 8, 9

Publisher / Distributor (By Inservice Only)

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓	✓	✓	✓			

This comprehensive activity-based teacher resource deals with prevention of violence, conflict resolution, anger management and effective communication. It is well organized and includes reproducibles for students.

Comments:

- Gender balance.

Sensitive Issues:

- Sexual harassment and date rape are two aspects of violence included in this resource.
- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- This resource supports human sexuality outcomes.

© 1995 **Author(s):** Keister, S. et al.

Lions-Quest Canada; Unit 7–515 Dotzert Court, WATERLOO, ON N2L 6A7
Telephone: 800–265–2680; 519–725–1170 E-mail: bruce@lions-quest.ca

LRC Order No.: Est. Price:

Lions-Quest: Skills for Action: Service • Character • Citizenship • Responsibility

Lions-Quest: Exploring the Issues: Teens: Alcohol and Other Drugs

Authorized Teaching Resource Grades 7, 8, 9 **Publisher / Distributor (By Inservice Only)**

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓						

This well organized manual includes information, supported by research, on issues relating to drugs and alcohol. The resource offers various strategies to aid teens in making healthy decisions about alcohol and drug use.

Sensitive Issues:

- This resource includes activities which could cause distress in some individuals and/or families; e.g. page 28. Teachers are reminded to preview the material prior to introducing it to students.

© 1995 **Author(s):** Apacki, C.

Lions-Quest Canada; Unit 7–515 Dotzert Court, WATERLOO, ON N2L 6A7
Telephone: 800–265–2680; 519–725–1170 E-mail: bruce@lions-quest.ca

Lions-Quest: Healthy Bodies

Lions-Quest: Healthy Bodies: Grade 1 **444274** **$17.55**

Authorized Teaching Resource Grade 1

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓				✓		

Healthy Bodies is a series of five books (Grades 1–5) consisting of lessons about body parts, body systems, body care, nutrition, appearance, fitness, safety and disease. These books are useful as a supplement to older versions of the Lions-Quest program that do not contain the "Healthy Bodies" component. These books are not suitable as stand alone resources.

Comments:

- No special teacher training is required to use the Healthy Bodies series.
- Could be integrated with other subject areas.

© 1999

LRC Order No.: Est. Price:

Lions-Quest: Healthy Bodies

Lions-Quest: Healthy Bodies: Grade 2

444282 $17.55

Authorized Teaching Resource Grade 2

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓				✓		

Healthy Bodies is a series of five books (Grades 1–5) consisting of lessons about body parts, body systems, body care, nutrition, appearance, fitness, safety and disease. These books are useful as a supplement to older versions of the Lions-Quest program that do not contain the "Healthy Bodies" component. These books are not suitable as stand alone resources.

Comments:

- No special teacher training is required to use the Healthy Bodies series.
- Could be integrated with other subject areas.

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Lions-Quest: Skills for Action 7 (Kit)

Authorized Teaching Resource Grades 7, 8, 9

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓		✓	✓	✓		✓

This resource was created to help young people become personally and socially responsible citizens. It could be used as a supplement to Relationship Choices (GO2) and Life Learning Choices (GO3). It provides comprehensive coverage of the volunteerism outcomes of the Alberta Health and Life Skills program.

Comments:

This resource has materials, such as blackline masters, that could be used in conjunction with previously published Lions-Quest materials.

© 1995

Lions-Quest Canada; Unit 7–515 Dotzert Court, WATERLOO, ON N2L 6A7
Telephone: 800–265–2680; 519–725–1170 E-mail: bruce@lions-quest.ca

LRC Order No.: **Est. Price:**

Lions-Quest: Skills Bank: Service • Character • Citizenship • Responsibility

Authorized Teaching Resource Grades 7, 8, 9

Publisher / Distributor (By Inservice Only)

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓	✓	✓	✓		✓	✓

The Skills Bank consists of 26 skills grouped under the following themes: Cultural Awareness, Interpersonal Communication, Personal Management and Responsibility, and Study and Writing Skills. Each skill includes a rationale and guidelines for teaching, as well as several application options for teaching, reinforcing and enriching the skills. There are samples of assignments and a variety of case studies, as well as practical role-plays that are easily photocopied and cut for use in class.

Comments:

- This is reinforcement for teachers familiar with the program, and for those entering the teaching profession it is a detailed, user-friendly support resource.
- Uses models and acronyms.
- Useful teaching tool as it gives guideline pointers for each lesson.
- There is a need to coordinate the lessons to specific grade levels to avoid overlap.
- Some activities are geared to smaller class sizes.
- Quotations are used exclusively in enrichment options.

Sensitive Issues:

- Page 8, Option 1: Re-word "People with speech problems are retarded" to "People with speech problems may be slow learners." This example is included in a lesson regarding stereotyping and labelling.

© 1999

Lions-Quest Canada; Unit 7–515 Dotzert Court, WATERLOO, ON N2L 6A7
Telephone: 800–265–2680; 519–725–1170 E-mail: bruce@lions-quest.ca

LRC Order No.: Est. Price:

Lions-Quest: Skills Bank: Service • Character • Citizenship • Responsibility: Curriculum Manual

Authorized Teaching Resource Grades 7, 8, 9 **Publisher / Distributor (By Inservice Only)**

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
					✓	✓	✓	✓

This resource complements the volunteerism component of both the K–9 Health curriculum and the CALM curriculum. The focus is on building a learning community, exploring personal and social responsibility, taking action through service learning, evaluating and sharing experiences.

Comments:

- A one-day training workshop is necessary to obtain these resources.

© 2000

Lions-Quest Canada; Unit 7–515 Dotzert Court, WATERLOO, ON N2L 6A7
Telephone: 800–265–2680; 519–725–1170 E-mail: bruce@lions-quest.ca

Lions-Quest: Skills for Growing

Lions-Quest: Skills for Growing: K (2nd Ed.)

Authorized Teaching Resource Grade K **Vendor Direct**

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓	✓	✓	✓	✓	✓	✓

This comprehensive kit includes background information for teachers, parents, school climate committees and students. The instructional units include material on responsibility, good judgement, self-discipline, respect for others and healthy bodies.

Comments:

- This program requires teachers to complete specific training prior to classroom use.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

© 1998

Lions-Quest Canada; Unit 7–515 Dotzert Court, WATERLOO, ON N2L 6A7
Telephone: 800–265–2680; 519–725–1170 E-mail: bruce@lions-quest.ca

LRC Order No.: Est. Price:

Lions-Quest: Skills for Growing

Lions-Quest: Skills for Growing: 1 (2nd Ed.)

Authorized Teaching Resource Grade 1

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓	✓	✓	✓	✓	✓	✓

This comprehensive kit includes background information for teachers, parents, school climate committees and students. The instructional units include material on responsibility, good judgement, self-discipline, respect for others and healthy bodies.

Comments:

- This program requires teachers to complete specific training prior to classroom use.
- This resource is well suited to a whole school program rather than one which is grade specific.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

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Telephone: 800–265–2680; 519–725–1170 E-mail: bruce@lions-quest.ca

LRC Order No.: Est. Price:

Lions-Quest: Skills for Growing

Lions-Quest: Skills for Growing: 2 (2nd Ed.)

Authorized Teaching Resource Grade 2

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓	✓	✓	✓	✓	✓	✓

This comprehensive kit includes background information for teachers, parents, school climate committees and students. The instructional units include material on responsibility, good judgement, self-discipline, respect for others and healthy bodies.

Comments:

- This program requires teachers to complete specific training prior to classroom use.
- This resource is well suited to a whole school program rather than one which is grade specific.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

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Telephone: 800–265–2680; 519–725–1170 E-mail: bruce@lions-quest.ca

LRC Order No.: **Est. Price:**

Lions-Quest: Skills for Growing

Lions-Quest: Skills for Growing: 3 (2nd Ed.)

Authorized Teaching Resource Grade 3

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓	✓	✓	✓	✓	✓	✓

This comprehensive kit includes background information for teachers, parents, school climate committees and students. The instructional units include material on responsibility, good judgement, self-discipline, respect for others and healthy bodies.

Comments:

- This program requires teachers to complete specific training prior to classroom use.
- This resource is well suited to a whole school program rather than one which is grade specific.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

© 1998

Lions-Quest Canada; Unit 7–515 Dotzert Court, WATERLOO, ON N2L 6A7
Telephone: 800–265–2680; 519–725–1170 E-mail: bruce@lions-quest.ca

LRC Order No.: Est. Price:

Lions-Quest: Skills for Growing

Lions-Quest: Skills for Growing: 4 (2nd Ed.)

Authorized Teaching Resource Grade 4

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓	✓	✓	✓	✓	✓	✓

This comprehensive resource includes background information for teachers, parents, school climate committees and students. The instructional units include material on responsibility, good judgement, self-discipline, respect for others and healthy bodies.

Comments:

- This program requires teachers to complete specific training prior to classroom use.
- This resource is well suited to a whole school program rather than one which is grade specific.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

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Telephone: 800–265–2680; 519–725–1170 E-mail: bruce@lions-quest.ca

LRC Order No.: **Est. Price:**

Lions-Quest: Skills for Growing

Lions-Quest: Skills for Growing: 5 (2nd Ed.)

Authorized Teaching Resource Grade 5

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓	✓	✓	✓			✓

This program covers the areas of responsibilities, good judgement, self-discipline, and respect for others. The resource includes a drug information guide, a skills for growing guide and a guide for family involvement. Unit outlines, lesson plans and student activities are provided.

Comments:

- Lions Quest requires that teachers complete specific training prior to classroom use.

Sensitive Issues:

- This resource supports human sexuality outcomes.

© 1998

Lions-Quest Canada; Unit 7–515 Dotzert Court, WATERLOO, ON N2L 6A7
Telephone: 800–265–2680; 519–725–1170 E-mail: bruce@lions-quest.ca

LRC Order No.: Est. Price:

Lions-Quest: Skills for Growing

Skills for Adolescence: A Positive Youth Development Program for Middle and Junior High Schools (4th. Ed.)

Authorized Teaching Resource Grades 6, 7, 8, 9 **Publisher / Distributor (By Inservice Only)**

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓			✓	✓		✓		✓

This resource is part of a program of 102 sequential skill-building lessons. The program can be adapted to a variety of settings and forms and consists of eight units: The Journey of Adolescence, Building Self Confidence and Communication Skills, Managing Emotions in Positive Ways, Improving Peer Relationships, Strengthening Family Relationships, Making Healthy Choices, Setting Goals/Developing Your Potential, and Service-Learning/Volunteerism. This resource package is comprised of teacher manuals, student activity manuals and manuals to facilitate family involvement.

Comments:

- This program requires teachers to complete specific training prior to classroom use.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

© 2001

Lions-Quest Canada; Unit 7–515 Dotzert Court, WATERLOO, ON N2L 6A7
Telephone: 800–265–2680; 519–725–1170 E-mail: bruce@lions-quest.ca

LRC Order No.: Est. Price:

Lions-Quest: Working Toward Peace

• Managing Anger, Resolving Conflict, and Preventing Violence (2nd Ed.) (includes Curriculum Manual; Poster Set; Student Book; Brochure; and Canadian Administrator's Guide)

Authorized Teaching Resource Grades 7, 8, 9

Publisher / Distributor (By Inservice Only)

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓	✓	✓	✓			

This resource could be used as a basis for a school-wide comprehensive anti-violence program. It teaches anger management and conflict resolution skills, strategies to prevent and avoid violence, and healthy ways to express emotion. Assertiveness and refusal skills are discussed. This resource also discusses media representation of relationships and methods of developing a positive environment. Included in this series is a well-designed teacher resource manual with numerous activities and cross-curricular references, and a student workbook.

Comments:

- This program requires teachers to complete specific training prior to classroom use.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.

© 1995 **Author(s):** Morgan, L. et al.

Lions-Quest Canada; Unit 7–515 Dotzert Court, WATERLOO, ON N2L 6A7

Telephone: 800–265–2680; 519–725–1170 **E-mail:** bruce@lions-quest.ca

LRC Order No.: Est. Price:

The Little Trapper

Support Resource Grades 4, 5, 6

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
							✓	✓

This current and local 24-minute video portrays a 13-year-old native boy choosing to continue the traditions of his Cree background. It illustrates the use of skills, talents, and interests as the basis for choosing a career path.

Comments:

- The resource provides positive role models for both genders and people of all ages, and enhances the image of First Nations Peoples.
- The biographical information in this resource could offer inspiration to youth who have likewise experienced a troubled childhood.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- The issue of trapping animals is included in this resource.

© 1999

National Film Board of Canada; Suite 100–10815 104 Avenue, EDMONTON, AB T5J 4N6
Telephone: 780–495–3013

Living with Sunshine: A Primary Teaching Resource on Sun Protection for Grades 1, 2 and 3

Pending

Authorized Teaching Resource Grade 2

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This primary teaching resource focuses on sun protection for primary students. The teacher's resource provides background information, lesson plans, student activities, take-home projects, and sheet music. It is a proactive, age-appropriate approach to sun safety.

© 2002

Mad Me

Support Resource Grade 3

ACCESS–The Education Station / Regional Resource and Urban Media Centres

BPN 20351-01

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓				

This 14-minute video uses an animated format to let students know that it is okay to be angry. Students are provided an opportunity to learn to identify reactions to anger, and a number of strategies to cope with angry feelings. A question and answer conclusion allows for discussion.

Comments:

- Gender balance and ethnic diversity are depicted.
- Age appropriate portrayals are presented.
- Two presentations are given, one with, and one without counsellor's comments.

© 1999

The Make It Real Game: Facilitator's Kit: Elementary School Edition **442179** **$227.95**

Authorized Teaching Resource Grades 5, 6

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
				✓	✓	✓	✓	

This resource, presented in a game format, deals with career and life choices. Twelve activities link student lives with work roles and personal career aspirations as students create a simulated society. Lesson plans, posters, transparencies, game materials, reproducible masters, assessment strategies and other components are included.

Comments:

- Canadian model.
- References are made to specific web sites that are not approved by Alberta Learning. Teachers, for their own protection, should review the current status of the web sites, including documents identified in the links, to ensure that the sites contain accurate and appropriate information.

© 1999

Make School Work for You	LRC Order No.:	Est. Price:
• **Make School Work for You: Student Resource for Grades 7 - 12**	**461426**	**$5.85**
• **Make School Work for You: Teacher Implementation Guide**	**461434**	**$4.75**

Support Resource Grades 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
				✓	✓	✓		

This handbook would be appropriate for junior and senior high school students with learning disabilities. It includes suggestions to assist students with organizational skills, test-taking skills, writing skills, classroom survival skills and study skills. The teacher implementation guide contains practical ideas for use with the student resource *Make School Work for You*, Alberta Learning, 2001. Sample instructional activities, assessment strategies and blackline masters for student activities are included.

Comments:

- The appendices contain blackline masters for learning inventories and goal-setting, and graphic organizers for note-taking and writing skills.
- This resource is also available on audio CD.

© 2001

Making Decisions and Being Assertive: Knowing Your Mind, Speaking Your Mind	**453762**	**$92.35**

Support Resource Grade 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
						✓		

This 20-minute video shows how self-awareness is a prerequisite to making good decisions and being assertive. A young host comments on the skills used by reviewing the steps of the decision-making process. The second part of the program examines the differences between passive, aggressive and assertive behaviour.

Comments:

- The program is a useful tool for leading classroom discussions about personal development.

© 2000

Making Healthy Decisions

	LRC Order No.:	Est. Price:
• **Making Healthy Decisions: Alcohol, Tobacco, and Other Drugs: Unit 1 (Student Book)**	**444315**	**$20.55**
• **Making Healthy Decisions: Alcohol, Tobacco, and Other Drugs: Unit 1: Teacher's Guide**	**444323**	**$51.40**

Support Resource Grade 7

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓					✓			

This is an interactive, hands-on resource. The teacher's guide includes lesson plans with the following components: advance preparation, background information, related skills, and discussion sections. Lessons could be taught as an entire unit or as an individual class. The resource incorporates critical thinking skills and provides for curricular integration.

Comments:

- The title is misleading as the content does not relate to alcohol and other drugs but relates largely to tobacco use.
- A list of additional resources has not been reviewed or authorized by Alberta Learning.

© 2000

Making Healthy Decisions

	LRC Order No.:	Est. Price:
• **Making Healthy Decisions: Family Life 1 (Student Book)**	**453960**	**$20.55**
• **Making Healthy Decisions: Family Life 1: Teacher's Guide**	**453978**	**$51.40**

Support Resource   Grades 5, 6, 7, 8

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓	✓	✓		✓		

This resource consists of a teacher's guide and a student book of ten lessons dealing with relationships, family and human reproduction systems and STDs. Each lesson includes background information, outcomes and teaching strategies.

Comments:

- Includes involving family members as an extension to classroom lessons.
- Promotes abstinence.
- Statistics presented in the Teacher's Guide represent an American perspective.
- Page 67 in the student book states "You can only get HIV by having sex or by sharing needles with someone who has the virus." This is inconsistent with medical research as well as with other statements in the student book.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- This resource supports human sexuality outcomes.
- Gender orientation is an issue presented in this resource.
- Supporting materials listed in "Going Further" sections have not been approved by Alberta Learning.

© 2000

	LRC Order No.:	Est. Price:
Making Healthy Decisions		
• **Making Healthy Decisions: Nutrition: Unit 1 (Student Book)**	**444290**	**$35.10**
• **Making Healthy Decisions: Nutrition: Unit 1: Teacher's Guide**	**444307**	**$70.15**

Support Resource Grades 4, 5, 6, 7, 8

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

Provides the teacher with a clear and meaningful layout of lessons. It includes activities, charts, games and hands-on learning opportunities for students.

© 1997

Making Healthy Decisions		
• **Making Healthy Decisions: Nutrition: Unit 2 (Student Book)**	**444331**	**$20.55**
• **Making Healthy Decisions: Nutrition: Unit 2: Teacher's Guide**	**444349**	**$51.40**

Support Resource Grades 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This is an interactive, hands-on resource. The teacher's guide includes lesson plans with the following components: advance preparation, background information, related skills and strategies sections. The focus is on analyzing eating habits and making healthy choices. Critical thinking is particularly reinforced in the section "Dealing with Controversial Issues in the Classroom."

Comments:

- Strong American content and examples, but much useful information is included.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- Eating disorders are addressed. Within this context there is a gender bias with examples focusing on females.
- Nutrition can be a controversial topic with religious, cultural and philosophical ramifications.

© 1997

Male and Female: Trust and Honesty

Support Resource Grade 8

ACCESS–The Education Station / Regional Resource and Urban Media Centres

BPN 20352-01

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓				✓				

The 22-minute video presents a definition of terms and examples. The resource is clear in addressing issues of honesty, trust, tactfulness, jealousy, and healthy versus unhealthy relationships. Fourteen- and fifteen-year-old students could easily relate to characters' roles. There is a minor reference to the American Emancipation Proclamation, but it does not detract from the overall presentation.

© 1995

Managing Conflict: Strategies, Activities and Role Plays for Kids

438780 $34.70

Authorized Teaching Resource Grades 3, 4, 5, 6, 7, 8

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓				

This resource addresses key communication skills needed to de-escalate conflict. After learning and practicing these skills, conflict resolution strategies are presented. Discussion and role-play topics provide opportunities for students to develop and test their approaches to conflict resolution.

© 1995 **Author(s):** Palomares, S.

Manners Matter

Support Resource Grades 4, 5, 6 **Vendor Direct**

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓				

This 15-minute video focuses on good manners. The humorous format depicts a middle school setting with adults displaying bad manners and students setting the positive example. The role reversal would be interesting and appealing to students at the grade 4–6 levels.

Comments:

- Close captioned.

© 1999

Magic Lantern Communications Ltd.; 3–8755 Ash Street, VANCOUVER, BC V6P 6T3
Telephone: 800–263–1818; 604–324–2600 E-mail: nkirkwood@magiclantern.ca

A Mind of Your Own **453770** **$58.40**

Support Resource Grade 7

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓			✓		

This 38-minute video addresses the issue of learning disabilities. It focuses on building self-esteem in this particular group. This resource would be useful for inservicing teachers who work with students who have learning disabilities. This resource could be shown to students who are in special education classes or receiving extra assistance. There are suggested activities and questions that can be used before and after viewing.

© 1999

LRC Order No.: Est. Price:

Molly's Magic (Student Book)

Support Resource Grade 3

449810 $31.50

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓			✓		

This set of storybooks contains internationally-based characters and settings and promotes skills such as courtesy, honesty, perseverance, trustworthiness, problem solving, responsibility, rule-following and anger management. Vocabulary and content are geared toward Grades 2 and 3. Topics address General Objectives of Expressing Emotions and Feelings, Relationships, Group Roles and Processess, Learning Strategies and Life Roles. Potential for Integration of other subjects (Grades 1-6).

© 1995 **Author(s):** Paine, P.C.

You, Me & the Kids: The Teen Years

More Than the Blues

Support Resource Grade 8

ACCESS–The Education Station / Regional Resource and Urban Media Centres

BPN 20306-20

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓					

This 24-minute program discusses depression—the symptoms and coping strategies. Diverse teens describe their experiences with depression and how they dealt with it. Health experts and parents also discuss depression.

LRC Order No.: Est. Price:

My World

My Breakfast 439481 $16.40

Support Resource Grade 2

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This book includes text and pictures regarding a young boy preparing a nutritious breakfast. The resource also includes a word count.

Comments:

- The resource focuses on one individual only.
- A "Cherrios" box appears in almost every photo.

© 2000 **Author(s):** Feldman, H.

Nutrition File™ for Teens: Building Better Bones through Good Nutrition 441238 $21.05

Authorized Teaching Resource Grades 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This resource, published by the Dairy Nutrition Council of Alberta, contains factual, well-supported material on milk intake, building bones and calcium content. The material is clearly presented and easy to follow. A variety of colour overheads and enrichment activities are included.

Comments:

- The content has a strong link to the Foods strand of the Career and Technology Studies program.
- This resource is also an authorized teaching resource for Physical Education Grades 7 to 9.

© 2000

LRC Order No.: Est. Price:

Nutrition P.I. Primary Ideas for Active Learning (Revised Edition) (Kit)

Authorized Teaching Resource Grades K, 1, 2, 3

Publisher / Distributor (By Inservice Only)

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This resource includes a variety of information and tools to facilitate active learning about nutrition. In addition to the teacher's guides, colourful posters, food cards, recipes and blackline masters are included.

Comments:

- Internet-based training module is being developed.
- Gender balance and racial diversity depicted.

Sensitive Issues:

- The teacher is required to attend a workshop in order to receive the materials.

© 1999

Dairy Nutrition Council of Alberta; 14904 121A Avenue, EDMONTON, AB T5V 1A3
Telephone: 800–252–7530; 780–453–5942

LRC Order No.: Est. Price:

Perspectives on Mental Health Series

• Depression 438293 $26.90

• Stress Management 438285 $26.90

Authorized Teaching Resource Grades 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
	✓	✓	✓	✓	✓			

These resources provide a definition of depression and stress management, how they are diagnosed, treatment procedures and ways to get help. Case studies and a glossary are also included.

Comments:

- The book may be given to students, under the guidance of a teacher, due to several sensitive issues.
- Web sites suggested as additional resources have not been reviewed by Alberta Learning.
- Gender balance and ethnic diversity is depicted.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- This resource supports human sexuality outcomes.
- Reference to sexual orientation is included in this resource.

© 2000 **Author(s):** Peacock, J.

Plato's Journey (Student Book) 441197 $31.50

Support Resource Grades 2, 3

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓	✓			

This storybook, containing bright and colourful illustrations, features animal characters dealing with relationship issues. Positive and negative behaviours, conflict management, respect and acceptance are demonstrated. The setting is Greece and thus the resource lends itself to integration with other subject areas.

Comments:

- The story provides a background for discussion.

© 1998 **Author(s):** Talley, L.

Think & Drive

Point.Pause.Proceed. Pedestrian Safety

Support Resource Grades 1, 2, 3, 4 **Vendor Direct (Available Free of Charge)**

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓						

This video thoroughly covers pedestrian safety, crosswalk safety, safety patrols and Halloween safety in an urban setting. The resource uses role-play and "catchy" music to capture the interest of the audience. The setting is a typical Alberta city or town.

Traffic Safety Initiative, Alberta Transportation; Main Floor, Twin Atria, 4999 98 Avenue, EDMONTON AB T6B 2X3
Telephone: 780–422–8839

PROJECT APEX

- **PROJECT APEX: Action Program on Eating and Exercise (Revised Edition): Action Pack**
- **PROJECT APEX: Action Program on Eating and Exercise (Revised Edition): Teacher's Guide: Grades 4-6**

Authorized Teaching Resource Grades 3, 4, 5, 6 **Publisher / Distributor (By Inservice Only)**

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

A Canadian kit on healthy eating and exercise. The guide includes nine well-developed lessons. The two posters are large and colourful, and reproducibles for handouts are also enclosed.

Comments:

- Gender balance.
- This resource is also an authorized teaching resource for Physical Education Grades 3 to 6.

© 1999

Dairy Nutrition Council of Alberta; 14904 121A Avenue, EDMONTON, AB T5V 1A3
Telephone: 800–252–7530; 780–453–5942

LRC Order No.: Est. Price:

Puberty for Boys: Amazing Changes Inside & Out (Video and Teacher's Guide)

Support / Authorized Teaching Resource Grades 7, 8 **ACCESS–The Education Station / Regional Resource and Urban Media Centres**

BPN 2058101

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓		✓	✓	✓			

This 21-minute close-captioned video presents information and addresses issues pertinent to male adolescent development. In video format, male teens, a physician and a psychiatrist interact and discuss the physical and developmental changes teens can expect. Topics include personal hygiene, sexual development, diet and exercise, social changes, developmental changes during puberty, emotional changes, relationships, and how to deal with these changes. The video is accompanied by a teacher guide, pre- and post-viewing activities, handouts, script and assessment activities.

Sensitive Issues:

- This resource supports human sexuality outcomes.

Comprehensive Health for the Middle Grades

Puberty and Reproduction: Teacher / Student Resource

454041 $55.50

Authorized Teaching Resource Grades 4, 5, 6

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
	✓							

This teacher guide and the accompanying blackline masters thoroughly cover the topics of puberty and reproduction for Grades 4, 5 and 6. It provides instructional content, numerous student activities, and evaluation criteria and procedures.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- This resource supports human sexuality outcomes.
- Masturbation is discussed in a separate, optional set of lessons.

© 1996 **Author(s):** Golliher, C.

LRC Order No.: Est. Price:

480153 $140.25

Put Yourself In Someone Else's Shoes: Building Character Grades 2-4

Authorized Teaching Resource Grade 4

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓		✓			

This 15-minute video explores the meaning of empathy and the importance of trying to imagine how someone else feels in a difficult situation. This video also discusses distinguishing between appropriate and inappropriate ways of trying to console an unhappy friend, the hurtful effects of teasing, and using empathy. A comprehensive teacher's guide with objectives, worksheets, and discussion questions is also included.

Comments:

- The material is appropriate for curriculum integration.

Real Game Series

The Real Game (Junior High / Middle School Edition) (Revised): Facilitator's Kit

Out-of-print

Authorized Teaching Resource Grades 7, 8

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
				✓		✓	✓	

This resource, presented in a game format, is a process-oriented approach to career exploration. It provides many opportunities and activities for students to investigate their options and experience the consequences of their choices. Career development is presented as a series of choices and changes, with change being presented in a positive manner. Lesson plans, reproducible masters and extensive appendices are included.

Comments:

- Canadian model.
- Web site links have not been reviewed by Alberta Learning.
- References are made to specific web sites that are not approved by Alberta Learning. Teachers, for their own protection, should review the current status of the web sites, including documents identified in the links, to ensure that the sites contain accurate and appropriate information.

© 1999 **Author(s):** Barry, B.

LRC Order No.: Est. Price:

Risk Watch

Risk Watch: Safety Program for Grades Pre K and K (includes Risk Watch Teacher Video; fold out lesson plans; poster; pamphlets) **453895** **$115.75**

Authorized Teaching Resource Grade K

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓						

Risk Watch is an injury-prevention program for children. It deals with motor vehicle safety, fire and burn prevention, poisoning prevention, firearms injury prevention, falls prevention, bike and pedestrian safety, and water safety.

Comments:

- This resource covers a small range of specific outcomes. Teachers of various grades should work together to ensure non-replication.
- The accompanying video provides teachers with an overview of the program.

Sensitive Issues:

- Firearms and ammunition safety is covered.

© 1998

Risk Watch

• Risk Watch: Safety Program for Grades 5 and 6 (includes Risk Watch Teacher Video; fold out lesson plans; poster; pamphlets) **453887** **$115.75**

Authorized Teaching Resource Grades 5, 6

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓						

Risk Watch is an injury-prevention program for children. It deals with motor vehicle safety, fire and burn prevention, poisoning prevention, firearms injury prevention, falls prevention, bike and pedestrian safety, and water safety.

Comments:

- This resource covers a small range of specific outcomes. Teachers of various grades should work together to ensure non-replication.
- The accompanying video provides teachers with an overview of the program.

Sensitive Issues:

- Firearms and ammunition safety is covered.

© 1998

You, Me & the Kids: The Teen Years

Rumours and Gossip

Support Resource Grade 8

ACCESS–The Education Station / Regional Resource and Urban Media Centres

BPN 20306-45

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
				✓				

In this 24-minute video, teens and their parents discuss the sometimes lasting and devastating effects of gossip.

Safe and Sound Series

• Clean and Healthy	**439499**	**$22.40**
• A Healthy Body	**439506**	**$22.40**
• Safety First	**439514**	**$22.40**

Support Resource Grades 1, 2

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓						

This set of three books focuses on three aspects of personal health—cleanliness, exercise and safety. A large font, appropriate text and modern pictures are used. A glossary is included.

Comments:

- A variety of ethnic groups and a gender balance are depicted.

Sensitive Issues:

- Teachers may wish to preview these books and/or discuss them with students, as an occasional scenario may be misinterpreted.

© 2000 **Author(s):** Royston, A.

Safety First Series	LRC Order No.:	Est. Price:
• **Safety Around Fire** ***(Grades K, 1, 2)***	**439225**	**$20.90**
• **Safety Around Strangers** ***(Grades K, 1, 2, 3)***	**439118**	**$20.95**
• **Safety at Home** ***(Grades K, 1, 2)***	**439217**	**$20.90**
• **Safety on the Internet** ***(Grade 3)***	**439233**	**$20.90**
• **Safety on the Playground** ***(Grades K, 1, 2)***	**439134**	**$20.90**
• **Safety on the School Bus** ***(Grades K, 1)***	**439126**	**$20.90**
• **Safety at the Swimming Pool** ***(Grades K, 1, 2, 3)***	**439100**	**$20.90**
• **Safety on Your Bicycle** ***(Grades K, 1, 2)***	**439142**	**$20.90**

Support Resource

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓						

This series provides reference to safety factors for home, school and play. Each book includes risk factors, causes, comments and safety sense information.

© 1999 **Author(s):** Raatma, L.

Safety Sense: How to Live Safely and Prevent Death and Injury ... on the Road; at Home; at Play; at Work **465402** **$17.55**

Authorized Teaching Resource Grades K, 1, 2, 3, 4, 5, 6, 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓						

This book contains information on safety and prevention of accidents on the road, in the home, at play, and at work. It is designed to provide information which will help the reader to reduce and prevent injury and death.

Comments:

- This is a valuable teacher resource for quick, accurate information that could be a springboard for in-class discussion.
- Parents might find this a helpful tool for safety promotion.

© 1996 **Author(s):** Grafftey, H.

LRC Order No.: Est. Price:

Saying Goodbye

Support Resource Grade 4

ACCESS–The Education Station / Regional Resource and Urban Media Centres

BPN 20353-01

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
				✓				

This 14-minute video answers commonly asked questions about death and grieving in a straight-forward manner using a cartoon format. A video discussion guide with a variety of classroom activities, transcript and background teacher information is included.

Comments:

- The "Grief and Bereavement Small Group Program" has not been reviewed by Alberta Learning, nor has the student book.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- As this program does not cover any aspect of death from a spirituality perspective, it may not be suitable for use in some communities.

© 1998

Second Step: A Violence Prevention Curriculum: Grades 4–5 (2nd Ed.)

Authorized Teaching Resource Grades 4, 5

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓	✓	✓	✓			

The Second Step program addresses the issues of violence against school-aged children, by focusing on empathy training, impulse control and anger management. The program consists of a series of lesson cards with one side depicting a photo and the other a detailed lesson plan. It thoroughly covers expressing emotions and feelings, relationships and group roles and processes in the grade 4/5 curriculum. The resource kit includes laminated pictures with guided discussion ideas on the back, a filmstrip video, classroom posters, teacher's guide, take home letters and a parent video. The program encourages follow-through activities for both school and home.

Comments:

- This kit includes a teacher's guide, parent or family guide, student and discussion videos and posters.

Sensitive Issues:

- Some of the photographs on the cards are somewhat dated (1980's).
- The research for this program is American-based, but this does not detract from the program as a whole.
- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- There is teacher information included for sexual abuse disclosures.

© 1997

Committee for Children; Suite 500–2203 Airport Way South, SEATTLE , WA 98134-2035 USA
Telephone: 800–634–4449; 206–343–1223 (Seattle Area)

Sense & Nonsense: Healthy Choices about Alcohol, Drugs and Gambling: Grade 4

Authorized Teaching Resource Grade 5

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This teacher's manual is intended to increase and encourage student awareness and understanding of issues relating to alcohol, drug use and gambling. A collection of student games and activities serve to reinforce the vocabulary associated with substance use and abuse.

© 1997

AADAC Resource Development and Marketing; Suite 200–Pacific Plaza, 10909 Jasper Avenue, EDMONTON, AB T5J 3M9
Telephone: 780–422–2794 E-mail: rdm@aadac.gov.ab.ca

Sense & Nonsense: Healthy Choices about Alcohol, Drugs and Gambling: Grade 5

Authorized Teaching Resource Grades 5, 6, 7, 8

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓						

This teacher's resource contains a collection of activities focused on exploring the reasons for drug use. Topics include the effects and consequences of smoking; smoking as a dependency; and advertising to promote smoking. The gambling section of the resource presents information and activities relating to gambling addictions.

© 1997

AADAC Resource Development and Marketing; Suite 200–Pacific Plaza, 10909 Jasper Avenue, EDMONTON, AB T5J 3M9
Telephone: 780–422–2794 E-mail: rdm@aadac.gov.ab.ca

Sense & Nonsense: Healthy Choices about Alcohol, Drugs and Gambling: Grade 6

Authorized Teaching Resource Grades 7, 8

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This teacher's resource contains a collection of activities focused on the effects of alcohol and gambling and "use and abuse." Alcohol advertising is also addressed.

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AADAC Resource Development and Marketing; Suite 200–Pacific Plaza, 10909 Jasper Avenue, EDMONTON, AB T5J 3M9
Telephone: 780–422–2794 E-mail: rdm@aadac.gov.ab.ca

LRC Order No.: Est. Price:

Sense & Nonsense: Making Decisions about Drugs: Teacher Resource - Grades 4, 5 & 6

Authorized Teaching Resource Grades 4, 5, 6

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓						

This AADAC-produced resource provides factual information on drugs (including tobacco and caffeine), and on strategies for avoiding drug abuse through the development of responsible decision-making skills. Student activities and worksheets are outlined and masters for transparencies are provided.

Comments:

- A locally developed resource, so Canadian content is included.
- The list of additional resources has not been reviewed by Alberta Learning.
- Cautions have been provided by the developers throughout the resource.

Sensitive Issues:

- A school counsellor may need to be available to help any student who is distressed by this topic.
- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- A preview of the worksheets may assist in providing privacy for students and their families.

© 1998

AADAC Resource Development and Marketing; Suite 200–Pacific Plaza, 10909 Jasper Avenue, EDMONTON, AB T5J 3M9

Telephone: 780–422–2794 E-mail: rdm@aadac.gov.ab.ca

LRC Order No.: Est. Price:

Sex Can Wait: An Abstinence-Based Sexuality Curriculum for Middle School
455891 $123.25

Authorized Teaching Resource Grades 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓	✓	✓	✓			

This abstinence-based program could be used independently or in conjunction with other resources. The nine units focus on the general areas of Knowing Myself, Relating to Others, and Planning My Future. Factual information, discussion topics and student activities are included.

Comments:
- Can easily be divided into topics to be addressed at different grade levels.

Sensitive Issues:
- Designed to teach adolescents about a sexually abstinent lifestyle.
- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- This resource supports human sexuality outcomes.

© 1994 **Author(s):** Core-Gebhart, P. et al.

You, Me & the Kids: The Teen Years

Sexual Harassment

Support Resource Grades 7, 8

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20306-12

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
	✓		✓					

Sexual harassment, a topic not fully understood nor taken seriously by many teens, is explained in this 24-minute video. Several examples are examined by teens and experts. Ways of dealing with sexual harassment are discussed and depicted.

Sensitive Issues:
- This resource supports human sexuality outcomes.

	LRC Order No.:	Est. Price:
Sexual Harassment in School: Your Rights and Responsibilities		
• **Sexual Harassment in School: Your Rights and Responsibilities (Student Book)**	**455156**	**$10.00**
• **Sexual Harassment in School: Your Rights and Responsibilities: Teacher's Manual**	**455164**	**$17.55**

Support Resource Grades 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
	✓	✓		✓				

This locally-developed resource, consisting of a student manual and a teacher's manual, is intended to provide information and activities about sexual harassment.

Comments:

- The additional resources listed in the manual have not been reviewed or authorized by Alberta Learning.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- This resource supports human sexuality outcomes.

© 1997

Smart Options: You're Smarter Than You Think You Are!		
• **Smart Options: You're Smarter Than You Think You Are! Facilitator's Guide**	**464777**	**$11.00**
• **Smart Options: You're Smarter Than You Think You Are! (Poster)**	**464769**	**$4.00**
• **Smart Options: You're Smarter Than You Think You Are! Student's Resource Book**	**464751**	**$4.00**

Authorized Teaching Resource Grades 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
							✓	

A Canadian resource including a facilitator's guide and student booklet, to assist students in the examination of talents, skills, and abilities from a multiple intelligences perspective. These competencies are linked to career planning.

Comments:

- Check copyright regulations in the facilitator's guide.

© 2000 **Author(s):** Baran, D.; Cranston-Baron, P.

LRC Order No.: Est. Price:

Smokin' Somebody Stop Me!

• The Dangers of Smoking

• Why Kids Smoke

Support Resource Grades 4, 5, 6

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This 23-minute video focuses on tobacco use, and consists of a video and accompanying Teacher Guide. The video has high entertainment value for teens, as it employs a variety of formats: teen interviews, animation, and music.

© 1999

Jeflyn Media Consultants; PO Box 220, MOUNT ALBERT, ON L0G 1M0
Telephone: 888–453–3596; 905–642–6142 E-mail: jeflynmedia@sympatico.ca

You, Me & the Kids: The Teen Years

Smoking

Support Resource Grades 6, 7

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20306-34

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

In this 24-minute video, teens discuss what/who influenced them to smoke and how difficult it is to quit. Health experts discuss the pressures and realities associated with smoking.

LRC Order No.: **Est. Price:**

Teen Files

Smoking: Truth or Dare?

Support Resource Grades 8, 9

455875 $151.90

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This 29-minute video is a graphic presentation of smoking and its consequences. The information is pertinent and realistic, and is supported by personal and medical perspectives.

Comments:

- The presentation of consequences is very thorough; e.g. computer aging, discussions with people suffering from cancer, emphysema, contrast between twins, trip to a morgue.
- Portions could be used at various times; e.g. diseases from smoking used with the section of hospital autopsy.
- The teacher's guide has some typographical errors.

Sensitive Issues:

- Delivery is graphic, but not sensational.

© 1998

Spare Time, Spare Cash

Support Resource Grade 9

Vendor Direct (Available Free of Charge)

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

A 23-minute video that examines the issue of gambling from a teenage perspective. It examines consequences, but does not address possible solutions. It consists of three modules: Betting (7 minutes); Motives, Winning/Losing (8 minutes); and Consequences (8 minutes).

Comments:

- Issues regarding gambling should be considered for discussion in conjunction with this video.
- This resource does not present a variety of races or ethnic diversity; however, it avoids cultural stereotypes and could be a catalyst for discussion.

© 1996

AADAC Resource Development and Marketing; Suite 200–Pacific Plaza, 10909 Jasper Avenue, EDMONTON AB T5J 3M9
Telephone: 780–422–2794

Sports, Drugs and You

Support Resource Grade 8

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20354-01

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓						

This 13-minute video provides an informative look at how drug use affects athletic performance. Drugs dealt with include tobacco products, alcohol, marijuana, steroids and other performance enhancing drugs.

Comments:

- This resource is also an authorized teaching resource for Physical Education Grades 8 and 9.

© 1999

Staying Free: Spell It Out, Drugs

440701 $23.35

Support Resource Grade 5

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓						

This card game provides factual information about non-prescription drugs and assists youth to make informed choices to avoid drug use and abuse. The drug facts include how drugs affect the body, common names for drugs and where drugs are found.

Comments:

- Laminating the cards will increase the durability of the game.

© 1999

LRC Order No.:	Est. Price:
440438	**$20.90**

The Library of Healthy Living

Staying Healthy: Let's Exercise

Support Resource Grade 1

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This series provides children with an insight on personal health and safety. Vocabulary is introduced sequentially and efficiently, and messages are accompanied by photographs depicting racial and ethnic diversity.

© 1997 **Author(s):** McGinty, A.

STD: Taking Care of Yourself and Others

Support Resource Grade 8

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
	✓	✓						

This resource includes general information about STDs, dealing with and preventing STDs, and information on specific types of STDs.

Comments:

- Current information.
- Additional resources (print, audio and visual, and web sites) have been listed in this resource but have not been authorized by Alberta Learning.
- A pamphlet on STDs, created by Alberta Health and Wellness, this resource would be best used in conjunction with "STD: Teaching Outline and Resource Guide," also published by Alberta Health and Wellness.

Sensitive Issues:

- This resource supports human sexuality outcomes.

© 2000

Alberta Health - Disease Control and Prevention; 9th Floor, 10025 Jasper Avenue, EDMONTON, AB T5J 2N3
Telephone: 780–427–5237

LRC Order No.: **Est. Price:**

STD: Teaching Outline and Resource Guide

Authorized Teaching Resource Grade 8

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
	✓	✓						

A comprehensive teaching resource on STDs. This booklet has clear and concise disease information, student learning activities, transparency masters, resource lists, and a glossary.

Comments:

- This resource was developed by Alberta Health and Wellness.

© 2000

Alberta Health - Disease Control and Prevention; 9th Floor, 10025 Jasper Avenue, EDMONTON, AB T5J 2N3
Telephone: 780–427–5237

Step by Step to Involving Parents in Health Education

453994 **$51.30**

Authorized Teaching Resource Grades K, 1, 2, 3, 4, 5, 6, 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓	✓	✓	✓	✓	✓	✓

This resource offers procedures and background information to help schools and health educators involve parents, other family, and community members as partners in comprehensive health education. Direction is provided for including parents and other family members in activities with a focus on health-related issues.

Comments:

- Although this resource is published in the United States, much of the content is applicable to the Canadian scene.

© 1996 **Author(s):** Birch, D.A.

LRC Order No.: Est. Price:

STOP: Stomp Tobacco Out Please! A Tobacco Cessation Program for Young Teens (Grades 7-9): Facilitator's Manual

Authorized Teaching Resource Grades 7, 8

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

The main focus of this resource is as a teacher resource for a Stop Smoking Program, but it could be used in a health class as general information on tobacco use. The binder format includes lessons for ten sessions and a program evaluation. The program relies on group discussion, intervention techniques, and interaction exercises.

Comments:

- Gender balance.
- A substantial amount of American content is provided.
- Potential for integration with other subject areas.
- The two companion videos have NOT been reviewed by Alberta Learning.

© 1997

Alberta Tobacco Reduction Alliance (ATRA); 3rd floor, Aberhart Centre, 11402 University Avenue, EDMONTON, AB T6G 2J3
Telephone: 780–407–7500 E-mail: rlebert@atra.ab.ca

Straight Goods on Drugs and Alcohol

Support Resource Grades 7, 8, 9

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓						

An informative poster that uses humour and cartoon figures to inform students of both the long- and short-term effects of alcohol and drug use and/or abuse.

© 1994

AADAC Resource Development and Marketing; Suite 200–Pacific Plaza, 10909 Jasper Avenue, EDMONTON, AB T5J 3M9
Telephone: 780–422–2794 E-mail: rdm@aadac.gov.ab.ca

LRC Order No.: Est. Price:

Straight Goods for Girls on Drugs and Alcohol

Support Resource Grades 5, 6, 7, 8

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓						

This colourful poster explains and illustrates the negative effects of drugs and alcohol on adolescent girls. Concise descriptions and eye-catching illustrations make the poster suitable for classroom display and for discussion ideas.

Comments:

- Display or discussion starters.
- Colourful and contemporary.

Sensitive Issues:

- Targeted only at female youth, by design.

© 1999

AADAC Resource Development and Marketing; Suite 200–Pacific Plaza, 10909 Jasper Avenue, EDMONTON, AB T5J 3M9
Telephone: 780–422–2794 E-mail: rdm@aadac.gov.ab.ca

Street Cents: A Guide to Funding Your Education

Support Resource Grades 8, 9

Vendor Direct (Available Free of Charge)

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
						✓	✓	

This 12-minute video includes tips on how to save money for post-secondary studies, and provides information on government student loans and scholarships.

Comments:

- University and college are stressed; there is no mention of trade or technical institutes.

Alberta Learning, Learner Assistance; 9th Floor, Sterling Place, 9940–106 Street, EDMONTON AB T5K 2V1
Telephone: 780–427–9697

Student Workshop: Get a Grip! Self-Management Skills

Support Resource Grades 5, 6

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
						✓		

An interactive program, complete with a 19-minute video and binder, with activity sheets. Appropriate for Grades 5 and 6 Life-learning general outcomes.

Comments:

- An effective program which deals with organizing homework, organizing space and property, planning a project, prioritizing and using time effectively.
- The program demonstrates positive role-modelling by older students.

© 2000

Sunburst Technology/Knowledge Adventure; 6th Floor, 6060 Centre Drive, LOS ANGELES CA 90045 USA
Telephone: 310–649–8152 E-mail: service@nysunburst.com

Student Workshop: I Can Follow Rules (Video and Guide)

483967 $134.45

Authorized Teaching Resource Grades K, 1, 2

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓			✓			

This resource focuses on obeying rules, having self-control and following directions for K–2 students. A friendly mouse hosts the 16-minute video and, using everyday school situations, explains to students the importance of rules, safety and self-control. The guide contains lesson overviews, discussion questions, video script, a storybook resource list, and student activities.

Student Workshop: Learning to Care: Grades K-2

Authorized Teaching Resource Grades K, 1, 2

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓				

This 15-minute video and teacher guide focus on assisting students in developing a concern for the feelings of others and how this is a component of a warm and compassionate personality. The kit outlines a series of exercises including video viewing, role-playing, games and discussions. The materials are both attractive and durable.

Comments:

- User friendly.
- There are inviting pre- and post-viewing activities.
- A valuable teaching tool for reinforcing feelings.

© 1999

Sunburst Technology/Knowledge Adventure; 6th Floor, 6060 Centre Drive, LOS ANGELES CA 90045 USA
Telephone: 310–649–8152 E-mail: service@nysunburst.com

Student Workshop: Learning Relationship Skills: Grades 5–9

476285 $198.70

Authorized Teaching Resource Grades 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
				✓	✓			

This resource consists of a 37-minute video and support print materials for student activities. The focus of the resource is on learning the basic skills necessary to build, nurture, and sustain healthy relationships. This is a skill-building program designed to teach adolescents the techniques for maintaining positive relationships with their peers, sibling, parents, and authority figures. The video is divided into segments looking at relationships, assertiveness skills, communication skills, and conflict resolution skills. A very comprehensive teacher's manual is included. This manual includes objectives, student handouts and a full script.

© 1999

LRC Order No.: Est. Price:
466632 $151.90

Student Workshop: Stress: I Can Handle It! Grades 3–5

Support Resource Grades 4, 5, 6

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓				

This 18-minute video focuses on the topic of stress. It uses "real-life" situations to highlight sources of stress and coping strategies. A teacher's guide and student worksheets accompany the video.

Student Workshop: You Can Succeed in School

Support Resource Grades 3, 4, 5

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
						✓		

This interactive program includes a 24-minute video and a binder with student activity sheets. Students teach students about effective learning strategies, organizing time, learning in different ways, and studying for tests.

Comments:

- A program suitable for Grades 3, 4 and 5.
- Curriculum fit with specific outcomes LL 3.1, 4.1, 4.2, 5.1, 5.2.

© 1997

Sunburst Technology/Knowledge Adventure; 6th Floor, 6060 Centre Drive, LOS ANGELES CA 90045 USA
Telephone: 310–649–8152 E-mail: service@nysunburst.com

LRC Order No.: Est. Price:

Sun Sense

Support Resource Grade 4 **Vendor Direct**

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This 10-minute video provides information on a number of topics related to sun safety. Issues such as the dangers of too much sun, ways to guard against sun damage, and checking for early signs of skin cancer are addressed. Suggested activities and discussion points are included.

Comments:

- Ethnic diversity is presented.

Sensitive Issues:

- There is one scene of a teenage girl in a low-cut bathing suit which may be considered unsuitable.

© 1997

Magic Lantern Communications Ltd.; 3–8755 Ash Street, VANCOUVER, BC V6P 6T3
Telephone: 800–263–1818; 604–324–2600 E-mail: nkirkwood@magiclantern.ca

Talking About

Talking about Bullying

438954 $26.95

Support Resource Grades K, 1

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
				✓	✓			

This book discusses and demonstrates appropriate strategies for dealing with bullying. Positive intervention techniques are depicted.

Comments:

- There is gender balance as to people who are bullies and people who are victims.
- Ethnic diversity is depicted.

© 2000 **Author(s):** Powell, J.

LRC Order No.: Est. Price:

HealthSmart Connection Series

Teach & Talk: The Subject Is Sex 454059 $41.00

Authorized Teaching Resource Grades 4, 5, 6

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
	✓		✓	✓				

This teaching resource offers practical, engaging and enjoyable ways to develop a classroom environment conducive to teaching sexuality education. While it does not contain lesson plans for specific outcomes, it does give "warm-up" and lesson ideas which could help the teacher who has never taught this topic.

Comments:

- This resource promotes various discussions about gender issues and involves students, parents, and teachers in positive teaching/learning activities.
- It presents "sexuality" as more than sexual function and helps students understand that sexuality is about who we are as men and women.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- This resource supports human sexuality outcomes.

© 2001 **Author(s):** Wilson, P.; Quackenbush, M.; Kane, W.

Teaching for the Prevention of Fetal Alcohol Spectrum Disorder (FASD): Grades 1–12: A Resource for Teachers of Health and Life Skills, and Career and Life Management 467747 $11.70

Authorized Teaching Resource Grades 1, 2, 3, 4, 5, 6, 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓						

The goal of this resource is to raise awareness of the effects and characteristics of Fetal Alcohol Spectrum Disorder (FASD) through learning activities that teachers can incorporate into the Health and Life Skills and Career and Life Management programs. It provides strategies, activities and student information sheets focusing on the prevention of alcohol use and abuse during pregnancy. A handout for community resource people offers tips for working with students and outlines the specific goals and learning outcomes for the health program.

© 2002

Un Bear Able

Teaming Up for Tobacco-Free Kids: Teacher's Resource Kit

Authorized Teaching Resource Grades 4, 5, 6 **Vendor Direct**

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This resource is local (AADAC) and current. The emphasis is on the prevention of tobacco use. The focus is on positive role models who demonstrate ways to make healthy choices. Lesson plans and varied student activities are included.

Comments:

- Additional resources have not been reviewed or authorized by Alberta Learning.

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AADAC Resource Development and Marketing; Suite 200–Pacific Plaza, 10909 Jasper Avenue, EDMONTON, AB T5J 3M9
Telephone: 780–422–2794 E-mail: rdm@aadac.gov.ab.ca

Teasing and Bullying: Unacceptable Behaviour: The TAB Program **440173** **$97.50**

Authorized Teaching Resource Grades 3, 4, 5

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓	✓			

This kit, including a video and print resources, is divided into units dealing with understanding bullying behaviour, feelings of victims and onlookers, strategies for working it out, conflict management and building self-esteem, and understanding differences. A variety of teaching strategies including discussion, role play and print activities are provided. The video models strategies and reviews concepts.

Comments:

- References are made to specific web sites that are not approved by Alberta Learning. Teachers, for their own protection, should review the current status of the web sites, including documents identified in the links, to ensure that the sites contain accurate and appropriate information.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- This resource make appropriate references to a group of students who stutter and should include sensitive treatment of their issues.
- Activities which involve name calling must be carefully considered before using in class.

© 2000 **Author(s):** Langevin, M.

LRC Order No.: Est. Price:

Teens at Risk

Teen Depression: You Are Not Alone 468729 $58.40

Authorized Teaching Resource Grades 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓					

This 20-minute video reassures teens that they are not alone regarding feelings of depression and that they can learn to handle them. Clinical experts discuss a checklist of symptoms of depression and strategies for coping in order to minimize negative impact.

Comments:

- American statistics are cited, but similarities exist in Canada.

© 2000

Teen Health: Course 3

- **Student Text** 444357 $89.05
- **Teacher's Wraparound Edition** 444365 $107.05

Support Resource Grades 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓	✓	✓	✓	✓		✓

This resource focuses on four main themes: personal health, the health of others, growth and development, and consumer health. Background information and student activities are tied to these themes.

Comments:

- A glossary is included.
- Gender balance and ethnic diversity is included.
- American Health Standards are presented but this does not detract from the information provided.
- CDROM and transparencies have not been included with this resource.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- This resource supports human sexuality outcomes.
- Violence is a topic for inclusion in unit 2 of this resource.

© 1999 **Author(s):** Merki, M.

Teen Tobacco Reduction Project (Grande Prairie, Peace River, Slave Lake, Athabasca) (Video and print Project Report)

Support Resource Grades 5, 6, 7, 8 **Vendor Direct**

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This Alberta-produced program consists of four 60-second made-for-television commercials, whose theme is "It's Cool Not to Use Tobacco." It was produced in 1997-1998 by Northern Alberta teens as part of the Teen Tobacco Reduction Project.

Comments:

- Shows gender equity, cultural diversity and First Nations People.
- To be effective, this program would have to be used with other tobacco-related resources as the print component details the process of this particular project.
- Age appropriate portrayals.

Alberta Tobacco Reduction Alliance (ATRA); 3rd floor, Aberhart Centre, 11402 University Avenue, EDMONTON, AB T6G 2J3
Telephone: 780–407–7500 E-mail: rlebert@atra.ab.ca

Thank You, Meiling (Student Book) **441212** **$31.50**

Support Resource Grade 2

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓	✓			

This modern-day fable uses colourful illustrations to teach courtesy by following a positive example. The story takes place in China and affords the audience an opportunity to learn about Chinese customs.

Comments:

- This resource could be used in integration with other subject areas.

© 1999 **Author(s):** Talley, L.

LRC Order No.:	Est. Price:
454025	$71.95

Think, Choose, Act Healthy: Student Activities: Comprehensive Health for the Middle Grades

Authorized Teaching Resource Grades 5, 6, 7, 8

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓	✓					

This book contains numerous student activities that promote social and emotional well-being through reflection and discussion. The activities are organized around the themes of abstinence, drugs, fitness and hygiene, HIV and STDs, injury prevention, nutrition and body image, puberty and reproduction, self-esteem, tobacco, and violence.

Comments:

- The resource does not include background information on the themes presented, but provides student acivities to supplement information from other sources.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- This resource supports human sexuality outcomes.

© 1996 **Author(s):** Quiroz, H.

LRC Order No.: **455908** Est. Price: **$71.95**

Think, Choose, Act Healthy: Student Activities for High School

Authorized Teaching Resource Grades 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓	✓	✓	✓	✓			

This resource promotes social and emotional well-being through reflection and discussion. The activities are organized around the themes of abstinence; drugs, tobacco and alcohol; fitness and health; HIV and STDs; injury prevention; nutrition, body image and eating disorders; puberty and reproduction; communication and self-esteem; violence and injury; and sexuality and relationships.

Comments:

- The resource does not include background information on the themes presented, but provides student activities to supplement information from other sources.
- This resource is more appropriate for Alberta's Grade 7-9 Health and Life Skills program than for high school (as the title would suggest).

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- This resource supports human sexuality outcomes.

© 1997 **Author(s):** Quiroz, H.

Think First for Kids: National Injury Prevention Program: "Discoverers" - Grades 1, 2, 3: Curriculum Manual

Authorized Teaching Resource Grades 1, 2, 3

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓	✓	✓	✓	✓		

This Canadian kit includes a 12-minute cartoon video featuring "Street Smart" characters. These characters are also part of the posters and ready-to-colour comics. The binder includes interactive lessons with extensive teacher resource sheets. There is a strong home link with at-home activity and information sheets, as well as a 12-page booklet for parents to assess their child's demonstration of safety at home.

© 1996

ThinkFirst / Pensez d'abord; 399 Bathurst Street, Fell 5-222C, TORONTO ON M5T 2S8
Telephone: 416–603–5331

Thoughts and Feelings Series	LRC Order No.:	Est. Price:
• **Afraid**	**438970**	**$25.30**
• **Frustrated**	**438996**	**$25.30**
• **Glad**	**439027**	**$25.30**
• **Help**	**439043**	**$25.30**
• **I'm Sorry**	**Out-of-print**	
• **Please**	**439019**	**$25.30**
• **Sharing**	**Out-of-print**	
• **Success**	**Out-of-print**	
• **Thanks**	**438988**	**$25.30**

Support Resource Grades K, 1

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓		✓	✓	✓

This set of books is suitable for promoting positive interaction between people. The topics pertain to varied thoughts and feelings of young students.

Comments:

- References are made to specific web sites that are not approved by Alberta Learning. Teachers, for their own protection, should review the current status of the web sites, including documents identified in the links, to ensure that the sites contain accurate and appropriate information.

Sensitive Issues:

- Racial and cultural diversity is very limited in this resource, as is portrayal of varied social and economic statuses.
- No reference is made to people with disabilities.

© 2000 **Author(s):** Riley, S.

LRC Order No.: Est. Price:

Tobacco: Something to Chew On

Support Resource Grade 7

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20355-01

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This 12-minute video presents factual information about smokeless tobacco use in an informative and humorous manner. The information is presented by both teens and medical experts. The 12-minute format lends itself to a one-class introduction, viewing, and class discussion format.

© 1999

Gateway Drugs

Tobacco X-Files

Support Resource Grade 7

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20357-01

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓						

A 25-minute video that addresses tobacco use and abuse with a very clear message of "Don't Start." Using the theme of the X-Files, this video presents the risks of smoking and using chewing tobacco. The program includes interviews with cancer survivors and people with emphysema as well as young people who have recognized the risks of their own tobacco use.

Comments:

- American content.
- The program has different title sections which are natural breaks to accommodate class discussion.
- A teacher guide does not accompany the program, but would be useful; therefore, teacher preview is suggested.

Sensitive Issues:

- The program has some graphic presentation of tobacco-related illnesses.

© 1999

Today's Teen (6th Ed.)	LRC Order No.:	Est. Price:
• **Student Text**	453720	$78.55
• **Teacher's Wraparound Edition**	453738	$99.30

Support Resource Grades 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓	✓	✓		✓	✓	

A concise, well organized resource intended for Grades 7, 8 and 9. It covers a broad range of specific outcomes in the areas of Wellness Choices, Relationship Choices and Life-Learning Choices.

Comments:

- Harcover, durable resources.
- Colourful, attractively illustrated.

© 2000 **Author(s):** Kelly-Plate, J.; Eubanks, E.

Tooth Truth with Harv and Marv (3rd. Ed.)

Support Resource Grades K, 1

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20356-01

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This 13-minute video focuses on the basics of good dental hygiene. It includes strategies for brushing, flossing and swishing techniques. It suggests good nutritional foods for student consumption.

Sensitive Issues:

- This resource uses fantasy to promote dental care. The reference to the tooth fairy, even though a modernized depiction, may not be suitable for some families.

© 1998

Toward a Safe and Caring Curriculum: ATA Resources for Integration

	LRC Order No.:	Est. Price:
Toward a Safe and Caring Curriculum: ATA Resources for Integration: Kindergarten	**445446**	**$49.00**
Toward a Safe and Caring Curriculum: ATA Resources for Integration: Grade 1	**445371**	**$49.00**
Toward a Safe and Caring Curriculum: ATA Resources for Integration: Grade 2	**445389**	**$49.00**
Toward a Safe and Caring Curriculum: ATA Resources for Integration: Grade 3	**445404**	**$49.00**
Toward a Safe and Caring Curriculum: ATA Resources for Integration: Grade 4	**445412**	**$49.00**
Toward a Safe and Caring Curriculum: ATA Resources for Integration: Grade 5	**445420**	**$49.00**
Toward a Safe and Caring Curriculum: ATA Resources for Integration: Grade 6	**445438**	**$49.00**

Authorized Teaching Resource   Grades K, 1, 2, 3, 4, 5, 6

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓	✓	✓	✓	✓	✓	✓

"Toward a Safe and Caring Curriculum" is part of the Safe and Caring Schools Project and is based in part on the Lions Quest violence prevention program "Working It Out: Toward a Safe and Caring Curriculum." The resource assists teachers in integrating pro-social and conflict-resolution skills into the subject areas and is organized into five literature-based topics at each grade level. A variety of motivational and assessment strategies are used. A curriculum correlation, bibliography and blackline masters are included.

© 2001

2000 Career Futures (Windows / Macintosh Version)

Support Resource   Grade 9

Out-of-Print

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
						✓	✓	

This resource features an interactive career exploration and planning CDROM which enables students to survey their interest choices, develop a high school plan and a career action plan. The program is easy to use, and provides a large occupational database from which students can print occupational profiles. Students could use this program a number of times to keep abreast of changing interests.

Comments:

- Gender balance.
- Program has two reading levels, and thus could be used by a variety of students.

© 2000

LRC Order No.: **468696** **Est. Price:** **$58.40**

Unsuitable Actions

Support Resource Grade 7

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓	✓	✓				

A 26-minute National Film Board resource on sexual harassment in school and outside school. A realistic scenario is portrayed and vignettes are interspersed with discussions with teens on the actions being taken. A discussion guide is included with appropriate activities suggested.

© 1997

Veggie Tales Series

- **Are You My Neighbour?** ***(Grades K, 1)***
- **Flibber-O-Loo** ***(Grades K, 1, 2)***
- **Grapes of Wrath** ***(Grades K, 1, 2)***
- **Larry Boy and the Fib from Outer Space** ***(Grade 1)***

Vendor Direct

Support Resource

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓	✓	✓		✓

This series of four 18-minute videos deals with friendships, trust, honesty, tolerance of others and responsible decision-making. Appealing animated vegetable and fruit characters become involved in a variety of everyday interpersonal situations and learn valuable life-skill lessons. Each video contains a brief synopsis of the theme of the video. Questions for evaluation and suggested activities are provided for extension/reflection.

© 1998

Omega Films Limited; Unit 23–585 Middlefield Road, SCARBOROUGH, ON M1V 4Y5
Telephone: 800–663–4238; 416–291–4733 E-mail: omega@baloo.com

LRC Order No.: Est. Price:
438798 $44.15

The Virtues Project™: Simple Ways to Create a Culture of Character: Educator's Guide

Authorized Teaching Resource Grades 4, 5, 6, 7, 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓	✓	✓		✓

This teachers' guide, which received a United Nations award as a model for families of all cultures, provides tools and strategies to assist in shaping character in students. The book includes activities and examples of desirable virtues for positive citizenship.

© 1998 **Author(s):** Popov, L.

Wash Those Hands!

Vendor Direct

Support Resource Grades K, 1

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This 10-minute video demonstrates handwashing techniques and explains how handwashing can help prevent the spread of bacterial and viral illness. A discussion/activity guide is included.

Comments:

- The host is a female teen who speaks in a sincere and informative manner.
- Balance of genders, but American ethnic diversity exists.
- Middle class students are featured.

© 1996

Magic Lantern Communications Ltd.; 3–8755 Ash Street, VANCOUVER, BC V6P 6T3
Telephone: 800–263–1818; 604–324–2600 E-mail: nkirkwood@magiclantern.ca

We're Growing Up!

Support Resource Grades 4, 5, 6

ACCESS–The Education Station / Regional Resource and Urban Media Centres

BPN 20518-01

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓	✓		✓					

This informative 12-minute video, hosted by a teen male and female, identifies the male and female reproductive systems, physical and emotional changes in puberty, and health and hygiene habits. It includes a teaching guide with a written script, vocabulary list, discussion questions and classroom activities.

Comments:

- Includes simple drawings of the male and female reproductive systems.

Sensitive Issues:

- This resource supports human sexuality outcomes.

© 1996

Real Kids

What We Learned About Bullying: Grades 2–4 **472077** **$140.25**

Authorized Teaching Resource Grades 3, 4

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓						

This a 16-minute, three-part video in which kids discuss their feelings about peple who bully and those who are bullied. Topics covered include recognizing bullying behaviors, different kinds of bullies, motives behind a bully's actions and strategies to stop bullying. A teacher's guide, with objectives, discussion questions, worksheets, and a game, is included.

© 2000

What's the Message? (Video)

Support Resource Grade 7

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

The focus of this 16-minute video is how advertising companies often encourage unhealthy behaviours and attitudes. A group of teens are invited to give their initial reactions to the advertising campaign of new products, including beer and tobacco.

Comments:

- Volume needs to be turned up as some characters mumble.

Sensitive Issues:

- The video discourages the use of alcohol and tobacco, but much of the advertising promotes it.

© 1999

Marlin Motion Pictures Ltd.; 211 Watline Avenue, MISSISSAUGA, ON L4Z 1P3
Telephone: 888–260–2232 ; 905–890–1500 E-mail: pamela@marlineducation.com

Whatsa Hygiene?

Support Resource Grades 5, 6

ACCESS–The Education Station / Regional Resource and Urban Media Centres
BPN 20212-01

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

This 18-minute video involves students completing a health assignment on hygiene. The topics provide a review of taking care of themselves (bathing, handwashing, care of teeth, hair and nails, and clothing). The students choose to present their research information through music which would appeal to the upper elementary age group.

Comments:

- Cultural diversity is portrayed.

© 1999

LRC Order No.: Est. Price:

When Choices Collide

- **When Choices Collide (Videocassette and Discussion Guide)**
- **When Choices Collide (Windows / Macintosh CD-ROM)**

Authorized Teaching Resource Grade 9

Vendor Direct (Available Free of Charge)

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
		✓			✓	✓		

This 33-minute docu-drama addresses the issue of drinking and driving. It demonstrates the seriousness of this issue, the decisions that young people need to make and the results of impaired driving. There are points throughout the program that call for discussion opportunities, and a discussion guide is provided. The CD-ROM is interactive and provides student assessment activities; it includes vignettes and a driving simulation that makes a connection to real life situations.

Comments:

- Gender balance.
- A locally produced resource.
- The discussion guide includes further information and varied interactive activities for students.
- The CD-ROM is an appropriate resource for individual instruction and reinforcement of concepts presented in the video.

Sensitive Issues:

- Alberta Learning strongly recommends that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student audience and the community.
- Realistic drinking and driving scenes are included in this resource.

© 1999

AADAC Resource Development and Marketing; Suite 200–Pacific Plaza, 10909 Jasper Avenue, EDMONTON, AB T5J 3M9
Telephone: 780–422–2794 E-mail: rdm@aadac.gov.ab.ca

ShowPeace

When the Dust Settles / Et la poussière retombe

Support Resource Grades 1, 2

Vendor Direct

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓	✓			

An animated non-verbal 7-minute video dealing with conflict resolution and anger management.

© 1997

National Film Board of Canada; Suite 100–10815 104 Avenue, EDMONTON, AB T5J 4N6
Telephone: 780–495–3013

When It's Hard to Be a Friend: Grades 3–5 (Video and Teacher's Guide)

466658 $111.00

Support Resource Grades 4, 5, 6

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
			✓	✓				

A 12-minute video demonstrating friendship challenges in pre-adolescent peer situations; e.g. when a friend gets angry, when friends pressure you, when friends change.

Comments:

- The video format engages students with its stop/start style, and questions at the end of segments allow for directed small group discussions.
- In-class activity suggestions are varied and clearly outlined in the teacher's guide.
- The teacher's guide also offers a list of resources for teachers, students and parents as an enhancement to learning. These resources have not been reviewed or authorized by Alberta Learning.

© 1999

								LRC Order No.:	Est. Price:

LRC Order No.: **Est. Price:**

You Can Make a Difference: Helping Young Women Choose a Tobacco-Free Lifestyle

Out-of-print

Authorized Teaching Resource Grades 8, 9

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓						

A Canadian-produced facilitator's guide for helping young women choose a tobacco-free lifestyle. This guide presents a one-day workshop format using discussion, video and group work to present mentoring as an important tool in empowering young women.

Comments:

- The program is designed only for females.
- Key characteristics of mentors are included.

© 1996

You Can Try, So Can I

466640 **$135.55**

Support Resource Grades 1, 2

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
						✓		

This 13-minute video includes three scenarios about new situations and the emotions of children who are faced with the prospect of taking part in a new activity. A teacher's guide offering numerous student activities is included.

Comments:

- The language contained within the program appears to be at a level higher than Grades 1 and 2.
- It is recommended that teachers supplement this material with examples of people with disabilities who are in a classroom setting or active in the community.

© 2000

Your Amazing Body Series

• A Breath of Fresh Air (BPN 20358-01)

• The Heart is a Lonely Thumper (BPN 20358-02)

Support Resource Grade 4

ACCESS–The Education Station / Regional Resource and Urban Media Centres

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓								

Informative 21-minute videos describing the workings of the respiratory system and heart/circulatory system using colorful graphics and humor. Highlights common respiratory illnesses as well as the link between physical fitness and nutrition, and the maintenance of a healthy heart.

Comments:

- Varied ethnic groups are included.
- A limited range of occupations is presented.

© 1997

Your Life Your Choice Web Site «http://www.2Learn.ca/currlinks/Health/E/mainMenu/Index.html»

Support Resource Grades 7, 8, 9

Internet

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
✓		✓		✓				

The student section contains interactive web activities such as quizzes, ideas for class projects that may or may not involve the use of the web site, and other activities to help students learn about alcohol. The teacher section describes key learning outcomes, and ways to use the web site and classroom activities appropriately.

Comments:

- This resource contains alternate paper-based strategies when technical challenges or student learning styles or needs limit use.
- Parents may visit any of the parent, teacher or student sections to find materials specific to their needs.

Roberts & Associates; 20 Prince Arthur Avenue, Suite 9G, TORONTO, ON M5R 1B1
Telephone: 416–929–6283 E-mail: judyrobe@istar.ca

LRC Order No.: Est. Price:

You, Me & the Kids: The Teen Years

Youth and Crime

Support Resource Grade 7

ACCESS–The Education Station / Regional Resource and Urban Media Centres

BPN 20306-24

General Outcome 1			General Outcome 2			General Outcome 3		
Personal Health	Human Sexuality	Safety and Responsibility	Understanding and Expressing Feelings	Interactions	Group Roles and Processes	Learning Strategies	Life Roles and Career Development	Volunteerism
					✓			

This 24-minute video provides a look at teens who fall victim to a life of crime, and some who can be, or are being, helped. The featured teens try to help a former gang member. Health experts, parents and teens discuss the associated pressures and realities of today.

Vendors/Distributors

Most of the authorized student and teacher resources are available for purchase from the Learning Resource Centre (LRC), Alberta Learning. Many of the video resources are available from ACCESS–The Education Station, and the BPN order numbers are identified in the annotation.

ACCESS–The Education Station
3720 – 76 Avenue
EDMONTON, AB, CANADA T6B 2N9
Telephone: (800) 352–8293 ; (780) 440–7702
Fax: (780) 440–8899
Internet: http://www.accesslearning.com

Learning Resources Centre (LRC)
12360 – 142 Street
EDMONTON, AB, CANADA T5L 4X9
Telephone: 780–427–5775
Fax: 780–422–9750
Internet: http://www.lrc.learning.gov.ab.ca

Resources available for purchase directly from the vendor are identified as such in the annotation. A listing of these vendors/distributors follows.

AADAC Resource Development and Marketing
Suite 200–Pacific Plaza
EDMONTON, AB, CANADA T5J 3M9
Telephone: 780–422–2794
Fax: 780–422–5237
Internet: http://www.gov.ab.ca/aadac/

Alberta Tobacco Reduction Alliance (ATRA)
3rd floor, Aberhart Centre
11402 University Avenue
EDMONTON, AB, CANADA T6G 2J3
Telephone: 780–407–7500
Fax: 780–407–6494
Internet: http://www.tobaccotruth.com/

Canada Career Consortium
Suite 1204–66 Slater Street
OTTAWA, ON, CANADA K1P 5H1
Fax: 613–230–7681
Internet: http://www.careerccc.org/

Alberta Health - Disease Control and Prevention
9th Floor, 10025 Jasper Avenue
EDMONTON, AB, CANADA T5J 2N3
Telephone: 780–427–5237
Fax: 780–422–6663

Calgary Police Services Interpretative Center
133 6th Avenue SE
CALGARY, AB, CANADA T2G 4Z1
Telephone: (403) 268-4565 or (403) 268-4566
Fax: (403) 974-0508
Internet: http://www.gov.calgary.ab.ca/police

Alberta Learning, Learner Assistance
9th Floor, Sterling Place
9940–106 Street
EDMONTON , AB, CANADA T5K 2V1
Telephone: 780–427–9697
Fax: 780–422–4517
Internet: http://www.alis.gov.ab.ca

Calgary Regional Health Authority (CRHA) – Body Images Project
Suite 420, 301 – 14 Street NW
CALGARY, AB, CANADA T2N 2A1
Telephone: 403–297–5416
Fax: 403–297–2347
Internet: http://www.crha-health.ab.ca/eatingdis/bodyimage

Vendors/Distributors (continued)

Canadian Diabetes Association - Alberta and NWT Division
1010–10117 Jasper Avenue
EDMONTON, AB, CANADA T5J 1W8
Telephone: 800–563–0032 ; 780–423–1232
Fax: 780–423–3322
Internet: http://www.diabetes.ca/

Committee for Children
Suite 500–2203 Airport Way South
SEATTLE, WA, USA 98134-2035
Telephone: 800–634–4449 ; 206–343–1223
Fax: 206–343–1445
Internet: http://www.cfchildren.org/

Lions-Quest Canada
Unit 7–515 Dotzert Court
WATERLOO, ON, CANADA N2L 6A7
Telephone: 800–265–2680 ; 519–725–1170
Fax: 519–725–3118
Internet: http://www.lions-quest.ca/

National Film Board of Canada
Suite 100–10815 104 Avenue
EDMONTON, AB, CANADA T5J 4N6
Telephone: 800–267–7710 ; 780–495–3013
Fax: 780–495–6412
Internet: http://www.nfb.ca/

Sunburst Technology/Knowledge Adventure
6th Floor, 6060 Centre Drive
LOS ANGELES, CA, USA 90045
Telephone: 310–649–8152
Fax: 310–410–2264
Internet: http://www.sunburst.com

Canadian Video Services (CVS) Inc.
18 Banigan Drive
TORONTO, ON, CANADA M4H 1E9
Telephone: 800–263–1258 ; 416–925–5857
Fax: 416–925–6436

Dairy Nutrition Council of Alberta
14904 121A Avenue
EDMONTON, AB, CANADA T5V 1A3
Telephone: 800–252–7530 ; 780–453–5942
Fax: 780–455–2196
Internet: http://www.dnca.ab.ca/

Magic Lantern Communications Ltd.
3–8755 Ash Street
VANCOUVER, BC, CANADA V6P 6T3
Telephone: 800–263–1717 ; 604–324–2600
Fax: 604–324–4855
Internet: http://www.magiclantern.ca

Omega Films Limited
Unit 23–585 Middlefield Road
SCARBOROUGH, ON, CANADA M1V 4Y5
Telephone: 800–663–4238 ; 416–291–4733
Fax: 416–291–7775

ThinkFirst / Pensez d'abord
399 Bathurst Street, Fell 5-222C
TORONTO, ON, CANADA M5T 2S8
Telephone: 800–335–6076 ; 416–603–5331
Fax: 416–603–7795
Internet: http://www.thinkfirst.ca

Capital Health Community Health Promotion
Suite 300–10216 124 Street
EDMONTON, AB, CANADA T5N 4A3
Telephone: 780–413–5185
Fax: 780–482–4203

Jeflyn Media Consultants
PO Box 220
MOUNT ALBERT, ON, CANADA L0G 1M0
Telephone: 888–453–3596 ; 905–642–6142
Fax: 905–473–1408

Marlin Motion Pictures Ltd.
211 Watline Avenue
MISSISSAUGA, ON, CANADA L4Z 1P3
Telephone: 888–260–2232 ; 905–890–1500
Fax: 800–203–8786; 905–890–6550
Internet: http://www.marlineducation.com

R & B Game and Toy Developers Inc.
15 Molloy Road
REGINA, SK, CANADA S4R 6P2
Telephone: 306–545–0747

Traffic Safety Initiative, Alberta Transportation
Main Floor, Twin Atria
4999 98 Avenue
EDMONTON, AB, CANADA T6B 2X3
Telephone: 780–422–8839
Fax: 780–422–3682